

Gateway Early Head Start/Head Start
 Parent Training Calendar
 2019-2020



Month	Training Topic
September	Elect Policy Council Rep, PC Alternate, & Health Advisory Elect President, Vice-President and Secretary of Parent Committee, Visitor vs. Volunteer Truancy Brain Development (Session 2)
October	Parents as Teachers/Attendance October Safety/Emergency Preparedness Disabilities Health Insurance & Support Services for Oral and Medical Health Expectations and Development of Children (Session 4)
November	Job ready skills Financial Literacy/Economic Self-Sufficiency Couponing Praising Children for their behavior, rewarding children for their behavior, Punishing children for their behavior (Session 6 & 9)
December	GGF Warning Signals for Stress Overload Mental Health/Post-Partum Depression Toy Safety Why Parents spank their children, Managing Anger, Alternatives to Spanking (Session 7 & 14)
February	Child Development Birth to Five & Age-appropriate education Support Services for Environmental Hazards Safe Sleep/SIDS

	Helping Your Children Handle Their Feelings
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	(Session 10)
March	What you need to know about Nutrition & Diabetes Making Healthy Food Choices Helping Children Manage Their Behavior (Session 13)
April	Child Abuse/Pediatric Abuse Head Trauma Social & Emotional Competence of Children Families and Alcohol; Keeping kids drug free; smoking and my child's health (Session 15)
May	Family Engagement in Transitions Advocating for your child, Parental Rights Establishing a Nurturing Bath Time Routine; Establishing a Nurturing Bedtime Routine (Session 11)