

Community Resource Guide

Updated May 2023

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GATEWAY COMMUNITY ACTION PROGRAMS

Community Services Block Grant Programs:

Education Assistance

Support for those working toward education. Expenses such as gas cards, text books, and other educational supplies may be covered. A \$500 scholarship is awarded to an eligible recipient in each of the five counties that are pursuing education beyond high school graduation.

Emergency Services

Offer support to individuals in an emergency situation where food, clothing, emergency shelter, medical services or transportation to obtain medical treatment may be needed. Services are provided within 72 hours.

Employment Assistance

Supportive services to individuals that are working and/or pursuing employment such as gas cards to start employment, work supplies/equipment, uniforms, etc.

Housing Assistance

Help with utility deposits and partial rent/mortgage payments to avoid eviction and/or becoming homeless.

Self Sufficiency

Available to individuals working toward their GED or other educational needs that lead to obtaining employment.

Senior Care

Assistance for individuals 55+ with prescriptions, utility bills, fuel for medical visits, food and medical equipment.

DEAP, HEA, EAP, Heart and Thaw Programs

These programs are offered to low income families who demonstrate a financial need with utility costs. Credits may be applied to their account in certain winter and summer months.

Commodities

Individuals must be 60+ years to be eligible for the supplemental food program. Once all slots are filled, individuals are placed on a waitlist. Services are provided in Bath, Menifee and Montgomery counties.

Farmers Market

Vouchers for Montgomery County residents which can be used at any farmers market located in Montgomery County.

Winter Care

KU, Columbia Gas, Delta Gas, Licking Valley and Fleming Mason customers donate to build this fund. To be eligible, individuals must be a customer of one of these utility companies.

Goodwill Voucher Program

Assistance for individuals and families experiencing events that place them in need of items that can be obtained at Goodwill Store locations.

Low Income Home Energy Assistance Program (LIHEAP)

Provides heating assistance to low income clients. LiHeap Subsidy runs through November and mid-December. LiHeap Crisis runs from January through March or until funds are depleted. Contact the Outreach Office for assistance and make an appointment.

Kynect Program

Assists clients in finding appropriate health insurance coverageRowan606-359-5020Morgan/Menifee606-495-5362Montgomery/Bath606-495-1423

Home Tenant Based Rental Assistance

Provides rental assistance to help pay the cost of monthly rent and utility costs when funds are available.

Montgomery County Transit

Provides transportation throughout Montgomery County.

Kentucky Career Center JobSight

Assists in training, job search, resume writing and Job Club. Call 606-743-3133 for more information or assistance or e-mail kcc@gatewaycaa.org.

Weatherization

Reduces household energy consumption, reduces the health and safety risk and improves comfort of participating homes.

Fatherhood FIRE

Provides job coaching, financial literacy, healthy relationship and parenting workshops. The objective of the program is to improve the economic, financial, parenting and relationship well-being of fathers who are incarcerated or part of an addiction recovery program.

Healthy Relationship FRAMEWorks

Provides education for healthy relationships, including conflict management and financial success. Parent and job coaching workshops are also available. This program serves singles/couples married/unmarried, parents (biological, foster, adoptive, grandparents raising grandchildren, etc.).

Head Start

Provides school readiness skills for 3 to 5-year-old children from low-income families. Head Start services include early learning, health and family well-being.

Bath County

Bath County Head Start 103 Kendall Springs Avenue Owingsville, KY. 40360 Family Advocate 800-927-1833 Ext. 1301

Menifee County

Botts Head Start 6882 US Hwy 460 East Denniston, KY 40316 Family Advocate 800-927-1833 Ext. 2305

Montgomery County Camargo Head Start

4307 Camargo Rd. Mt. Sterling, KY 40353 Family Advocate 800-927-1833 Ext. 3300

Northview Head Start

1040 Maysville Rd. Mt. Sterling, KY 40353 Family Advocate 800-927-1833 Ext. 3330

MSE Head Start 6601 Indian Mound Dr. Mt. Sterling, KY 40353 Family Advocate 800-927-1833 Ext. 3310

Morgan County

East Valley Head Start 7585 Hwy 172 West Liberty, KY 41472 Family Advocate 800-927-1833 Ext. 4300

Wrigley Head Start 7430 Hwy 7 West Liberty, KY 41472 Family Advocate 800-927-1833 Ext. 4320

Rowan County Rowan County Head Start 551 Viking Drive Morehead, KY 40351 Family Advocate 800-927-1833 Ext. 5300

Early Head Start

Early Head Start provides family centered services for low-income families with very young children (from birth to three) to promote the development of the children. Early head start services include early learning, health, and family well-being.

Menifee County

Menifee County Early Head Start 6882 US HWY 460E Denniston, KY. 40316 Family Advocate 800-927-1833 Ext. 2305

Montgomery County

Montgomery County Early Head Start 118 Maloney Way, Suite 4520 Mt. Sterling, KY. 40353 Family Advocate 800-927-1833 Ext. 3200

Morgan County

Morgan County Early Head Start 450 Prestonsburg Street West Liberty, KY. 41472 Family Advocate 800-927-1833 Ext. 4200

Rowan County

Rowan County Early Head Start 289 Old Flemingsburg Road Morehead, Ky. 40351 Family Advocate 800-927-1833 Ext. 5200

Mapleton Head Start

809 Indian Mound Drive Mt. Sterling, KY 40353 Family Advocate 800-927-1833 Ext. 3320

Morgan Central Head Start

3201 Hwy 460 West Liberty, KY 41472 Family Advocate 800-927-1833 Ext. 4310

GATEWAY COMMUNITY ACTION OUTREACH OFFICES

Bath County Outreach Office

23 Cedar Creek Drive Owingsville, KY 40360 Outreach Worker 800-927-1833

Montgomery County Outreach Office

118 Maloney Way Mt. Sterling, KY. 40353 Outreach Worker 800-927-1833

Rowan County Outreach Office

136 Lee Ave, Suite A Morehead, KY. 40351 Outreach Worker 800-927-1833

Menifee County Outreach Office 28 Bible Camp Lane Frenchburg, KY 40322 Outreach Worker 800-927-1833

Morgan County Outreach Office 151 University Drive West Liberty, KY 41472

Outreach Worker 800-927-1833

DEPARTMENT FOR COMMUNITY BASED SERVICES

Bath County

Community Based Services 47 Cedar Creek Drive Owingsville, KY. 40360 888-351-8901 606-674-6308 Child Support 606-674-9624

Menifee County

Community Based Services 784A Hwy 36 Frenchburg, KY. 40322 855-306-8959

Montgomery County

108 E. Locust Street Mt. Sterling, KY. 40353 855-306-8959

Morgan County

Community Based Services 405 Prestonsburg Street West Liberty, KY. 41472 606-743-3158

Rowan County

511 Hecks Place Morehead, KY. 40351 855-306-8959

EMPLOYMENT SERVICES

Kentucky Career Center

Services include:

- Assist in finding job openings
- Screen and test for jobs that match clients skill level
- Fund eligible on-the-job training and customized training needs
- Provide services to help both employer and employees when facing layoffs or other major issues

Montgomery County Office

200 Oak Grove Rd., Suite 3 Mt. Sterling, KY. 40353 859-554-2525

Menifee County Kentucky Career Center JobSight

28B Bible Camp Lane Frenchburg, KY. 40322 606-743-3133

Montgomery County

Adecco Employment Services 211 Young Lane, Suite 2 Mt. Sterling, KY. 40353 859-498-1444

Tipton's Temporaries

37 S. Maysville Street Mt. Sterling, KY. 40353 859-498-7611

Kelly Services 1107B. Indian Mound Drive

Mt. Sterling, KY. 40353 859-499-4137 859-499-4163

Rowan County

Kentucky Staffing Solutions 575 West Main Street Morehead, KY. 40351 606-783-1140

Rowan County Office

1225 US 60 W, Suite 106 Morehead, KY. 40351 606-783-8525

Morgan County

Kentucky Career Center JobSight 151 University Drive West Liberty, KY. 41472 606-743-3133

