



# Community Resource Guide

Updated April 2024

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## **GATEWAY COMMUNITY ACTION PROGRAMS**

### **Community Services Block Grant Programs:**

#### **Education Assistance**

Support for those working toward education. Expenses such as gas cards, text books, and other educational supplies may be covered. A \$500 scholarship is awarded to an eligible recipient in each of the five counties that are pursuing education beyond high school graduation.

#### **Emergency Services**

Offer support to individuals in an emergency situation where food, clothing, emergency shelter, medical services or transportation to obtain medical treatment may be needed. Services are provided within 72 hours.

#### **Employment Assistance**

Supportive services to individuals that are working and/or pursuing employment such as gas cards to start employment, work supplies/equipment, uniforms, etc.

#### **Housing Assistance**

Help with utility deposits and partial rent/mortgage payments to avoid eviction and/or becoming homeless.

#### **Self Sufficiency**

Available to individuals working toward their GED or other educational needs that lead to obtaining employment.

#### **Senior Care**

Assistance for individuals 55+ with prescriptions, utility bills, fuel for medical visits, food and medical equipment.

#### **DEAP, HEA, EAP, Heart and Thaw Programs**

These programs are offered to low income families who demonstrate a financial need with utility costs. Credits may be applied to their account in certain winter and summer months.

#### **Commodities**

Individuals must be 60+ years to be eligible for the supplemental food program. Once all slots are filled, individuals are placed on a waitlist. Services are provided in Bath, Menifee and Montgomery counties.

#### **Farmers Market**

Vouchers for Montgomery County residents which can be used at any farmers market located in Montgomery County.

#### **Winter Care**

KU, Columbia Gas, Delta Gas, Licking Valley and Fleming Mason customers donate to build this fund. To be eligible, individuals must be a customer of one of these utility companies.

#### **Goodwill Voucher Program**

Assistance for individuals and families experiencing events that place them in need of items that can be obtained at Goodwill Store locations.

#### **Low Income Home Energy Assistance Program (LIHEAP)**

Provides heating assistance to low income clients. LiHeap Subsidy runs through November and mid-December. LiHeap Crisis runs from January through March or until funds are depleted. Contact the Outreach Office for assistance and make an appointment.

### Kynect Program

Assists clients in finding appropriate health insurance coverage, benefits, such as food assistance (SNAP), Medicaid, child care assistance, financial aid for children and caregivers (KTAP) and local resources to help with food, transportation, housing, employment, finances, physical and mental health.

**Kynect Health Coverage** 1-855-459-6328, (855-4kynect)  
**Rowan** 606-359-5020  
**Morgan/Menifee** 606-495-5362  
**Montgomery/Bath** 606-495-1423

### Home Tenant Based Rental Assistance

Provides rental assistance to help pay the cost of monthly rent and utility costs when funds are available.

### Montgomery County Transit

Provides transportation throughout Montgomery County.

### Kentucky Career Center JobSight

Assists in training, job search, resume writing and Job Club. Call 606-743-3133 for more information or assistance or e-mail [kcc@gatewaycaa.org](mailto:kcc@gatewaycaa.org).

### Weatherization

Reduces household energy consumption, reduces the health and safety risk and improves comfort of participating homes.

### Fatherhood FIRE

Provides job coaching, financial literacy, healthy relationship and parenting workshops. The objective of the program is to improve the economic, financial, parenting and relationship well-being of fathers who are incarcerated or part of an addiction recovery program.

### Healthy Relationship FRAMEWorks

Provides education for healthy relationships, including conflict management and financial success. Parent and job coaching workshops are also available. This program serves singles/couples married/unmarried, parents (biological, foster, adoptive, grandparents raising grandchildren, etc.).

### Head Start

Provides school readiness skills for 3 to 5-year-old children from low-income families. Head Start services include early learning, health and family well-being.

#### **Bath County**

##### **Bath County Head Start**

103 Kendall Springs Avenue  
Owingsville, KY. 40360  
Family Advocate  
800-927-1833 Ext. 1301

#### **Menifee County**

##### **Botts Head Start**

6882 US Hwy 460 East  
Denniston, KY 40316  
Family Advocate  
800-927-1833 Ext. 2305

#### **Montgomery County**

##### **Camargo Head Start**

4307 Camargo Rd.  
Mt. Sterling, KY 40353

##### **Northview Head Start**

1040 Maysville Rd.  
Mt. Sterling, KY 40353

Family Advocate  
800-927-1833 Ext. 3300  
**MSE Head Start**  
6601 Indian Mound Dr.  
Mt. Sterling, KY 40353  
Family Advocate  
800-927-1833 Ext. 3310

**Morgan County**  
**East Valley Head Start**  
7585 Hwy 172  
West Liberty, KY 41472  
Family Advocate  
800-927-1833 Ext. 4300

**Wrigley Head Start**  
7430 Hwy 7  
West Liberty, KY 41472  
Family Advocate  
800-927-1833 Ext. 4320

**Rowan County**  
**Rowan County Head Start**  
551 Viking Drive  
Morehead, KY 40351  
Family Advocate  
800-927-1833 Ext. 5300

### [Early Head Start](#)

Early Head Start provides family centered services for low-income families with very young children (from birth to three) to promote the development of the children. Early head start services include early learning, health, and family well-being.

**Menifee County**  
Menifee County Early Head Start  
6882 US HWY 460E  
Denniston, KY. 40316  
Family Advocate  
800-927-1833 Ext. 2305

**Montgomery County**  
Montgomery County Early Head Start  
118 Maloney Way, Suite 4520  
Mt. Sterling, KY. 40353  
Family Advocate  
800-927-1833 Ext. 3200

**Morgan County**  
Morgan County Early Head Start  
450 Prestonsburg Street  
West Liberty, KY. 41472  
Family Advocate  
800-927-1833 Ext. 4200

**Rowan County**  
Rowan County Early Head Start  
289 Old Flemingsburg Road  
Morehead, Ky. 40351 - Family Advocate: 800-927-1833 Ext. 5200

Family Advocate  
800-927-1833 Ext. 3330  
**Mapleton Head Start**  
809 Indian Mound Drive  
Mt. Sterling, KY 40353  
Family Advocate  
800-927-1833 Ext. 3320

**Morgan Central Head Start**  
3201 Hwy 460  
West Liberty, KY 41472  
Family Advocate  
800-927-1833 Ext. 4310

## GATEWAY COMMUNITY ACTION OUTREACH OFFICES

### **Bath County Outreach Office**

23 Cedar Creek Drive  
Owingsville, KY 40360  
Outreach Worker  
800-927-1833

### **Menifee County Outreach Office**

28 Bible Camp Lane  
Frenchburg, KY 40322  
Outreach Worker  
800-927-1833

### **Montgomery County Outreach Office**

118 Maloney Way  
Mt. Sterling, KY. 40353  
Outreach Worker  
800-927-1833

### **Morgan County Outreach Office**

151 University Drive  
West Liberty, KY 41472  
Outreach Worker  
800-927-1833

### **Rowan County Outreach Office**

136 Lee Ave, Suite A  
Morehead, KY. 40351  
Outreach Worker  
800-927-1833

## DEPARTMENT FOR COMMUNITY BASED SERVICES

### **Bath County**

Community Based Services  
47 Cedar Creek Drive  
Owingsville, KY. 40360  
888-351-8901  
606-674-6308  
Child Support  
606-674-9624