Montgomery County

Nesco Resources 100 Chandler Ln., Suite 5 Mt. Sterling, KY. 40353 859-497-7059

Luttrell Staffing

601 Doe Run, Suite 4 Mt. Sterling, KY. 40353 859-520-3815

COOPERATIVE EXTENSION SERVICES

Bath County

Cooperative Extension Service 2914 E. Hwy 60 Owingsville, KY. 40360 606-674-6121

Menifee County

Cooperative Extension Service 140 Main Street Frenchburg, KY. 40322 606-768-3866

Montgomery County

Cooperative Extension Service 106 E. Locust Street Mt. Sterling, KY. 40353 859-498-8742

Morgan County

Cooperative Extension Service 1009 Hwy 172 West Liberty, KY. 41472 606-743-3292

Rowan County

Cooperative Extension Service 600 W. Main Street Morehead, KY. 40351 606-784-5457

KENTUCKY DEPARTMENT OF VETERANS AFFAIRS

For Bath and Menifee Counties:

Call 502-330-7381 for appointment

Montgomery County

Courthouse Annex 44 W. Main Street, Suite B Mt. Sterling, KY. 40353 859-497-6444

Rowan County

Veterans Administration Clinic 333 Beacon Hill Road, Suite 100 Morehead, KY. 40351 606-784-3004 24 Hour VA Crisis Hotline 1-800-273-TALK (8255)

Military Housing Assistance 1231 Louisville Road Frankfort, KY. 40601 800-633-8896

Morgan County

Morgan County Public Library 151 University Drive West Liberty, KY. 41472 606-743-4151

Federal Veterans Center 1500 Leestown Road

Lexington, KY 40507 859-253-0717

KENTUCKY CHILD SUPPORT

Bath County

Office Location 100 North Court Street P.O. Box 539 Owingsville, KY. 40360 606-674-9624 Fax: 606-674-2666

Montgomery County

Office Location 44 W. Main Street Suite F Mt. Sterling, KY. 40353 859-498-8718 Fax: 859-498-8792

Rowan County

Office Location 600 W. Main Street Morehead, KY 40351 606-784-2225 FAX: 606-784-2477

Menifee County

Office Location 49 Main Street P.O. Box 253 Frenchburg, KY 40322-0253

Morgan County

Office Location 527 Main Street West Liberty, KY 41472 606-743-1000 Fax: 606-743-1001

LIBRARIES

Bath County Memorial Library

24 West Main Street Owingsville, KY. 40360 606-674-2531

Menifee County Menifee County Public Library 1585 Main Street Frenchburg, KY. 40322 606-768-2212

Montgomery County Montgomery County Public Library 328 N. Maysville Mt. Sterling, KY. 40353 859-498-2404

Morgan County Morgan County Public Library 151 University Drive West Liberty, KY. 41472 606-743-4151

Rowan County Rowan County Public Library 175 Beacon Hill Morehead, KY. 40351 606-784-7137 Bath County Memorial Library Sharpsburg Branch 7781 West Tunnel Hill Road Sharpsburg, KY. 40374 606-274-2100

Montgomery County Public Library Camargo Branch 4406 Camargo Road Mt. Sterling, KY. 40353 859-499-4244



Legal Aid of the Bluegrass

Strives to resolve the most important problems of low income and other vulnerable people by providing high quality legal assistance through direct representation, education, advice, advocacy and coordination with other community resources.

The Morehead office serves all Gateway counties: Bath, Menifee, Montgomery, Morgan and Rowan

Morehead Office

546 E. Main Street, Suite 1 Morehead, KY. 40351 606-784-8921 1-800-274-5863

ADULT BASIC EDUCATION PROGRAMS

Bath County MSU-Bath County Skills U 19 Water Street Owingsville, KY. 40360 606-674-2664 Menifee County Menifee County Adult Education 826 Hwy 36 Frenchburg, KY. 40322 606-768-9741

Montgomery County MSU-Montgomery County Skills U 640 Woodford Drive Mt. Sterling, KY 40353 859-499-0760

Morgan County MSU-Morgan County Skills U 155 University Drive West Liberty, KY 41472 606-743-1500

Rowan County SU-Rowan County Skills U 103 Educational Building 627 E. Main Street Morehead, KY 40351 606-783-2871 Montgomery Co. Adult Education

640 Woodford Drive Mt. Sterling, KY 40353 859-499-0760

Morehead State University Adult Learning Center 211-D Education Services Bldg. 627 E. Main Street Morehead, KY 40351 606-783-9531, 606-783-2871 j.mckinney@moreheadstate.edu https://moreheadstate.edu/academics/regional-outreach/ad ult-learning-center/

EDUCATIONAL ASSISTANCE SERVICES

Talent Search Program

Identifies and assists individuals from disadvantaged backgrounds who have the potential to succeed in higher education. Grades 6-12

Educational Talent Search Morehead State University 627 E. Main Street Morehead, KY. 40351 606-783-2977 www.moreheadstate.edu/talentsearch/ Serves all Gateway counties **Kentucky Career Center JobSight** Assists with paid training such as CDL, Nursing. Lineman, etc. Can pay tuition and supportive services such as gas cards or other needed items to complete training. Serving Menifee and Morgan Counties 606-733-3133 kcc@gatewaycaa.org

COMMONWEALTH EDUCATIONAL OPPORTUNITY CENTER

Serves adults nineteen years and older in thirty-six counties in Eastern Kentucky that have a desire to enroll in post-secondary education or training. Groups may include high school seniors if not served by a Talent Search program, Veterans and their families, homeless or at risk of becoming homeless, foster youth, incarcerated

individuals or those in treatment, enrolled in alternative education, vocational education, those wanting to transfer schools and those working to obtain a GED.

Commonwealth Educational Opportunity Center

600 W. Main Street Morehead, KY. 40351

> Bath, Menifee, Morgan and Rowan Counties 1-800-333-3621 606-783-2063

Montgomery County 1-800-333-3621

Kentucky Higher Education Assistance Authority

Provides information to middle, high school and the general public about educational and financial aid opportunities. Provides financial aid to Kentucky citizens.

Northeastern Kentucky Outreach Eastern Kentucky Outreach Counselor Counselor

Serving Bath, Menifee, Montgomery Serving Morgan County And Rowan Counties 606-205-8810 606-776-3030

AREA UNIVERSITIES/COMMUNITY AND TECHNICAL COLLEGES

The following Kentucky Community and Technical Colleges provide:

- Technical degrees that prepare students for a well-paying career in 2 years of less,
- Apprenticeship-style programs that provide learning opportunities in the classroom and on the job
- Transfer degrees to any of Kentucky's four-year universities

Ashland Community and Technical College

1400 College Drive Ashland, KY. 41101 606-336-2000 0r 1-800-928-4256

Bluegrass Community and Technical College

470 Cooper Drive Lexington, KY. 40506-0235 855-246-2477

Big Sandy Community and Technical College

Campuses located in Prestonsburg, Pikeville, Paintsville and Hager Hill 1 Bert T. Combs Drive Prestonsburg, KY. 44653 606-886-3863 (865)GO-BSCTC

Hazard Community and Technical College

One Community College Drive Hazard, KY. 41701 606-436-5721 or 800-246-7521

Maysville Community and Technical College

1765 US Hwy. 68 Maysville, KY. 41056 606-759-7141

Maysville Community and Technical College - Montgomery

Campus 201 Calk Ave. Mt. Sterling, KY. 40353 859-499-6282

Morehead State University

150 University Blvd. Morehead, KY. 40351 1-800-585-6781

University of Pikeville

147 Sycamore Street Pikeville, KY. 41501 606-218-5250 Four year, private, not for profit liberal arts and sciences school Also home to one of three medical schools in Kentucky, the Kentucky College of Osteopathic Medicine and as of the fall semester of 2016, the home of the Kentucky College of Optometry.

SCHOOLS/RESOURCE CENTERS

Bath County

Bath County Board of Education 406 West Main Street Owingsville, KY. 40360 606-674-6314

Bath County Middle School 385 West Main Street Owingsville, KY. 40360 606-674-8165

Owingsville Elementary School 50 Chenault Drive Owingsville, KY. 40360 606-674-2722

Menifee County

Menifee County Board of Education P.O. Box 110 Frenchburg, KY. 40322 606-768-8002

Menifee County High School

119 Indian Creek Road Frenchburg, KY. 40322 606-768-8102

Bath County High School 645 Chenault Avenue Owingsville, KY. 40360 606-674-6325 606-674-6909

Crossroads Elementary School 4755 Hwy 60 Owingsville, KY. 40360 606-674-2101

Bath County Youth Service Center 335 West Main Street Owingsville, KY. 40360 606-674-2100

Menifee Central

359 Wynn Flat Rd. Frenchburg, Ky 40322 606-768-8402

Family Resource Center 606-768-8499

Youth Service Center 606-768-8499 Fax: 606-768-8450

Menifee Job Corp 6969 Tarr Ridge Frenchburg, KY. 40322 606-768-2111 Family Resource Center 606-768-8109

Youth Service Center 606-768-8199 Fax: 606-768-8200

Montgomery County

Montgomery County Board of Education 3400 Indian Mound Drive Mt. Sterling, KY. 40353 859-497-8760

Mt. Sterling Elementary School 6601 Indian Mound Drive Mt. Sterling, KY. 40353 859-497-8730

Montgomery County High School 724 Woodford Drive Mt. Sterling, KY. 40353 859-497-8765

Mapleton FRC 809 Indian Mound Dr. Mt. Sterling, KY. 40353 859-497-8752

Northview Elementary 1040 Maysville Road Mt. Sterling, KY. 40353 859-497-8703

Montgomery County Accelerated Academy 700 Woodford Drive Mt. Sterling, KY. 40353 859-497-8765

Camargo FRC 4307 Camargo Road Mt. Sterling, KY 40353 859-497-8743

Morgan County

Morgan County Board of Education 151 University Drive

West Liberty, KY. 41472 606-743-8002

East Valley Elementary School 7585 Hwy West Liberty, KY. 41472 606-522-8152 Camargo Elementary School 4307 Camargo Road Mt. Sterling, KY. 40353 859-498-8776 or 859-798-8775

Mapleton Elementary School 809 Indian Mound Drive Mt. Sterling, KY. 40353 859-497-8752

McNabb Middle School 3570 Indian Mound Drive Mt. Sterling, KY. 40353 859-497-8770

FRC - Mt. Sterling Elementary 6601 Indian Mound Rd. Mt. Sterling, KY. 40353 859-497-8726

The Sterling School

724 Woodford Drive Mt. Sterling, KY. 41472 859-497-8761

Montgomery County Youth Service Center (6th-12th) 724 Woodford Drive Mt. Sterling, KY. 41472 859-497-8779

Morgan County High School 150 Road to Success West Liberty, KY. 41472 606-743-8052

Ezel Elementary School 172 31 Walnut Street Ezel, KY. 41425 606-725-8202

Morgan Middle School

380 Road to Success West Liberty, KY. 41472 606-743-8102

Wrigley Elementary School 7490 Hwy 7 West Liberty, KY. 41472 606-743-8302

Ezel FRC

31 Walnut Street Ezel, KY. 41425 606-725-8208

Morgan County High Youth Service Center

150 Road to Success West Liberty, KY. 41472 606-743-8073

Rowan County

Rowan County Board of Education

551 Viking Dr. Morehead, KY. 40351 606-784-8928

Clearfield Elementary School

460 McBrayer Road Clearfield, KY. 40313 606-784-5792 **Family Resource** 606-784-2653

Rodburn Elementary School

91 Christy Creek Morehead, KY. 40351 606-784-3000 Family Resource Center 606-784-9211

Rowan County Middle School

555 Viking Drive Morehead, KY. 40351 606-784-8911 **Family Resource Center** 606-784-6305

Bluegrass Discovery Academy 415 W. Sun Street Morehead, KY. 40351 606-780-9992

Morgan Central Elementary School 3201 Hwy 460 West

West Liberty, KY. 41472 606-743-8552

Morgan Middle Youth Service Center 380 Road to Success

West Liberty, KY. 41472 606-743-8113

Morgan Central FRC

3201 Hwy 460 West Liberty, KY. 41472 606-743-8432

Rowan County High School 499 Viking Drive

Morehead, KY. 40351 606-784-8956

Family Resource Center 606-784-0029

McBrayer Elementary School

550 Viking Drive Morehead, KY. 40351 606-784-1204 **Family Resource Center** 606-784-5383

Tilden Hogge Elementary School

955 Cranston Road Morehead, KY. 40351 606-784-4604 **Family Resource Center** 606-784-8927

Rowan County Preschool 551 Viking Dr. Morehead, KY. 40351 606-784-7721

CHILD CARE SERVICES

Bath County

Bath County Board of Education

Owingsville Elementary

School Age Child Care 50 Chenault Drive Owingsville, KY 40360 606-674-2722

Owingsville Baptist Church Daycare 92 Coyle Street

Owingsville, KY. 40360 606-674-2055

Montgomery County

First Church of God

1051 Camargo Road Mt. Sterling, KY. 40353 859-498-7914

Playground Station Inc.

3062 Old Owingsville Road Mt Sterling, KY. 40353 859-498-9927

Christian Traditional School, Inc.

Woodford Drive Mt. Sterling, KY. 40353 859-498-1565

Mapleton After School Child Care

809 Indian Mound Drive Mt. Sterling, KY. 40353 859-497-6424 Fax 859-497-6423

Northview After School Child Care

1040 Maysville Road Mt. Sterling, KY. 40353 859-497-6424 Fax 859-497-6423

Montgomery County Certified Homes

RugRats

Joyce Lee Brewer 153 Westside Drive Mt. Sterling, KY. 40353 859-585-2742

Bath County Board of Education Crossroads Elementary School Age Child Care

4755 E. Hwy. 60 Owingsville, KY 40360 606-674-2101

Camargo After School Child Care

4307 Indian Mound Drive Mt. Sterling, Ky. 40353 859-497-6424

Tiny Blessings Daycare & Preschool 925

846 Grassy Lick Road Mt. Sterling, KY. 40353 859-499-0016

MSE After School Child Care

6601 Indian Mound Drive Mt. Sterling, KY. 40353 859-497-6424 Fax 497-6423

Morgan County

Baby's Day Inn 909 Prestonsburg Street West Liberty, KY. 41472 606-743-1751

Rowan County

Bizzy Bears Child Care

234 West First Street Morehead, KY. 40351 606-780-0121 Mon-Sat. 5:00 a.m. - 12:30 a.m. Ages 6 wks-12 years

Kidz Kare Childhood Develop.

147 East First Street Morehead, KY. 40351 606-784-7152 Mon-Fri. 6:30 a.m. -Ages 2-5 years only

Munchkin Academy

180 Christy Creek Morehead, KY. 40351 606-783-0411 Mon-Fri.5 a.m.-6:00 p.m. 6 wks-2

Marsha's Day Care

28 Clayton Avenue Morehead, KY. 40351 606-783-1321

Pooh's Corner

Certified Home 41 Hwy 191 West Liberty, KY. 41472 606-743-2172

Kids Academy

4151 KY. 801N Morehead, KY. 40351 606-780-9277 Mon-Fri. 6:00 a.m. - 6:00 p.m.

Lakeside Christian Academy

Preschool Program 2535 US Hwy 60 West Morehead, KY. 40351 606-784-2751 7:30 a.m.-5:30 p.m.

Rowan County Child Care

551 Viking Dr.Morehead, KY. 40351606-784-7721(Available to children enrolled in Rowan(Co. Preschool or Head Start only)

Bangin' Blocks Childcare 350 Pinecrest Dr. Morehead, KY. 40351 7:00 a.m. - 5:00 p.m.

CHILD CARE RESOURCE AND REFERRAL AGENCIES

Find Kentucky Kid Care Statewide Toll Free Number 877-316-3552

Head Start centers are listed on pages 2 and 3 of this booklet. Head Start provides educational and family services for young children enrolled in the program and is not a traditional day care program. For more information, please contact the Family Advocate listed for each center.