### **Morgan County**

Community Based Services  
405 Prestonsburg Street  
West Liberty, KY. 41472  
606-743-3158

### **Menifee County**

Community Based Services  
784A Hwy 36  
Frenchburg, KY. 40322  
855-306-8959

### **Rowan County**

511 Hecks Place  
Morehead, KY. 40351  
855-306-8959

### **Montgomery County**

108 E. Locust Street  
Mt. Sterling, KY. 40353  
855-306-8959

## EMPLOYMENT SERVICES

### [Kentucky Career Center](#)

#### **Services include:**

- Assist in finding job openings
- Screen and test for jobs that match clients skill level
- Fund eligible on-the-job training and customized training needs
- Provide services to help both employer and employees when facing layoffs or other major issues

### **Montgomery County Office**

44 W. Main Street  
Mt. Sterling, KY. 40353  
859-274-8480

### **Rowan County Office**

1225 US 60 W, Suite 106  
Morehead, KY. 40351  
606-783-8525



**Menifee County**

Kentucky Career Center JobSight  
28B Bible Camp Lane  
Frenchburg, KY. 40322  
606-743-3133

**Montgomery County**

Adecco Employment Services  
211 Young Lane, Suite 2  
Mt. Sterling, KY. 40353  
859-498-1444

**Tipton's Temporaries**

37 S. Maysville Street  
Mt. Sterling, KY. 40353  
859-498-7611

**Kelly Services**

1107B. Indian Mound Drive  
Mt. Sterling, KY. 40353  
859-499-4137  
859-499-4163

**Rowan County**

Kentucky Staffing Solutions  
575 West Main Street  
Morehead, KY. 40351  
606-783-1140

**Morgan County**

Kentucky Career Center JobSight  
151 University Drive  
West Liberty, KY. 41472  
606-743-3133

**Montgomery County**

Nesco Resources  
100 Chandler Ln., Suite 5  
Mt. Sterling, KY. 40353  
859-497-7059

**Luttrell Staffing**

601 Doe Run, Suite 4  
Mt. Sterling, KY. 40353  
859-520-3815

**COOPERATIVE EXTENSION SERVICES**

**Bath County**

Cooperative Extension Service  
2914 E. Hwy 60  
Owingsville, KY. 40360  
606-674-6121

**Menifee County**

Cooperative Extension Service  
140 Main Street  
Frenchburg, KY. 40322  
606-768-3866

**Montgomery County**

Cooperative Extension Service  
106 E. Locust Street  
Mt. Sterling, KY. 40353  
859-498-8741

**Morgan County**

Cooperative Extension Service  
1009 Hwy 172  
West Liberty, KY. 41472  
606-743-3292

**Rowan County**

Cooperative Extension Service  
600 W. Main Street  
Morehead, KY. 40351  
606-784-5457

**KENTUCKY DEPARTMENT OF VETERANS AFFAIRS**

**For Bath and Menifee Counties:**

Call 502-330-7381 for appointment

**Montgomery County**

Courthouse Annex  
44 W. Main Street, Suite B  
Mt. Sterling, KY. 40353  
859-498-8707

**Rowan County**

Veterans Administration Clinic  
333 Beacon Hill Road, Suite 100  
Morehead, KY. 40351  
606-784-3004

**24 Hour VA Crisis Hotline**

1-800-273-TALK (8255)

**Military Housing Assistance**

1231 Louisville Road  
Frankfort, KY. 40601  
800-633-8896

**Morgan County**

Morgan County Public Library  
151 University Drive  
West Liberty, KY. 41472  
606-743-4151

**Federal Veterans Center**

1500 Leestown Road  
Lexington, KY 40507  
859-253-0717

**KENTUCKY CHILD SUPPORT**

**Bath County**

Office Location  
100 North Court Street  
P.O. Box 539  
Owingsville, KY. 40360  
606-674-9624  
Fax: 606-674-2666

**Montgomery County**

Office Location  
44 W. Main Street  
Suite F  
Mt. Sterling, KY. 40353  
859-498-8718  
Fax: 859-498-8792

**Rowan County**

Office Location  
600 W. Main Street  
Morehead, KY 40351  
606-784-2225  
FAX: 606-784-2477

**Menifee County**

Office Location  
49 Main Street  
P.O. Box 253  
Frenchburg, KY 40322-0253  
606-768-3946  
Fax: 606-768-3946

**Morgan County**

Office Location  
527 Main Street  
West Liberty, KY 41472  
606-743-1000  
Fax: 606-743-1001

**LIBRARIES**

**Bath County Memorial Library**

24 West Main Street  
Owingsville, KY. 40360  
606-674-2531

**Bath County Memorial Library**

**Sharpsburg Branch**  
7781 West Tunnel Hill Road  
Sharpsburg, KY. 40374  
606-274-2100

**Menifee County**  
**Menifee County Public Library**  
1585 Main Street  
Frenchburg, KY. 40322  
606-768-2212

**Montgomery County**  
**Montgomery County Public Library**  
328 N. Maysville  
Mt. Sterling, KY. 40353  
859-498-2404

**Montgomery County Public Library**  
Camargo Branch  
4406 Camargo Road  
Mt. Sterling, KY. 40353  
859-499-4244

**Morgan County**  
**Morgan County Public Library**  
151 University Drive  
West Liberty, KY. 41472  
606-743-4151

**Rowan County**  
**Rowan County Public Library**  
175 Beacon Hill  
Morehead, KY. 40351  
606-784-7137

## LEGAL SERVICES

### Legal Aid of the Bluegrass

Strives to resolve the most important problems of low income and other vulnerable people by providing high quality legal assistance through direct representation, education, advice, advocacy and coordination with other community resources.

The Morehead office serves all Gateway counties: **Bath, Menifee, Montgomery, Morgan and Rowan**

**Morehead Office**  
546 E. Main Street, Suite 1  
Morehead, KY. 40351  
606-784-8921  
1-800-274-5863

**Montgomery Co. Legal Aid & Pro Bono**  
Justia Lawyers  
400 Old Vine Street, Suite 203  
Lexington, KY 40507  
606-255-9913

## ADULT BASIC EDUCATION PROGRAMS

**Bath County**  
**MSU-Bath County/Bath County Adult Education**  
19 Water Street  
Owingsville, KY. 40360  
606-674-2210

**Menifee County**  
**Menifee County Adult Education**  
826 Hwy 36  
Frenchburg, KY. 40322  
606-768-9741

**Montgomery County**  
**MSU-Montgomery County Skills U**  
640 Woodford Drive  
Mt. Sterling, KY 40353  
859-499-0760

**Montgomery Co. Adult Education**  
640 Woodford Drive  
Mt. Sterling, KY 40353  
859-499-0760

**Morgan County**  
**MSU-Morgan County Skills U**  
155 University Drive  
West Liberty, KY 41472  
606-743-1500

**Rowan County**  
**SU-Rowan County Skills U**  
103 Educational Building  
627 E. Main Street  
Morehead, KY 40351  
606-783-2871

**Morehead State University**  
**Adult Learning Center**  
211-D Education Services Bldg.  
627 E. Main Street  
Morehead, KY 40351  
606-783-9531, 606-783-2871  
[j.mckinney@moreheadstate.edu](mailto:j.mckinney@moreheadstate.edu)  
<https://moreheadstate.edu/academics/regional-outreach/adult-learning-center/>

## **EDUCATIONAL ASSISTANCE SERVICES**

### **Talent Search Program**

Identifies and assists individuals from disadvantaged backgrounds who have the potential to succeed in higher education. Grades 6-12

Educational Talent Search  
Morehead State University  
627 E. Main Street  
Morehead, KY. 40351  
606-783-2977

[www.moreheadstate.edu/talentsearch/](http://www.moreheadstate.edu/talentsearch/)

Serves all Gateway counties

### **Kentucky Career Center JobSight**

Assists with paid training such as CDL, Nursing, Lineman, etc.