CLOTHING ASSISTANCE

Menifee County

Bethel Baptist Church 926 Hwy 36 Frenchburg, KY. 40322 606-768-3768

Project Worth Outreach

72 Industrial Park Rd. Frenchburg, KY 40322 606-768-6384

Montgomery County

Montgomery County Homeless Coalition Goodwill Industries 900 Indian Mound Drive Mt. Sterling, KY 40353 859-497-0003

Apostles Closet Heritage Christian Church 402 Commerce Circle Mt. Sterling, KY. 859-497-2003

Morgan County

United Methodist Opportunity Store 691 Gardner Drive

West Liberty, KY. 41472 Mon-Fri. 9:00 a.m.-5:00 p.m. Saturday 9:00 a.m. - 4:00 p.m. 606-743-1278

Rowan County

Christian Social Services

1466 E. Main St. Morehead, KY 40351 606-784-0062 or 606-784-5329

Helping Hand

204 Morehead Plaza Morehead, KY 40351 606-780-9704

Montgomery Co. Health & Civic Center 108 E. Locust Street

Mt. Sterling, KY 40353 859-432-2322

Goodwill Industries

206 Kroger Center Morehead, KY 40351 606-783-0022

FOOD ASSISTANCE

Bath County

Bath County Farmers Market

Intersection of 1-64 and US 60 at Exit 123 June - October 606-674-6121

Menifee County

Dayspring Food Pantry

1517 Main Street Frenchburg, KY. 40322 606-768-2048

Menifee County Farmers Market

Back Street-Frenchburg July-October

Montgomery County

Camargo Church of God

Ella's Outreach 4322 Camargo Road 4507 Mt. Sterling, KY. 40353 859-498-0702 Provides food to needy families and individuals. Requirements are to be a Montgomery County resident, bring income level and number in household. Services available on the first and third Thursday of the month from 12:00 a.m. to 6:00 p.m.

Church of the Harvest

2450 Osborne Road Mt. Sterling, KY. 40353 859-498-7983 Offers a variety of services including the Angel Food Program, Alcoholics Anonymous, Families of Addicted Loved Ones, and Bible classes through Alpha Bible College.

Gateway Christian Church

801 Winchester Road Mt. Sterling, KY. 40353 859-498-3876 Offers support services including food and financial support

Project Worth & Outreach

72 Industrial Park Road Means, KY. 40346 606-768-6384

Senior Commodity Program Gateway CAA 28 Bible Camp Lane

Frenchburg KY. 40322 606-743-3133

Camargo United Methodist Church

Old Fort Food Pantry Camargo Road Mt. Sterling, KY. 40353 859-497-1184 Social Security number and photo identification required. Supply vegetables and non-perishable and staple items.

Sterling Community Food Coalition

515 Maysville Road Mt. Sterling, KY. 40353 www.sterlingcommunityfoodcoalition.org

Morgan County

Christ's Pantry

304 Prestonsburg Street West Liberty, KY. 41472 606-743-4356 Mon. 4:00 p.m. - 6:00 p.m. Must have proof of residency, income and household size.

Rowan County

Bluebank Church Ministry

1019 West Main Street Morehead, KY. 40351 606-780-1090, 606-784-2858

God's Pantry Food Bank

100 Carolyn Ingram Drive Morehead, KY. 40351 606-784-5555

Morehead Gateway Helping Hands

204 Morehead Plaza P.O. Box 316 Morehead, KY. 40351 606-780-9704 Can call Monday-Thursday and leave name and number and will be called back.

Tree of Life Ministries, Inc.

87 Redwine Road West Liberty, KY. 41472 Angela Lewis 606-495-0327/743-7000

Christian Social Services 1446 East Main Street Morehead, KY. 40351 606-784-5329

Rowan County Farmers Market

Corner of US 60 and Bridge Street near the entrance of Morehead City Park Morehead, KY. 40351 Open Wednesday and Saturday

Johnson First Church of God Food Pantry

590 Cranston Road Morehead, KY. 40351 606-462-3444, 606-784-8692 Can get assistance every two months. Must have proof of Rowan Co. residency.

EMERGENCY ASSISTANCE AND SHELTERS

American Red Cross

Eastern Kentucky Chapter 4201 Blackburn Avenue Ashland, KY. 41101 606-325-1626

Services Include:

- Disaster relief-provide shelter, food, health and mental health services to help families and entire communities get back on their feet.
- Supporting military families-help families prepare for, cope with and respond to the challenges of military service
- Lifesaving blood-largest single supplier of blood and blood products in the U.S. Health and safety services-leading provider of health and safety courses, such as CPR, First Aid, and Lifeguard training.
- International services-part of the world's largest humanitarian network with 13 million volunteers in 187 countries.

D.O.V.E.S. of Gateway

P.O. Box 1012 Morehead, KY. 40351 (800)221-4361-Crisis Line 606-784-6880-Business Office

Serves victims of domestic violence. (9 beds with a capacity of 28 beds for adults and children, length of stay varies.) Provides assistance for victims of domestic violence in all Gateway counties.

Gateway Homeless Coalition, Inc.

P.O. Box 326 695 Flemingsburg Road Morehead, KY. 40351 606-784-2668 or 877-627-5754

Offers emergency housing services, which includes shelter and food for homeless men, women and children. (17 bed capacity). Serves all Gateway counties. Services include shelter, case management and advocacy for individuals and families experiencing homelessness in the Gateway counties.

Gateway Children's Services

37 N. Maysville Mt. Sterling, KY. 40353 859-498-9892

Transitional housing program for male and female youth, length of stay based on need. (28 beds) Services include counseling, service referrals, education programs, emergency housing for youth at risk of abuse/safety issues, and serves all populations of youth at risk.

Montgomery County Ministerial Association

P.O. Box 127 Mt. Sterling, KY. 40351

Contact local churches or the police station for referrals. One night of lodging in a local motel for transients only; food assistance for transient persons only.

Salvation Army

Gateway Community Action Outreach office 118 Maloney Way Mt. Sterling, KY. 40353 800-927-1833

Montgomery County only

Morehead Ministerial Association Baptist Church

P.O. Box 328 Morehead, KY. 40351 784-7511

Food and lodging for one night only, transportation assistance

Morgan County Ministerial Association West Liberty, KY. 41472 606-743-7202

Food assistance, lodging and transportation assistance, (1 to 6 days of lodging assistance)

Mountain Haven 1034 E. Main Street, Level 2 Morehead, KY. 40351 606-784-3337

24 Hour Emergency On Call-606-207-0916

Provides shelter and services to youth ages 12 to 17 who are runaway and/or homeless. DCBS youth also accepted. Facebook.com/rowansafeplace

HOUSING

Bath County

Beaver Creek Apartments 270 Ramey Road Sharpsburg, KY. 40374 606-768-6363

Mountain View Estates 358 Slate Avenue Owingsville, KY. 40360

606-674-6778

Menifee County

Beaver Creek Apartments 45 Beaver Creek Court Frenchburg, KY. 40322 606-768-3672

Menifee Housing Associates 36 Motley Court Frenchburg, KY. 40322 606-768-3672

Montgomery County

Doe Run Apartments 1919 Doe Run Mt. Sterling, KY. 40353 859-498-1344 Housing Authority of Owingsville Bernard Heights 180 Kendall Springs Avenue Owingsville, KY. 40360 606-674-2704

Valley View Apartments 143 Kendall Springs Avenue Owingsville, KY. 40360 606-674-2553

Frenchburg Apartments US Hwy 460 Frenchburg, KY. 40322

606-768-3398

Walnut Grove Apartments 40 Walnut Grove Frenchburg, KY. 40322 606-768-6500

Garden Springs Manor Apartments 944 Shoemore Drive Mt. Sterling, KY. 40353 859-498-4570 Indian Mound Manor Apartments 108 Burley Avenue

Mt. Sterling, KY. 40353 859-498-4570

Montgomery Square Apartments

1376 Indian Mound Drive Mt. Sterling, KY. 40353 859-498-4100

Springridge Apartments

100 Summit Place Mt. Sterling, KY. 40353 859-498-4731

Sterling Oaks

118 Ronameki Drive Mt. Sterling, KY. 40353 859-329-8588

Woodland Village

8110 Main Street Jeffersonville, KY. 40337 859-498-9608

Morgan County

Frederick Place Apartments

100 Liberty Heights Court West Liberty, KY. 41472 606-743-4416

Oak Ridge Apartments

915 Liberty Road West Liberty, KY. 41472 606-743-7388 606-743-7314

Rowan County

Habitat for Humanity

123 E. Main Street Morehead, KY. 40351 606-776-0022 606-784-8404

Clearfield Manor

71 Fryl Street Clearfield, KY. 40313 606-784-1966

Ed Mabry Apartment Rentals

350 Christy Creek Morehead, KY. 40351 606-784-7575

Main Cross Apartments

8 E. Main Street Mt. Sterling, KY. 40353 859-498-7689

Mt. Sterling Housing Authority

335 Barnard Avenue Mt. Sterling, KY. 40353 859-498-5592

Wood Hill Apartments

801 Hawkins Drive Mt. Sterling, KY. 40353 859-497-0883

Main Street Apartments

100 Bellamy Court West Liberty, KY. 41472 606-743-3723

Wells Hill Apartments

939 Liberty Road West Liberty, KY. 41472 606-743-4870

Mountain View Apartments

100 Rodburn Rd. Morehead, KY. 40351 606-783-1787

Eagle View Apartments 947 McBrayer Road Clearfield, KY, 40313

606-784-1082

Frontier Housing

5445 Flemingsburg Road Morehead, KY. 40351 Home ownership - 606-784-2131 Ext. 241 Rental housing: - 606-784-2131, Ext. 224