Can pay tuition and supportive services such as gas cards or other needed items to complete training.

Serving Menifee and Morgan Counties

606-733-3133

[kcc@gatewaycaa.org](mailto:kcc@gatewaycaa.org)

## **COMMONWEALTH EDUCATIONAL OPPORTUNITY CENTER**

Serves adults nineteen years and older in thirty-six counties in Eastern Kentucky that have a desire to enroll in post-secondary education or training. Groups may include high school seniors if not served by a Talent Search program, Veterans and their families, homeless or at risk of becoming homeless, foster youth, incarcerated individuals or those in treatment, enrolled in alternative education, vocational education, those wanting to transfer schools and those working to obtain a GED.

### **Commonwealth Educational Opportunity Center**

600 W. Main Street  
Morehead, KY. 40351

Bath, Menifee, Morgan and Rowan Counties

1-800-333-3621

606-783-2063

Montgomery County

1-800-333-3621

**Kentucky Higher Education Assistance Authority**

Provides information to middle, high school and the general public about educational and financial aid opportunities. Provides financial aid to Kentucky citizens.

**Northeastern Kentucky Outreach Eastern Kentucky Outreach Counselor Counselor**

Serving Bath, Menifee, Montgomery Serving Morgan County And Rowan Counties 606-205-8810

606-776-3030

**AREA UNIVERSITIES/COMMUNITY AND TECHNICAL COLLEGES**

The following Kentucky Community and Technical Colleges provide:

- Technical degrees that prepare students for a well-paying career in 2 years of less,
- Apprenticeship-style programs that provide learning opportunities in the classroom and on the job
- Transfer degrees to any of Kentucky's four-year universities

**Ashland Community and Technical College**

1400 College Drive

Ashland, KY. 41101

606-336-2000 Or 1-800-928-4256

**Bluegrass Community and Technical College**

470 Cooper Drive

Lexington, KY. 40506-0235

855-246-2477

**Big Sandy Community and Technical College**

Campuses located in Prestonsburg, Pikeville, Paintsville and Hager Hill 1 Bert T. Combs Drive

Prestonsburg, KY. 44653

606-886-3863

(865)GO-BSCTC

**Hazard Community and Technical College**

One Community College Drive

Hazard, KY. 41701

606-436-5721 or 800-246-7521

**Maysville Community and Technical College**

1765 US Hwy. 68

Maysville, KY. 41056

606-759-7141

**Maysville Community and Technical College - Montgomery**

**Campus** 201 Calk Ave.

Mt. Sterling, KY. 40353

859-499-6282

**Morehead State University**

150 University Blvd.  
Morehead, KY. 40351  
1-800-585-6781

**University of Pikeville**

147 Sycamore Street  
Pikeville, KY. 41501  
606-218-5250

Four year, private, not for profit liberal arts and sciences school Also home to one of three medical schools in Kentucky, the Kentucky College of Osteopathic Medicine and as of the fall semester of 2016, the home of the Kentucky College of Optometry.

**SCHOOLS/RESOURCE CENTERS**

Bath County

**Bath County Board of Education**

406 West Main Street  
Owingsville, KY. 40360  
606-674-6314

**Bath County High School**

645 Chenault Avenue  
Owingsville, KY. 40360  
606-674-6325  
606-674-6909

**Bath County Middle School**

385 West Main Street  
Owingsville, KY. 40360  
606-674-8165

**Crossroads Elementary School**

4755 Hwy 60  
Owingsville, KY. 40360  
606-674-2101

**Owingsville Elementary School**

50 Chenault Drive  
Owingsville, KY. 40360  
606-674-2722

**Bath County Youth Service Center**

335 West Main Street  
Owingsville, KY. 40360  
CES: 606-674-2101, Ext. 5159  
OES: 606-674-2722, Ext. 3506  
BCMS: 606-674-8165  
BCHS: 606-674-6325, Ext. 4430