Housing Authority of Morehead

 200 Northstar Pl.

 Morehead, KY 40351

 Heritage Place
 606-784-4314

 Divide Hill
 606-784-1187

 Triplet View
 606-784-8578

McBrayer Manor Apartments

950 McBrayer Branch Road Clearfield, KY. 40313 606-683-3100, 606-784-5402

Mountain View Apartments

100 Rodburn Hollow Road Morehead, KY. 40351 606-783-1787

Rbp, Inc.

520 Oakwood Street Morehead, KY. 40351 606-329-8588

Pinnacle Apartment Homes 150 Pinnacle Way Morehead, KY. 40351 606-780-7606

Pathway - Horizon Village 100 Horizon Way

Morehead, KY. 40351 606-783-7293 Seniors, Assisted Living, Low Income

Kentucky Housing Corporation

Heritage Place 1231 Louisville Road Frankfort, KY. 40601 502-564-7630 800-633-8896

Fouch Rentals

212 Barker Place Morehead, KY. 40351 606-783-1993

Pine Ridge Apartments

300 Pine Ridge Morehead, KY. 40351 844-207-4396

Morehead KY Rentals

P.O. Box 1242 504 Flemingsburg Rd. Morehead, KY. 40531 606-784-4322

Cornerstone Rentals

2100 US Hwy 60 E Morehead, KY. 40351 606-783-1941

HOME REPAIR LOANS/GRANTS

United States Department of Agriculture Rural Development

The US Department of Agriculture Rural Development operates over 50 financial assistance programs for a variety of rural applications. Listed below is a sample of existing programs and services for individuals. All programs and services may be accessed at the USDA Rural Development website with general and contact information for local Rural Development locations.

- Farm Labor Housing Direct Loans and Grants
- Household Water Well System Grants
- Individual Water and Wastewater Grants
- Multi-Family Housing Direct Loans
- Rural Energy for America Program Renewable Energy Systems and Energy Efficiency Improvement Loans and Grants
- SEARCH-Special Evaluation Assistance for Rural Communities and Households Single Family Housing Direct Home Loans
- Single Family Housing Guaranteed Loan Program
- Single Family Housing Repair Loans and Grants

- Socially-Disadvantaged Groups Grants
- Value Added Producer Grants
- Single Family Housing Repair Loans and Grants
- Provides loans to very-low income homeowners to repair, improve or modernize homes or grants to elderly very-low income homeowners to remove health and safety hazards.

Frontier Housing 5445 Flemingsburg Road Morehead, KY 40351 606-784-2131, Ext. 241

Helps people across Kentucky with home loans. Many programs and options are available, even for those who have been turned down by a bank.

HouseWorks Program

Helps Kentucky homeowners in rural communities pay for common household projects, such as plumbing problems, roof repairs, and nearly any critical improvement that makes a home more livable. Houseworks is the result of a partnership between USDA Rural Housing and the Kentucky Housing Corporation and applications for the program are available from the local USDA Rural Development office.

Morehead Service Center

220 West 1st Street Morehead, KY. 40351 606-784-6447, Ext. 4 **Morgan County Farm Service Agency** 955 Prestonsburg Street West Liberty, KY. 41472 Christopher Cantrell-Farm Loan Mgr. 606-743-3410

Mt. Sterling Service Center 509 Willin Way Mt. Sterling, KY. 40353 859-498-8907

MEDICAL SERVICES

Home Health Services

Montgomery County

Amedisys 101 Bruce Professional Park Mt. Sterling, KY. 40353 859-498-5199

Morgan County

Morgan Co. ARH Home Health Agency 518 Main Street, Suite 1 West Liberty, KY. 41471 606-743-4371

Rowan County

St. Claire Regional Home Health 135 Hargis Avenue Morehead, KY. 40351 606-784-8403 **St. Claire Regional Hospice** 201 Lyons Avenue Morehead, KY. 40351 606-783-6812, 606-783-6808

St. Claire Regional Palliative Medicine

245 Flemingsburg Rd. Morehead, KY. 40351 606-783-6804, 606-783-6812 Medical services focusing on relieving suffering and improving quality of life for anyone dealing with a serious, long-term illness. (Does not serve Morgan County)

AMBULANCE SERVICES

Bath County Ambulance Service	911	606-674-8158
Menifee County Ambulance Service	911	606-768-3200
Montgomery County Ambulance Service	911	859-498-4357
Morgan County Ambulance Service	911	606-743-4700
Rowan County Ambulance Service	911	606-784-4333

HEALTH SERVICES

<u> Clinics/Physicians</u>

Bath County

Community Family Clinic 17 Miller Drive

Owingsville, KY. 40360 606-674-3033

New Hope Clinic

41 D. Court Street Owingsville, KY. 40360 606-674-8822

Sterling Health Care

44 Water Street Owingsville, KY. 40360 606-974-9776

Menifee County

Community Family Clinic 784 Hwy. 36 732 Hwy. 36 Frenchurg, KY. 40322 606-768-9190

Montgomery County

Community Family Clinic 125 Foxglove Drive Mt. Sterling, KY. 40353 859-498-3033

St. Joseph Primary Care Associates 40 Bank Street Mt. Sterling, KY. 40351

859-498-2815

Sharpsburg Medical Clinic

601 Main Street Sharpsburg, KY. 40374 606-247-5006

St. Claire Reg. Family Medicine 632 Slate Avenue Owingsville, KY. 40360 606-674-6386

Sterling Women's Care

635 Maysville Road, Suite A Mt. Sterling, KY. 40353 859-498-2323

St. Claire Family Medicine

Frenchburg, KY. 40322 606-768-2191

Family Care Clinic

129 Stone Trace Mt. Sterling, KY. 40353 859-498-6006

KY One Primary Care

250 Foxglove Drive, Suite 6 Mt. Sterling, KY. 40353 859-498-3098

Ky. One Primary Care Sterling Health Care

103 Commonwealth Drive Mt. Sterling, KY. 40353 859-498-7716

Mt. Sterling Pediatrics

401 Commerce Circle Mt. Sterling, KY 40353 859-498-5243

Thomas Thornberry, MD Family Medicine 227 Falcon Dr., Suite G-03 Mt. Sterling, KY. 40353 859-498-7345

Brent Terrill, MD

Urology 113 Brandon Way Mt. Sterling, KY. 40353 859-498-1460

Dr. William Tracy Shultz Addiction Recovery, General Medicine (Ages 10 and up) 105 Bruce Professional Plaza, Suite D Mt. Sterling, KY. 40353 859-498-0082

Sterling Health Solutions

209 N. Maysville Street, Suite 200 Mt. Sterling, KY. 40353 859-404-7686

Morgan County

Faith Family Practice

Adams, MSN, FNP-801 Main Street West Liberty, KY. 41472 606-743-1422

Juniper Health Morgan Co. North Main Street West Liberty, KY. 41472 606-743-4808

Frederick Medical Clinic

430 Liberty Road West Liberty, KY. 41472 606-743-3114

Means Adult Primary Clinic

148 Skyview Drive Mt. Sterling, KY. 40353 859-499-0717

St. Claire Clinic

805 Alexa Dr. Mt. Sterling, KY 40353 859-498-9204

Mt. Sterling Clinic 100 Sterling Way, Suite 1 Mt. Sterling, KY. 40353 859-498-0200

Means Primary Clinic 148 Skyview Drive Mt. Sterling, KY. 40353 859-498-0231

Post Clinic

General Medicine 15 Sterling Avenue Mt. Sterling, KY. 40353 859-498-0231

ARH Family Clinic

1084 Hwy 7 West Liberty, KY. 41472 606-743-3065

United Clinic 633 Prestonsburg St. West Liberty, KY. 41472

606-743-3477

St. Claire Medical Pavilion

245 Flemingsburg Road Morehead, KY. 40351 606-780-5500

Cardiology	Podiatry
Gastroenterology	Pulmonology
Nephrology	Sleep Medicine
Oncology/Hematology	Surgery-Bariatric
Orthopedics/Sports Medicine	Surgery-General
Surgery-Vascular (UK	Surgery-Plastic & Reconstructive
Palliative Medicine	Pain Management

St. Claire Regional Medical Center

222 Medical Circle Morehead, KY. 40351 606-783-6500

Anesthesiology	Emergency Medicine
Behavioral Health	Hospitalist - Inpatient
Critical Care	
Diagnostic Imaging	

St. Claire Primary Care

Express Care-Downtown 316 W.2nd Street Morehead, KY. 40351 606-784-3771

St. Claire Primary Care Primary Care-Morehead-North 255 Old Viking Drive Morehead, KY. 40351 606-784-2774

UK Women's Healthcare

245 Flemingsburg Rd. 3rd Floor, Suite A 340 Morehead, KY. 40351 606-207-2931

St. Claire Pediatrics 716 W. Main Street Morehead, KY. 40351 606-780-5364

HEALTH DEPARTMENTS

Bath County Health Department

68 Oberline Drive Owingsville, KY. 40360 606-674-2731

Morgan County Health Department

493 Riverside Drive West Liberty, KY. 41472 606-743-3744

Menifee County Health Department 1919 Main Street Frenchburg, KY. 40322 606-768-2151

Rowan County Health Department 730 W. Main Street Morehead, KY. 40351 606-784-8954

Montgomery County Health Department

(Montgomery County Health Department an independent facility and is not a part of the Gateway District Health Department system. However, services provided are comprehensive and include many services provided by the Gateway system.)

108 E. Locust Street Mt. Sterling, KY. 40353 859-498-3808



Appalachian Regional Hospital 476 Liberty Road West Liberty, KY. 41472 CHI St. Joseph Health 225 Falcon Drive Mt. Sterling, KY. 40353 859-497-5000

St. Claire Regional Medical Center 222 Medical Circle Morehead, KY. 40351

606-783-6500

606-743-3186

DENTISTS

Bath County

Larry Hamlin, DMD

135 Sudith Avenue Owingsville, KY. 40360 606-674-6305

Menifee County

St. Claire Family Dentistry 732 Hwy 36 Frenchburg, KY. 40322 606-768-6345 Montgomery County

Cosmetic & Family Dentistry Alisha Tackett, DMD 225 Young Lane Mt. Sterling, KY. 40351 859-498-2356

Sterling Family Dental Jon Kelly Johnson, DMD 100 E. High Street 40353 Mt. Sterling, KY. 40353 859-498-7130

Dr. Baber Dental Care Katherine Baber, DMB 225 Windsor Drive Mt. Sterling, KY. 40353 859-498-3400

Sterling Smiles

Kristy H Carty, DMD 122 Stone Trace Drive, Suite A Mt. Sterling, KY. 40353 859-497-4444

Scott Caudill, DMD

508 Maysville Road Mt. Sterling, KY. 859-498-1380

Richard F. Henry, DMD

541 Willin Way Mt. Sterling, KY 40353 859-498-1347 Montgomery Dental Center Jack Razor, DMD 25 E. High Street Mt. Sterling, KY. 40353 859-498-1215

Gateway Dental Care 105 Brandon Way Mt. Sterling, KY. 40353 859-497-2141

Charles Rice, DMD 134 Maysville St. Mt. Sterling, KY 40353 (859) 498-4155

Morgan County

Juniper Health 674 West Main Street West Liberty, KY. 41471 606-743-3030

Rowan County

Beacon Hill Family Dentistry 255 Beacon Hill Morehead, KY. 40351 606-784-4340

Arnett Dental Clinic 232 Old Viking Drive Morehead, KY. 40351 606-784-7033

Morehead Dental Group 309 E. Main Street Morehead, KY. 40351 606-784-6436

Karen Shay, DMD

165 E. Main Street Morehead, KY. 40351 606-784-4762

Gary, McLaurin & Peterson

25 E. High Street Mt. Sterling, KY. 40353 859-498-6204

Mt. Sterling Pediatric Dentistry

401 Commerce Circle Mt. Sterling, KY. 40353 859-498-5243

Jeffrey Bailey, DMD 629 Main Street West Liberty, KY. 41472 606-743-3200

Cave Run Dental 400 Clinic Drive Morehead, KY. 40351 606-784-4363

Morehead Pediatric Dentistry 1275 Hallwood Drive Morehead, KY. 40351 606-784-8000

St. Claire Family Dentistry 316 W. 2nd Street Morehead, KY. 40351 606-783-7701

OPTOMETRISTS

Montgomery County

Bluegrass Vision Group

25 Sterling Way, Suite C Mt. Sterling, KY. 40353 859-498-4800 Helderman & Jacobs Vision Center 1 N Maysville Road Mt. Sterling, KY. 40353 859-498-6001 Thacker and Associates Eye Care 499 Indian Mound Drive Mt. Sterling, KY 40353 859-498-8110

Morgan County

Vision Thru Design 408 Main Street West Liberty, KY. 41472 606-743-4111

Rowan County

Thomas McHugh, OD 317 E. First Street Morehead, KY. 40351 606-783-1575

Anthony Mayo, OD 129 W. Main Street Morehead, KY. 40351 606-784-5355

Kentucky Eye Institute

103 Brandon Way, Suite B Mt. Sterling, KY. 40353 859-498-9393

Vision Care Center Peyton's Plaza West Liberty, KY. 41472 606-743-4441

Kentucky Eye Institute 333 Beacon Hill Rd., Suite 200 Morehead, KY. 40351 606-784-3393, 800-593-9366

Dr. Muha, OD 200 Walmart Way Morehead, KY. 40351 606-784-3937

PHARMACIES

Bath County

Bath Hometown Pharmacy 19 Miller Drive Owingsville, KY. 40360 606-674-2423

Owingsville Drug 53 Miller Drive Owingsville, KY. 40360 606-674-6334

Menifee County

Frenchburg Pharmacy 732 Hwy 36 Frenchburg, KY. 40322 606-768-6610

Montgomery County

Carrington Drug 506 Maysville Road Mt. Sterling, KY. 40353 859-498-3464

Kroger Pharmacy 810 Indian Mound Drive Mt. Sterling, KY. 40353 859-497-9696 Family Discount Drugs 60 Slate Avenue Owingsville, KY. 40360 606-674-6979

Joe's Pharmacy 70 Main Street Frenchburg, KY. 40322 606-786-2161

CVS Pharmacy 1201 Indian Mound Drive Mt. Sterling, KY. 40353 859-498-4320 Ross Drugs 125 Foxglove Drive Mt. Sterling, KY. 40353 859-498-1004

Whitaker Pharmacy 570 Indian Mound Dr. Mt. Sterling, KY 40353 859-498-3141

Morgan County

Peyton's Pharmacy 414 Main Street West Liberty, KY. 41472 606-743-3163

ARH Pharmacy 1084 Hwy 7 West Liberty, KY. 41472 606-743-7842

Casey Rx Pharmacy Inside West Liberty IGA 64 Hwy 460 West Liberty, KY. 41472 606-743-7778

Rowan County

Cave Run Clinic 255 Old Flemingsburg Rd. Morehead, KY. 40351 606-783-1511

Kroger Pharmacy 300 Trademore Center Morehead, KY. 40351 606-783-1476

St. Claire Regional Medical Center Retail Pharmacy 245 Flemingsburg Road Morehead, KY. 40351 606-280-5550

Total Care Pharmacy 206 W. Main Street Morehead, KY. 40351 606-784-4491 Walmart Pharmacy

499 Indian Mound Drive Mt. Sterling, KY. 40353 859-498-1392

Clinic Pharmacy 412 Liberty Road West Liberty, KY. 41472 606-743-4957

Walgreens Pharmacy 525 Prestonsburg Street West Liberty, Ky. 41472 606-743-3425

Holbrook Drug 208 E. Main Street Morehead, KY. 40351 606-784-4784

Walgreens Pharmacy 380 W. Main Street

Morehead, KY. 40351 606-783-1581

St. Claire Retail Pharmacy at Medical Pavilion 245 Flemingsburg Road Morehead, KY. 40351 606-780-5550

Walmart Pharmacy

200 Walmart Way Morehead, KY. 40351 606-784-3266

MEDICAL TAXIS

Bath Medical Taxi

606-780-9664

Serves Bath, Montgomery, Powell and Estill Counties. Will only bill Medicaid. Self-pay clients will need to call for a price quote.