Menifee County

**Menifee County Board of Education**

440 Wynn Flat Road  
Frenchburg, KY. 40322  
606-768-8002

**Menifee Central**

359 Wynn Flat Road  
Frenchburg, Ky 40322  
606-768-8402

**Family Resource Center**

606-768-8025

**Youth Service Center**

606-768-8025  
Fax: 606-768-8450

**Menifee County High School**

119 Indian Creek Road  
Frenchburg, KY. 40322  
606-768-8102

**Menifee Job Corp**

6969 Tarr Ridge  
Frenchburg, KY. 40322  
606-768-2111

**Youth Service Center**

606-768-8102  
Fax: 606-768-8200

## Montgomery County

### **Montgomery County Board of Education**

3400 Indian Mound Drive  
Mt. Sterling, KY. 40353  
859-497-8760

### **Mt. Sterling Elementary School**

6601 Indian Mound Drive  
Mt. Sterling, KY. 40353  
859-497-8730

### **Montgomery County High School**

724 Woodford Drive  
Mt. Sterling, KY. 40353  
859-497-8765

### **Mapleton FRC**

809 Indian Mound Dr.  
Mt. Sterling, KY. 40353  
859-497-8752

### **Northview Elementary**

1040 Maysville Road  
Mt. Sterling, KY. 40353  
859-497-8703

### **Montgomery County Accelerated Academy**

700 Woodford Drive  
Mt. Sterling, KY. 40353  
859-497-8765

### **Camargo FRC**

4307 Camargo Road  
Mt. Sterling, KY 40353  
859-497-8776

## Morgan County

### **Morgan County Board of Education**

151 University Drive  
West Liberty, KY. 41472  
606-743-8002

### **East Valley Elementary School**

7585 Hwy  
West Liberty, KY. 41472  
606-522-8152

### **Morgan Middle School**

380 Road to Success  
West Liberty, KY. 41472  
606-743-8102

### **Camargo Elementary School**

4307 Camargo Road  
Mt. Sterling, KY. 40353  
859-498-8776 or 859-798-8775

### **Mapleton Elementary School**

809 Indian Mound Drive  
Mt. Sterling, KY. 40353  
859-497-8752

### **McNabb Middle School**

3570 Indian Mound Drive  
Mt. Sterling, KY. 40353  
859-497-8770

### **FRC - Mt. Sterling Elementary**

6601 Indian Mound Rd.  
Mt. Sterling, KY. 40353  
859-497-8726

### **The Sterling School**

724 Woodford Drive  
Mt. Sterling, KY. 41472  
859-497-8761

### **Montgomery County Youth Service Center (6th-12th)**

724 Woodford Drive  
Mt. Sterling, KY. 41472  
859-497-8765

### **Morgan County High School**

150 Road to Success  
West Liberty, KY. 41472  
606-743-8052

### **Ezel Elementary School**

172 31 Walnut Street  
Ezel, KY. 41425  
606-725-8202

### **Morgan Central Elementary School**

3201 Hwy 460 West  
West Liberty, KY. 41472  
606-743-8552

**Wrigley Elementary School**

7490 Hwy 7  
West Liberty, KY. 41472  
606-743-8302

**Ezel FRC**

31 Walnut Street  
Ezel, KY. 41425  
606-725-8208

**Morgan County High Youth Service Center**

150 Road to Success  
West Liberty, KY. 41472  
606-743-8073

Rowan County

**Rowan County Board of Education**

551 Viking Dr.  
Morehead, KY. 40351  
606-784-8928

**Clearfield Elementary School**

460 McBrayer Road  
Clearfield, KY. 40313  
606-784-5792

**Family Resource**

606-784-2653

**Rodburn Elementary School**

91 Christy Creek  
Morehead, KY. 40351  
606-784-3000

**Family Resource Center**

606-784-9211

**Rowan County Middle School**

555 Viking Drive  
Morehead, KY. 40351  
606-784-8911

**Family Resource Center**

606-784-6305

**Bluegrass Discovery Academy**

415 W. Sun Street  
Morehead, KY. 40351  
606-780-9992

**Morgan Middle Youth Service Center**

380 Road to Success  
West Liberty, KY. 41472  
606-743-8113

**Morgan Central FRC**

3201 Hwy 460  
West Liberty, KY. 41472  
606-743-8432

**Rowan County High School**

499 Viking Drive  
Morehead, KY. 40351  
606-784-8956

**Family Resource Center**

606-784-0029

**McBrayer Elementary School**

550 Viking Drive  
Morehead, KY. 40351  
606-784-1204

**Family Resource Center**

606-784-5383

**Tilden Hogge Elementary School**

955 Cranston Road  
Morehead, KY. 40351  
606-784-4604

**Family Resource Center**

606-784-8927

**Rowan County Preschool**

551 Viking Dr.  
Morehead, KY. 40351  
606-784-7721



## CHILD CARE SERVICES

### Bath County

**Bath County Board of Education  
Owingsville Elementary**  
School Age Child Care  
50 Chenault Drive  
Owingsville, KY 40360  
606-674-2722

**Bath County Board of Education  
Crossroads Elementary**  
School Age Child Care  
4755 E. Hwy. 60  
Owingsville, KY 40360  
606-674-2101

**Owingsville Baptist Church Daycare**  
92 Coyle Street  
Owingsville, KY. 40360  
606-674-2055

### Montgomery County

**First Church of God**  
1051 Camargo Road  
Mt. Sterling, KY. 40353  
859-498-7914

**Playground Station Inc.**  
3062 Old Owingsville Road  
Mt Sterling, KY. 40353  
859-498-9927

**Christian Traditional School, Inc.**  
4322 Camargo Rd.  
Mt. Sterling, KY. 40353  
859-498-1565

**Mapleton After School Child Care**  
809 Indian Mound Drive  
Mt. Sterling, KY. 40353  
859-497-6424  
Fax 859-497-6423

**Northview After School Child Care**  
1040 Maysville Road  
Mt. Sterling, KY. 40353  
859-497-6424  
Fax 859-497-6423

### Montgomery County Certified Homes

**RugRats**  
**Joyce Lee Brewer**  
153 Westside Drive  
Mt. Sterling, KY. 40353  
859-585-2742

**Camargo After School Child Care**  
4307 Indian Mound Drive  
Mt. Sterling, Ky. 40353  
859-497-6424

**Tiny Blessings Daycare & Preschool**  
846 Grassy Lick Road  
Mt. Sterling, KY. 40353  
859-499-0016

**MSE After School Child Care**  
6601 Indian Mound Drive  
Mt. Sterling, KY. 40353  
859-497-6424  
Fax 497-6423

## Morgan County

### **Baby's Day Inn**

909 Prestonsburg Street  
West Liberty, KY. 41472  
606-743-1751

### **Pooh's Corner**

Certified Home  
41 Hwy 191  
West Liberty, KY. 41472  
606-743-2172

## Rowan County

### **Bizzy Bears Child Care**

234 West First Street  
Morehead, KY. 40351  
606-780-0121  
Mon-Sat. 5:00 a.m. - 12:30 a.m.  
Ages 6 wks-12 years

### **Kids Academy**

4151 KY. 801N  
Morehead, KY. 40351  
606-780-9277  
Mon-Fri. 6:00 a.m. - 6:00 p.m.

### **Kidz Kare Childhood Develop.**

147 East First Street  
Morehead, KY. 40351  
606-784-7152  
Mon-Fri. 6:30 a.m. -  
Ages 2-5 years only

### **Lakeside Christian Academy Preschool Program**

2535 US Hwy 60 West  
Morehead, KY. 40351  
606-784-2751  
7:30 a.m.-5:30 p.m.

### **Munchkin Academy**

180 Christy Creek  
Morehead, KY. 40351  
606-783-0411  
Mon-Fri. 5 a.m.-6:00 p.m. 6 wks-2

### **Rowan County Child Care**

551 Viking Dr.  
Morehead, KY. 40351  
606-784-7721  
(Available to children enrolled in Rowan  
(Co. Preschool or Head Start only)

### **Marsha's Day Care**

28 Clayton Avenue  
Morehead, KY. 40351  
606-783-1321

### **Bangin' Blocks Childcare**

350 Pinecrest Dr.  
Morehead, KY. 40351  
7:00 a.m. - 5:00 p.m.

## **CHILD CARE RESOURCE AND REFERRAL AGENCIES**

### **Find Kentucky Kid Care**

Statewide Toll Free Number 877-316-3552

**Head Start centers** are listed on pages 2 and 3 of this booklet. Head Start provides educational and family services for young children enrolled in the program and is not a traditional day care program. For more information, please contact the Family Advocate listed for each center.