Medi-Cab

640 Main Street West Liberty, KY. 41472 606-743-1900

Human Service Transportation Delivery (HSTD)

LKLP Community Action Agency 800-245-2826* or 888-807-2996 *Does scheduling for Medi-Cab

MENTAL HEALTH SERVICES

Pathways, Inc.

664 Slate Avenue Owingsville, KY. 40360 606-674-6690

Pathways, Inc.

300 Foxglove Drive Mt. Sterling, KY. 40353 859-498-2135

Pathways Inc.

321 E. Main Street Morehead, KY. 40351 606-784-4161

Mountain Comprehensive Care Center Gateway Community Based Services

1034 E. Main St. Morehead, KY. 40351 606-784-4800

D & S Community Services

303 Old Flemingsburg Road Morehead, KY. 40351 606-783-0515

Shepherd's Shelter-Ross Rehab

236 Bridgett Drive Mt. Sterling, KY. 40353 859-509-3655

Mountain Haven Emergency Shelter

1034 E. Main Street, Level 2 Morehead, KY. 40351 606-784-3337

New Hope Community

901 US 68 Suite 900 Maysville, KY 41056 606-584-7055

Pathways, Inc.

70 Main Street Frenchburg, KY. 40322 606-768-2131

Pathways, Inc.

767 N. Main Street West Liberty, KY. 41472 606-743-3139

Mountain Comp. Care Center 797 Slate Avenue Owingsville, KY. 40360 606-336-5093

Gateway Substance Abuse Treatment

37 N. Maysville Street Mt. Sterling, KY. 40353 859-498-9892

St. Claire Counseling

555 Clinic Drive Morehead, KY. 40351 606-783-6805

New Song Counseling Center

425 N. Maysville St. Mt. Sterling, KY 40353 859-497-0594

Comprehend Inc.

611 Forest Ave. Maysville, KY 41056 606-564-4016

Sterling Health Care

Psychiatrist, Leslie Aslam 103 Commonwealth Dr. Mt. Sterling, KY 40353 859-404-7686 425 N. Maysville Rd. Mt. Sterling, KY 40353 859-497-0594

SOCIAL SERVICES

Gateway Area Development District

Eagle Point MMRC 110 Lake Park Drive Morehead, KY. 40351 606-780-0090, Fax 606-780-0111

Services Provided:

Aging and Disabled

Adult Daycare/Alzheimer's Respite Aging and Disability Resource Center (ADRC)) Elder Abuse Prevention Homecare Services National Family Caregiver Support Personal Care Attendant Program Senior Citizens State Health Insurance Program (SHIP)

Housing and Food

Feeding Programs Housing/Homelessness Nutrition

Gateway Children's Advocacy Center

310 E. Main Street Morehead, KY. 40351 606-780-7848

Gateway Children's Services

37 N. Maysville Street Mt. Sterling, KY. 40353 859-498-9892

Serves all populations of youth at risk.

Christian Social Services

P.O. Box 147 1446 E. Main Street Morehead, KY. 40351 606-784-5329 Serves Rowan County

Edgewater Recovery Center

259 Old Flemingsburg Rd. Morehead, KY. 40351 606-462-3001

edgewaterrecovery.com

ARC Counseling Center

260 Evans Ave. Mt. Sterling, KY 40353 (859) 274-0558 arccenters.com

Short and long term intensive residential recovery for men with substance abuse. Also offers afterward after leaving the program. 16 short-term beds, 30 long-term beds.

Hope Pregnancy Center

167 E. Main Street Morehead, KY. 40351 606-784-2488 1-888-824-HOPE (24-hour number) 606-356-4080-Sally (emergency number) All services are free and confidential.

Morehead Inspiration Center

1111 US 60 West
Morehead, KY. 40351
606-783-0404
Long-term residential recovery program for adult men seeking recovery from substance abuse. Program duration of 9-12 months for 100 adult men.

Shepherd's Shelter

236 Bridgett Drive Mt. Sterling, KY. 40353 859-498-7111

Kentucky Homeplace

Bath & Menifee Counties

Bath Co. Health Dept. 68 Oberline Drive Owingsville, KY. 40360 Bath Co. 606-674-2731 Menifee Co. 606-768-9298

Kentucky Homeplace

Rowan County

People's Clinic 751 West 1st Street Morehead, KY. 40351 606-784-3881, 606-780-0140 Provides reduced or no cost medical services.

Project Worth Outreach

72 Industrial Park Road Frenchburg, KY. 40322 606-768-6384 Food Pantry, clothing bank, and parenting skills classes.

Office of Vocational Rehabilitation

Menifee, Montgomery & Morgan Counties

563 B Main Street West Liberty, KY. 41472 606-743-7978 606-743-7551 800-440-2530 Kentucky Homeplace

Morgan County

151 University Drive West Liberty, KY. 41472 606-743-4005, Ext. 312 Tues-Thurs. 9:00 a.m.-3:00 p.m. Morehead Office 354 Christy Creek Rd. Morehead, KY. 40351 606-783-8615

Goodwill WIPA-Work Incentives Planning and Assistance Goodwill toll free WIPA line (866) 336-3316

Ticket to Work helpline (866) 968-7842 TTY (hearing impaired) (866) 833-2967 Website: www.goodwillKY.org/programs/wipa Email: workincentives@goodwillKy.org

The WIPA program provides individualized benefits counseling support to people who receive Supplemental Security Income (SSI) and Social Security Disability Insurance (SSDI). Serves all Gateway counties.

SPECIAL SERVICES/ORGANIZATIONS

Commission for Children with Special Health Care Needs

214 West First Street Morehead, KY. 40351 606-784-8610 800-928-3049

First Steps, Kentucky Early Intervention System

Buffalo Trace POE 611 Forest Ave. Maysville, KY 41056 (606) 759-5510 1-800-335-4249

First Steps, Kentucky's Early Intervention System

Gateway District Point of Entry P.O. Box 290 Gateway District Health Department 68 Oberline Drive Owingsville, KY. 40360 606-674-3204 First Steps is a statewide early intervention system that provides services to children with developmental delays, or a particular medical condition that is known to cause a developmental delay, from birth to age three and their families.

PSYCHOLOGICAL EVALUATIONS

Jones Psychological Services, LLC 1450 N. Broadway, KY Lexington, KY 40505 859-636-6882 UK Behavioral Health University of Kentucky 1000 S. Limestone Lexington, KY 40536 859-257-1000

Louisville Center for Autism 1169 Eastern Pkwy G7111 Louisville, KY 40217 502-242-9091

Cultivate Behavioral Health & Education

ABA Therapy 805 Alexa Dr., Suite E Mt. Sterling, KY 40353 859-360-3006 (also available in Maysville)

THERAPY

Clark Regional Medical Center

Speech, OT, PT 175 Hospital Dr. Winchester, KY 40391 859-737-8454

Aegis Therapy

OT, PT, Behavior 497 Tucker Dr. Maysville, KY 41056 606-759-4005

Spectrum Care, LLC

ABA, Speech, PT, OT 1112 Gallia St. Portsmouth, OH 45662 740-981-3176

Morgan County ARH

476 Liberty Road West Liberty, KY. 41472 606-743-3186

Occupational Therapy Services

1833 Montclair Drive Mt. Sterling, KY. 40353 859-498-1220

St. Claire Outpatient Center (Pediatrics)

1028 E. Main Street Morehead, KY. 40351 606-783-6919, 606-783-6866

ApexNetwork

814 Ky. Hwy 36 Frenchburg, KY. 40322 606-393-0953 Fleming County Hospital Speech, PT, OT 55 Fountain Dr. Flemingsburg, KY 41041 606-849-5080

Meadowview Regional Medical Center Speech,

Speech, PT, OT 901 Kenton Station Rd. Maysville, KY 41056 606-759-9403

OCCUPATIONAL THERAPY

Lifespan Therapy Services, P.S.C. 318 W. High Street Mt. Sterling, KY. 40351 859-498-9647

St. Claire Regional Home Care 135 North Hargis Avenue Morehead, KY. 40351 606-784-8403

PHYSICAL THERAPY

Morgan County ARH 476 Liberty Road West Liberty, KY. 41472 606-743-3186

Cincinnati Children's Medical Center 5333 Barnett Ave. Cincinnati, OH 45229 513-636-4200 West Liberty Physical Therapy 389 Prestonsburg Street West Liberty, KY. 41472 606-743-3608

Gateway Home Health 29 S. Maysville Road Mt. Sterling, KY. 40353 859-497-5199

St. Joseph East 225 Falcon Drive Mt. Sterling, KY. 40353 859-497-6027

St. Claire Regional Home Care 135 N. Hargis Avenue Morehead, KY. 40351 606-784-8403 APEXNETWORK

513 Maysville Road Mt. Sterling, KY. 40353 859-878-2890

Integrity Ortho & Sports Medicine 634 N. Maysville Road Mt. Sterling, KY. 40353 859-497-4144

Morehead Physical Therapy 226 Stone Street Morehead, KY. 40351 606-780-0232 School ages and up

St. Claire Medical Pavilion (Adults) 245 Flemingsburg Rd. Morehead, KY. 40351 606-783-5516

SPEECH THERAPY

Bath Family Health Services

44 Water Street Owingsville, KY. 40360 606-674-9776

St. Joseph East Speech Therapy & Hearing Aids 225 Falcon Drive Mt. Sterling, KY. 40353 859-499-5000 606-783-7676 - Schedule Evaluation

St. Claire Medical Pavilion (Adults) 245 Flemingsburg Road Morehead, KY. 40351 606-780-5516 St. Claire Family Medical Center 932 Hwy 36 Frenchburg, KY. 40322 606-768-2191

St. Claire Outpatient Center-Pediatric 1028 E. Main Street Morehead, KY. 40351 606-783-6919 - Information

Aegis Therapies 9 Waveland Avenue Winchester, KY. 40391 859-385-4254

ALZHEIMER'S SUPPORT

Alzheimer's Support Group

Rowan County Caring & Sharing Center for Health, Education & Research (CHER) 316 w. 2nd Street Morehead, KY. 40351 606-783-6476

THE TERF PROJECT, INC.

The TERF Project, Inc. 12 S. Bank Street Mt. Sterling, KY. 40353 859-404-1657

WEBSITES FOR PARENTS

PBS Parents

Information on child development and early learning. Also serves as a parent's window to the contents of the PBS KIDS, offers access to educational games and activities inspired by PBS KIDS programs. www.pbs.org/parents

Great Websites for Kids

Sponsored by the Association for Library Services to Children, a division of the American Library Association. <u>www.gws.ala.org</u>.

www.kids.usa.gov.

Official kids portal for the U.S. government. Links kids, parents and teachers to information and services on the web from government agencies, schools and education organizations all geared to the learning level and interest of kids.

U.S. Department of Education

Links to reports on all aspects of the organization's work, including student aid, legislature, statistics and school locator. www.ed.gov

Reading Rockets

Offers strategies, lessons activities and ideas designed to help young children learn to read. www.readingrockets.org

Centers for Disease Control

Information concerning health and well-being, diseases, healthy living, child development and many other topics for parents <u>www.cdc.gov</u>

Kids Health Information about health, behavior and development from birth through the teen years <u>www.kidshealth.org</u>

Kids National Geographic Play games, watch videos, learn about animals and places and get fun facts. <u>www.kids.nationalgeorgraphic.com</u>

Stop Bullying Federal government website managed by the U.S. Department of Health and Human Services to prevent and stop bullying. www.stopbullying.gov

Highlights Kids https://www.highlightskids.com/

HOTLINES AND HELPLINES

The National Suicide Prevention Lifeline

1-800-273-TALK (8255)

The National Suicide Prevention Lifeline provides free and confidential emotional support to individuals experiencing a suicidal crisis or emotional distress via telephone or chat 24 hours a day, 7 days a week. <u>http://www.suicidepreventionlifeline.org/</u> La Red Nacional de Prevencion del Suicidio 1-888-628-9454 National Suicide Prevention Lifeline for Spanish Speaking Individuals hppt://www.suicidepreventionlifeline.org/gethelp/Spanish.aspx/

Veterans Crisis Line 1-800-273-8255, Press 1 Veterans, active Duty, Reserve, Guard and their family and friends can call, <u>chat online</u>, Or send a text message to 838255 to receive confidential support 24 hours a day, 7 days a week. <u>hppt://www.veterans crisis line.net/</u>

National Treatment Referral Helpline

1-800-622-HELP 94357)

A free, confidential, 24/7, 365-day-a-year treatment referral and information service (in English and Spanish) for individuals and families facing mental health and/or substance use disorders. https://findtreaments.samhsa.gov/

Disaster Distress Helpline

1-800-985-5990

TTY for Deaf/Hearing Impaired: 1-800-846-8517

If you or someone you know has been affected by a natural or human-caused disaster and needs immediate assistance, please call the toll-free number of text "TalkWithUs" to 66746 for information, support and counseling. http://www/disaster distress.samhsa.gov/

National Problem Gambling Helpline

1-800-522-4700 Text 1-800-522-4700

A national helpline, text and chat service that provides support and information on local resources for those seeking help for a gambling problem.

http://www.ncgambling.org/help-treament/natinal-helpline-1-800-522-4700/

Boys Town National Hotline

1-800-448-3000

Text "Voice" to 20121, every day from 7 pm-1am Eastern Time.

The Boys Town National Hotline is a toll free number available to kids, teens and young adults at any time. Please contact us if you're depressed, contemplating suicide, being physically or sexually abused, on the run, addicted, threatened by gang violence, fighting with a friend or parent, or if you are faced with an overwhelming challenge. Online chat and email support is available at their website.

http://www.yourlifeyourvioce.org/Pages/home.aspx/

National Sexual Assault Hotline

1-800-656-HOPE (4673)

A national hotline and chat service providing free confidential help for sexual assault victims and their friends and families.

http://ohl.rainn.org/online?

National Parent Helpline

1-822-A4 PARENT (1-855-427-2736)

A TRAINED Parent Advocate is available to assist parents and caregivers of children and youth of all ages. Hours: Monday-Friday from 1pm to 8pm, Eastern Time.

IMAlive

An online crisis center that is a part of the Hopeline Network that provides crisis intervention services via online chat. <u>https://www.inalive.org/</u>

National Runaway Safeline 1-800-RUNAWAY (1-800-427-2736) A national hotline and chat service for teens who have runaway or who are considering leaving home. http://www.1800runaway.org/

Love is Respect 1-866-331-9474 Text "loveis" to 25522*. A resource to engage, education and empower young people to prevent and end abusive relationships. Free and confidential phone, live chat and texting services are available 24/7/365. http://www.lovisrespect.org/

National Domestic Violence Hotline 1-800-799-7233 I 1-800-787-3224 A national hotline and chat service that provides lifesaving tools and immediate support to enable victims to find safety and live lives free of abuse. <u>http://www.thehotline.org/</u> <u>Military One Source</u> 1-800-342-9647 24 hour Resource for Military Members, Spouses and Families http://www.militaryonesource.mil/

Kentucky Department of Corrections Reentry Resources

(877) 466-2834

A 24-hour telephone community information and referral helpline and online resource guide for Kentucky. <u>http://corrections.ky.gov/reentry/Pages/Pre-ReleaseCommunityResources.aspx</u>

Kentucky Suicide Prevention Group

A grassroots organization dedicated to supporting prevention, intervention, and postvention services throughout Kentucky.

http://kentuckysuicideprevention.org/

University of Kentucky-Lexington Survivors of Suicide Loss Support Group An open group for those who have lost a family member or friend due to death by suicide. https://www.facebook.com/ukdosgrouop

Kentucky Association of Sexual Assault Programs

- Provides counseling for victims and family.
- Medical and legal advocacy.
- Mental health support and referrals to appropriate community resources. Assistance with Crime Victims Compensation Fund. <u>https://www.kasap.org/</u>