## CLOTHING ASSISTANCE

### Menifee County

#### **Bethel Baptist Church**

926 Hwy 36  
Frenchburg, KY. 40322  
606-768-3768

#### **Project Worth Outreach**

72 Industrial Park Rd.  
Frenchburg, KY 40322  
606-768-6384

### Montgomery County

#### **Montgomery County Homeless Coalition**

##### **Goodwill Industries**

900 Indian Mound Drive  
Mt. Sterling, KY 40353  
859-497-0003

##### **Montgomery Co. Health & Civic Center**

108 E. Locust Street  
Mt. Sterling, KY 40353  
859-498-3808

### Morgan County

#### **United Methodist Opportunity Store**

691 Gardner Drive  
West Liberty, KY. 41472  
Mon-Fri. 9:00 a.m.-5:00 p.m.  
Saturday 9:00 a.m. - 4:00 p.m.  
606-743-1278

### Rowan County

#### **Christian Social Services**

1466 E. Main St.  
Morehead, KY 40351  
606-784-0062 or 606-784-5329

#### **Goodwill Industries**

206 Kroger Center  
Morehead, KY 40351  
606-783-0022

#### **Helping Hand**

204 Morehead Plaza  
Morehead, KY 40351  
606-780-9704

## FOOD ASSISTANCE

### Bath County

#### **Bath County Farmers Market**

Intersection of 1-64 and US 60 at Exit 123  
June - October  
606-674-6121

### Menifee County

#### **Dayspring Food Pantry**

1517 Main Street  
Frenchburg, KY. 40322  
606-768-2048

#### **Menifee County Farmers Market**

Back Street-Frenchburg  
July-October

### Montgomery County

#### **Camargo Church of God**

##### **Ella's Outreach**

4322 Camargo Road 4507  
Mt. Sterling, KY. 40353  
859-498-0702

Provides food to needy families and individuals.  
Requirements are to be a Montgomery County  
resident, bring income level and number in  
household. Services available on the first and  
third Thursday of the month from 12:00 a.m. to 6:00 p.m.  
2nd and 4th Thursday from 3:00 p.m. to 6:00 p.m.

#### **Church of the Harvest**

2450 Osborne Road  
Mt. Sterling, KY. 40353  
859-498-7983

Offers a variety of services including the  
Angel Food Program, Alcoholics Anonymous,  
Families of Addicted Loved Ones, and Bible  
classes through Alpha Bible College.

#### **Gateway Christian Church**

801 Winchester Road  
Mt. Sterling, KY. 40353  
859-498-3876

Offers support services including food  
and financial support

#### **Project Worth & Outreach**

72 Industrial Park Road  
Means, KY. 40346  
606-768-6384

#### **Senior Commodity Program**

##### **Gateway CAA**

28 Bible Camp Lane  
Frenchburg KY. 40322  
606-743-3133

#### **Camargo United Methodist Church**

Old Fort Food Pantry  
Camargo Road  
Mt. Sterling, KY. 40353  
859-497-1184  
Social Security number and photo  
identification required. Supply vegetables  
and non-perishable and staple items.

#### **Sterling Community Food Coalition**

515 Maysville Road  
Mt. Sterling, KY. 40353  
[www.sterlingcommunityfoodcoalition.org](http://www.sterlingcommunityfoodcoalition.org)  
888-765-7232

## Morgan County

### **Christ's Pantry**

304 Prestonsburg Street  
West Liberty, KY. 41472  
606-743-4356  
Mon. 4:00 p.m. - 6:00 p.m.  
Must have proof of residency, income and household size.

### **Tree of Life Ministries, Inc.**

87 Redwine Road  
West Liberty, KY. 41472  
Angela Lewis  
606-495-0327/743-7000

## Rowan County

### **Bluebank Church Ministry**

1019 West Main Street  
Morehead, KY. 40351  
606-780-1090, 606-784-2858

### **Christian Social Services**

1446 East Main Street  
Morehead, KY. 40351  
606-784-5329

### **God's Pantry Food Bank**

100 Carolyn Ingram Drive  
Morehead, KY. 40351  
606-784-5555

### **Rowan County Farmers Market**

Corner of US 60 and Bridge Street  
near the entrance of Morehead City Park  
Morehead, KY. 40351  
Open Wednesday and Saturday

### **Morehead Gateway Helping Hands**

204 Morehead Plaza  
P.O. Box 316  
Morehead, KY. 40351  
606-780-9704  
Can call Monday-Thursday and leave name and number and will be called back.

### **Johnson First Church of God Food Pantry**

590 Cranston Road  
Morehead, KY. 40351  
606-462-3444, 606-784-8692  
Can get assistance every two months.  
Must have proof of Rowan Co. residency.

## **EMERGENCY ASSISTANCE AND SHELTERS**

### American Red Cross

Eastern Kentucky Chapter  
4201 Blackburn Avenue  
Ashland, KY. 41101  
606-325-1626

#### **Services Include:**

- Disaster relief-provide shelter, food, health and mental health services to help families and entire communities get back on their feet.
- Supporting military families-help families prepare for, cope with and respond to the challenges of military service
- Lifesaving blood-largest single supplier of blood and blood products in the U.S. • Health and safety services-leading provider of health and safety courses, such as CPR, First Aid, and Lifeguard training.
- International services-part of the world's largest humanitarian network with 13 million volunteers in 187 countries.

### [D.O.V.E.S. of Gateway](#)

P.O. Box 1012  
Morehead, KY. 40351  
(800)221-4361-Crisis Line  
606-784-6880-Business Office

Serves victims of domestic violence. (9 beds with a capacity of 28 beds for adults and children, length of stay varies.) Provides assistance for victims of domestic violence in all Gateway counties.

### [Gateway Homeless Coalition, Inc.](#)

P.O. Box 326  
695 Flemingsburg Road  
Morehead, KY. 40351  
606-784-2668 or 877-627-5754

Offers emergency housing services, which includes shelter and food for homeless men, women and children. (17 bed capacity). Serves all Gateway counties. Services include shelter, case management and advocacy for individuals and families experiencing homelessness in the Gateway counties.

### [Gateway Children's Services](#)

37 N. Maysville  
Mt. Sterling, KY. 40353  
859-498-9892

Transitional housing program for male and female youth, length of stay based on need. (28 beds) Services include counseling, service referrals, education programs, emergency housing for youth at risk of abuse/safety issues, and serves all populations of youth at risk.

### [Montgomery County Ministerial Association](#)

P.O. Box 127  
Mt. Sterling, KY. 40351

Contact local churches or the police station for referrals. One night of lodging in a local motel for transients only; food assistance for transient persons only.

### [Morehead Ministerial Association Baptist Church](#)

P.O. Box 328  
Morehead, KY. 40351  
606-784-7511

Food and lodging for one night only, transportation assistance

### [Morgan County Ministerial Association](#)

West Liberty, KY. 41472  
606-743-7202

Food assistance, lodging and transportation assistance, (1 to 6 days of lodging assistance)

### Mountain Haven

1034 E. Main Street, Level 2  
Morehead, KY. 40351  
606-784-3337

24 Hour Emergency On Call-606-207-0916

Provides shelter and services to youth ages 12 to 17 who are runaway and/or homeless. DCBS youth also accepted.

[Facebook.com/rowansafeplace](https://www.facebook.com/rowansafeplace)

## HOUSING

### Bath County

#### **Beaver Creek Apartments**

270 Ramey Road  
Sharpsburg, KY. 40374  
606-768-6363

#### **Mountain View Estates**

358 Slate Avenue  
Owingsville, KY. 40360  
606-674-6778

### Menifee County

#### **Beaver Creek Apartments**

45 Beaver Creek Court  
Frenchburg, KY. 40322  
606-768-3672

#### **Menifee Housing Associates**

36 Motley Court  
Frenchburg, KY. 40322  
606-768-3672

### Montgomery County

#### **Doe Run Apartments**

1919 Doe Run  
Mt. Sterling, KY. 40353  
859-498-1344

#### **Indian Mound Manor Apartments**

108 Burley Avenue  
Mt. Sterling, KY. 40353  
859-498-4570

#### **Montgomery Square Apartments**

1376 Indian Mound Drive  
Mt. Sterling, KY. 40353  
859-498-4100

#### **Housing Authority of Owingsville**

**Bernard Heights**  
180 Kendall Springs Avenue  
Owingsville, KY. 40360  
606-674-2704

#### **Valley View Apartments**

143 Kendall Springs Avenue  
Owingsville, KY. 40360  
606-674-2553

#### **Frenchburg Apartments**

US Hwy 460  
Frenchburg, KY. 40322  
606-768-3398

#### **Walnut Grove Apartments**

40 Walnut Grove  
Frenchburg, KY. 40322  
606-768-6500

#### **Garden Springs Manor Apartments**

948 Shoemore Drive  
Mt. Sterling, KY. 40353  
859-498-4570

#### **Main Cross Apartments**

8 E. Main Street  
Mt. Sterling, KY. 40353  
859-498-7689

#### **Mt. Sterling Housing Authority**

335 Barnard Avenue  
Mt. Sterling, KY. 40353  
859-498-5592

**Springridge Apartments**

100 Summit Place  
Mt. Sterling, KY. 40353  
859-498-4731

**Sterling Oaks**

118 Ronameki Drive  
Mt. Sterling, KY. 40353  
606-329-8588

**Woodland Village**

8110 Main Street  
Jeffersonville, KY. 40337  
859-498-9608

Morgan County

**Frederick Place Apartments**

100 Liberty Heights Court  
West Liberty, KY. 41472  
606-743-4416

**Oak Ridge Apartments**

915 Liberty Road  
West Liberty, KY. 41472  
606-743-7388  
606-743-7314

Rowan County

**Habitat for Humanity**

123 E. Main Street  
Morehead, KY. 40351  
606-776-0022  
606-784-8404

**Clearfield Manor**

71 Fryl Street  
Clearfield, KY. 40313  
606-784-1966

**Ed Mabry Apartment Rentals**

350 Christy Creek  
Morehead, KY. 40351  
606-784-7575

**Housing Authority of Morehead**

200 Northstar Pl.  
Morehead, KY 40351  
Heritage Place 606-784-4314  
Divide Hill 606-784-1187  
Triplet View 606-784-8578

**McBrayer Manor Apartments**

950 McBrayer Branch Road  
Clearfield, KY. 40313  
606-683-3100, 606-784-5402

**Wood Hill Apartments**

801 Hawkins Drive  
Mt. Sterling, KY. 40353  
859-497-0883

**Main Street Apartments**

100 Bellamy Court  
West Liberty, KY. 41472  
606-743-3723

**Wells Hill Apartments**

939 Liberty Road  
West Liberty, KY. 41472  
606-743-4870

**Mountain View Apartments**

100 Rodburn Rd.  
Morehead, KY. 40351  
606-783-1787

**Eagle View Apartments**

947 McBrayer Road  
Clearfield, KY. 40313  
606-784-1082

**Frontier Housing**

5445 Flemingsburg Road  
Morehead, KY. 40351  
Home ownership - 606-784-2131 Ext. 241  
Rental housing: - 606-784-2131, Ext. 224

**Kentucky Housing Corporation**

Heritage Place  
1231 Louisville Road  
Frankfort, KY. 40601  
502-564-7630  
800-633-8896

**Fouch Rentals**

212 Barker Place  
Morehead, KY. 40351  
606-783-1993



**Mountain View Apartments**

100 Rodburn Hollow Road  
Morehead, KY. 40351  
606-783-1787

**Rbp, Inc.**

520 Oakwood Street  
Morehead, KY. 40351  
606-329-8588

**Pinnacle Apartment Homes**

150 Pinnacle Way  
Morehead, KY. 40351  
606-780-7606

**Pathway - Horizon Village**

100 Horizon Way  
Morehead, KY. 40351  
606-783-7293  
Seniors, Assisted Living, Low  
Income

**Pine Ridge Apartments**

300 Pine Ridge  
Morehead, KY. 40351  
844-207-4396

**Morehead KY Rentals**

P.O. Box 1242  
504 Flemingsburg Rd.  
Morehead, KY. 40531  
606-784-4322

**Cornerstone Rentals**

2100 US Hwy 60 E  
Morehead, KY. 40351  
606-783-1941

## HOME REPAIR LOANS/GRANTS

### United States Department of Agriculture - Rural Development

The US Department of Agriculture Rural Development operates over 50 financial assistance programs for a variety of rural applications. Listed below is a sample of existing programs and services for individuals. All programs and services may be accessed at the USDA Rural Development website with general and contact information for local Rural Development locations.

- Farm Labor Housing Direct Loans and Grants
- Household Water Well System Grants
- Individual Water and Wastewater Grants
- Multi-Family Housing Direct Loans
- Rural Energy for America Program Renewable Energy Systems and Energy Efficiency Improvement Loans and Grants
- SEARCH-Special Evaluation Assistance for Rural Communities and Households • Single Family Housing Direct Home Loans
- Single Family Housing Guaranteed Loan Program
- Single Family Housing Repair Loans and Grants
- Socially-Disadvantaged Groups Grants
- Value Added Producer Grants
- Single Family Housing Repair Loans and Grants
- Provides loans to very-low income homeowners to repair, improve or modernize homes or grants to elderly very-low income homeowners to remove health and safety hazards.

### Frontier Housing

5445 Flemingsburg Road  
Morehead, KY 40351  
606-784-2131, Ext. 241

Helps people across Kentucky with home loans. Many programs and options are available, even for those who have been turned down by a bank.

### HouseWorks Program

Helps Kentucky homeowners in rural communities pay for common household projects, such as plumbing problems, roof repairs, and nearly any critical improvement that makes a home more livable. Houseworks is the result of a partnership between USDA Rural Housing and the Kentucky Housing Corporation and applications for the program are available from the local USDA Rural Development office.

#### **Morehead Service Center**

220 West 1<sup>st</sup> Street  
Morehead, KY. 40351  
606-784-6447, Ext. 4

#### **Morgan County Farm Service Agency**

955 Prestonsburg Street  
West Liberty, KY. 41472  
Christopher Cantrell-Farm Loan Mgr.  
606-743-3410

#### **Mt. Sterling Service Center**

509 Willin Way  
Mt. Sterling, KY. 40353  
859-498-8907

## **MEDICAL SERVICES**

### Home Health Services

#### Montgomery County

##### **Amedisys**

101 Bruce Professional Park  
Mt. Sterling, KY. 40353  
859-498-5199

#### Morgan County

##### **Morgan Co. ARH Home Health Agency**

518 Main Street, Suite 1  
West Liberty, KY. 41471  
606-743-4371

#### Rowan County

##### **St. Claire Regional Home Health**

135 Hargis Avenue  
Morehead, KY. 40351  
606-784-8403

##### **St. Claire Regional Hospice**

201 Lyons Avenue  
Morehead, KY. 40351  
606-783-6812, 606-783-6808

##### **St. Claire Regional Palliative Medicine**

245 Flemingsburg Rd.  
Morehead, KY. 40351  
606-783-6804, 606-783-6812

Medical services focusing on relieving suffering and improving quality of life for anyone dealing with a serious, long-term illness. (Does not serve Morgan County)

## AMBULANCE SERVICES

Bath County Ambulance Service	911	606-674-8158
Menifee County Ambulance Service	911	606-768-3200
Montgomery County Ambulance Service	911	859-498-4357
Morgan County Ambulance Service	911	606-743-4700
Rowan County Ambulance Service	911	606-784-4333

## HEALTH SERVICES

### Clinics/Physicians

#### Bath County

**Community Family Clinic**  
17 Miller Drive  
Owingsville, KY. 40360  
606-674-3033

**New Hope Clinic**  
41 D. Court Street  
Owingsville, KY. 40360  
606-674-8822

**Sterling Health Care**  
44 Water Street  
Owingsville, KY. 40360  
606-974-9776

**Sharpsburg Medical Clinic**  
601 Main Street  
Sharpsburg, KY. 40374  
606-247-5006

**St. Claire Reg. Family Medicine**  
632 Slate Avenue  
Owingsville, KY. 40360  
606-674-6386

#### Menifee County

**Community Family Clinic**  
784 Hwy. 36, Frenchburg, KY. 40322  
606-768-9190

**St. Claire Family Medicine**  
732 Hwy. 36, Frenchburg, KY. 40322  
606-768-2191

#### Montgomery County

**Community Family Clinic**  
125 Foxglove Drive  
Mt. Sterling, KY. 40353  
859-498-3333

**Sterling Women's Care**  
635 Maysville Road, Suite A  
Mt. Sterling, KY. 40353  
859-498-2323

**St. Joseph Primary Care Associates**  
40 S. Bank Street  
Mt. Sterling, KY. 40351  
859-498-2815

**Family Care Clinic**  
129 Stone Trace  
Mt. Sterling, KY. 40353  
859-498-6006

**KY One Primary Care**  
103 Commonwealth Dr.  
Mt. Sterling, KY. 40353  
859-498-7716

**Means Adult Primary Clinic**

148 Skyview Drive  
Mt. Sterling, KY. 40353  
859-499-0717

**Mt. Sterling Pediatrics**

401 Commerce Circle  
Mt. Sterling, KY 40353  
859-498-5243

**Thomas Thornberry, MD**

Family Medicine  
227 Falcon Dr., Suite G-03  
Mt. Sterling, KY. 40353  
859-498-7345 or 859-215-7402 (New Patient)

**Brent Terrell, MD**

Urology  
227 Falcon Dr., Suite G-03  
Mt. Sterling, KY. 40353  
859-497-5580

**Dr. William Tracy Shultz**

Addiction Recovery, General Medicine  
(Ages 10 and up)  
105 Bruce Professional Plaza, Suite D  
Mt. Sterling, KY. 40353  
859-498-0082

**Sterling Health Solutions**

633 N. Maysville St.  
Mt. Sterling, KY. 40353  
859-404-7686

**Morgan County**

**Faith Family Practice**

Adams, MSN, FNP-  
801 Main Street  
West Liberty, KY. 41472  
606-743-1422

**Juniper Health Morgan Co.**

North Main Street  
West Liberty, KY. 41472  
606-743-4808

**Frederick Medical Clinic**

430 Liberty Road  
West Liberty, KY. 41472  
606-743-3114

**St. Claire Clinic**

805 Alexa Dr.  
Mt. Sterling, KY 40353  
859-498-9204

**Mt. Sterling Clinic**

100 Sterling Way, Suite 1  
Mt. Sterling, KY. 40353  
859-498-0200

**Post Clinic**

General Medicine  
15 Sterling Avenue  
Mt. Sterling, KY. 40353  
859-498-0231

**ARH Family Clinic**

1084 Hwy 7  
West Liberty, KY. 41472  
606-743-3065

**United Clinic**

633 Prestonsburg St.  
West Liberty, KY. 41472  
606-743-3477

**St. Claire Medical Pavilion**

245 Flemingsburg Road  
Morehead, KY. 40351  
606-780-5500

Cardiology	Podiatry
Gastroenterology	Pulmonology
Nephrology	Sleep Medicine
Oncology/Hematology	Surgery-Bariatric
Orthopedics/Sports Medicine	Surgery-General
Surgery-Vascular (UK	Surgery-Plastic & Reconstructive
Palliative Medicine	Pain Management

**St. Claire Regional Medical Center**

222 Medical Circle  
Morehead, KY. 40351  
606-783-6500

Anesthesiology	Emergency Medicine
Behavioral Health	Hospitalist - Inpatient
Critical Care	
Diagnostic Imaging	

**St. Claire Primary Care  
Express Care-Downtown**  
316 W.2<sup>nd</sup> Street  
Morehead, KY. 40351  
606-784-3771

**St. Claire Pediatrics**  
716 W. Main Street  
Morehead, KY. 40351  
606-780-5364

**St. Claire Primary Care  
Primary Care-Morehead-North**  
255 Old Viking Drive  
Morehead, KY. 40351  
606-784-2774

**UK Women’s Healthcare**  
245 Flemingsburg Rd.  
3rd Floor, Suite A 340  
Morehead, KY. 40351  
606-207-2931

**HEALTH DEPARTMENTS**

**Bath County Health Department**  
68 Oberline Drive  
Owingsville, KY. 40360  
606-674-2731

**Menifee County Health Department**  
1919 Main Street  
Frenchburg, KY. 40322  
606-768-2151

**Morgan County Health Department**  
493 Riverside Drive  
West Liberty, KY. 41472  
606-743-3744

**Rowan County Health Department**  
730 W. Main Street  
Morehead, KY. 40351  
606-784-8954

### **Montgomery County Health Department**

(Montgomery County Health Department an independent facility and is not a part of the Gateway District Health Department system. However, services provided are comprehensive and include many services provided by the Gateway system.)

108 E. Locust Street  
Mt. Sterling, KY. 40353  
859-498-3808

## **HOSPITALS**

### **Appalachian Regional Hospital**

476 Liberty Road  
West Liberty, KY. 41472  
606-743-3186

### **CHI St. Joseph Health**

225 Falcon Drive  
Mt. Sterling, KY. 40353  
859-497-5000

### **St. Claire Regional Medical Center**

222 Medical Circle  
Morehead, KY. 40351  
606-783-6500

## **DENTISTS**

### Menifee County

#### **St. Claire Family Dentistry**

732 Hwy 36  
Frenchburg, KY. 40322  
606-768-6345

### Montgomery County

#### **Cosmetic & Family Dentistry**

**Alisha Tackett, DMD**  
225 Young Lane  
Mt. Sterling, KY. 40351  
859-498-2356

#### **Sterling Smiles**

**Kristy H Carty, DMD**  
122 Stone Trace Drive, Suite A  
Mt. Sterling, KY. 40353  
859-497-4444

#### **Sterling Family Dental**

**Jon Kelly Johnson, DMD**  
100 E. High Street  
40353 Mt. Sterling, KY. 40353  
859-498-7130

#### **Scott Caudill, DMD**

508 Maysville Road  
Mt. Sterling, KY.  
859-498-1380

#### **Dr. Baber Dental Care**

**Katherine Baber, DMB**  
225 Windsor Drive  
Mt. Sterling, KY. 40353  
859-498-3400

#### **Richard F. Henry, DMD**

541 Willin Way  
Mt. Sterling, KY 40353  
859-498-1347

#### **Montgomery Dental Center**

**Jack Razor, DMD**  
25 E. High Street  
Mt. Sterling, KY. 40353  
859-498-1215

#### **Gary, McLaurin & Peterson**

25 E. High Street  
Mt. Sterling, KY. 40353  
859-498-6204

**Gateway Dental Care**  
105 Brandon Way  
Mt. Sterling, KY. 40353  
859-497-2141

**Charles Rice, DMD**  
134 Maysville St.  
Mt. Sterling, KY 40353  
(859) 498-4155

Morgan County

**Juniper Health**  
674 West Main Street  
West Liberty, KY. 41471  
606-743-3030

Rowan County

**Beacon Hill Family Dentistry**  
255 Beacon Hill  
Morehead, KY. 40351  
606-784-4340

**Arnett Dental Clinic**  
232 Old Viking Drive  
Morehead, KY. 40351  
606-784-7033

**Morehead Dental Group**  
309 E. Main Street  
Morehead, KY. 40351  
606-784-6436

**Dr. Angela Frederick**  
309 E. Main Street  
Morehead, KY. 40351  
606-784-6436

**Mt. Sterling Pediatric Dentistry**  
401 Commerce Circle  
Mt. Sterling, KY. 40353  
859-498-5243

**Jeffrey Bailey, DMD**  
629 Main Street  
West Liberty, KY. 41472  
606-743-3200

**Cave Run Dental**  
400 Clinic Drive  
Morehead, KY. 40351  
606-784-4363

**Morehead Pediatric Dentistry**  
1275 Hallwood Drive  
Morehead, KY. 40351  
606-784-8000

**St. Claire Family Dentistry**  
316 W. 2<sup>nd</sup> Street  
Morehead, KY. 40351  
606-783-7701

**OPTOMETRISTS**

Montgomery County

**Bluegrass Vision Group**  
25 Sterling Way, Suite C  
Mt. Sterling, KY. 40353  
859-498-4800

**Helderman & Jacobs Vision Center**  
1 N Maysville Road  
Mt. Sterling, KY. 40353  
859-498-6001

**Thacker and Associates Eye Care**  
499 Indian Mound Drive  
Mt. Sterling, KY 40353  
859-498-8110

**Kentucky Eye Institute**  
103 Brandon Way, Suite B  
Mt. Sterling, KY. 40353  
859-498-9393

### Morgan County

**Vision Thru Design**  
408 Main Street  
West Liberty, KY. 41472  
606-743-4111

**Vision Care Center**  
Peyton's Plaza  
West Liberty, KY. 41472  
606-743-4441

### Rowan County

**Thomas McHugh, OD**  
317 E. First Street  
Morehead, KY. 40351  
606-783-1575

**Kentucky Eye Institute**  
333 Beacon Hill Rd., Suite 200  
Morehead, KY. 40351  
606-784-3393, 800-593-9366

**Anthony Mayo, OD**  
129 W. Main Street  
Morehead, KY. 40351  
606-784-5355

**Dr. Muha, OD**  
200 Walmart Way  
Morehead, KY. 40351  
606-784-3937

## PHARMACIES

### Bath County

**Bath Hometown Pharmacy**  
19 Miller Drive  
Owingsville, KY. 40360  
606-674-2423

**Family Discount Drugs**  
60 Slate Avenue  
Owingsville, KY. 40360  
606-674-6979

**Owingsville Drug**  
53 Miller Drive  
Owingsville, KY. 40360  
606-674-6334

### Menifee County

**Frenchburg Pharmacy**  
732 Hwy. 36  
Frenchburg, KY. 40322  
606-768-6610

**Joe's Pharmacy**  
70 Main Street  
Frenchburg, KY. 40322  
606-786-2161

### Montgomery County

**Carrington Drug**  
506 Maysville Road  
Mt. Sterling, KY. 40353  
859-498-3464

**CVS Pharmacy**  
1201 Indian Mound Drive  
Mt. Sterling, KY. 40353  
859-498-4320

**Kroger Pharmacy**  
810 Indian Mound Drive  
Mt. Sterling, KY. 40353  
859-497-9696

**Ross Drugs**  
125 Foxglove Drive  
Mt. Sterling, KY. 40353  
859-498-1004

**Walmart Pharmacy**  
499 Indian Mound Drive  
Mt. Sterling, KY. 40353  
859-498-1392



**Whitaker Pharmacy**  
570 Indian Mound Dr.  
Mt. Sterling, KY 40353  
859-498-3141

Morgan County

**Peyton's Pharmacy**  
414 Main Street  
West Liberty, KY. 41472  
606-743-3163

**ARH Pharmacy**  
1084 Hwy 7  
West Liberty, KY. 41472  
606-743-7842

**Casey Rx Pharmacy**  
Inside West Liberty IGA  
64 Hwy 460  
West Liberty, KY. 41472  
606-743-7778

Rowan County

**Cave Run Clinic**  
255 Old Flemingsburg Rd.  
Morehead, KY. 40351  
606-783-1511

**Kroger Pharmacy**  
300 Trademore Center  
Morehead, KY. 40351  
606-783-1476

**St. Claire Regional Medical Center  
Retail Pharmacy**  
245 Flemingsburg Road  
Morehead, KY. 40351  
606-280-5550

**Total Care Pharmacy**  
206 W. Main Street  
Morehead, KY. 40351  
606-784-4491

**Clinic Pharmacy**  
412 Liberty Road  
West Liberty, KY. 41472  
606-743-4957

**Walgreens Pharmacy**  
525 Prestonsburg Street  
West Liberty, Ky. 41472  
606-743-3425

**Holbrook Drug**  
208 E. Main Street  
Morehead, KY. 40351  
606-784-4784

**Walgreens Pharmacy**  
380 W. Main Street  
Morehead, KY. 40351  
606-783-1581

**St. Claire Retail Pharmacy at Medical  
Pavilion**  
245 Flemingsburg Road  
Morehead, KY. 40351  
606-780-5550

**Walmart Pharmacy**  
200 Walmart Way  
Morehead, KY. 40351  
606-784-3266

**MEDICAL TAXIS**

**Bath Medical Taxi**  
606-780-9664

Serves Bath, Montgomery, Powell and Estill Counties. Will only bill Medicaid. Self-pay clients will need to call for a price quote.

**Medi-Cab**  
640 Main Street  
West Liberty, KY. 41472  
606-743-1900

**Human Service Transportation Delivery (HSTD)**

LKLP Community Action Agency  
800-245-2826\* or 888-807-2996  
\*Does scheduling for Medi-Cab

**MENTAL HEALTH SERVICES**

**Pathways, Inc.**  
664 Slate Avenue  
Owingsville, KY. 40360  
606-674-6690

**Pathways, Inc.**  
300 Foxglove Drive  
Mt. Sterling, KY. 40353  
859-498-2135

**Pathways Inc.**  
321 E. Main Street  
Morehead, KY. 40351  
606-784-4161

**Mountain Comprehensive Care Center  
Gateway Community Based Services**  
1034 E. Main St.  
Morehead, KY. 40351  
606-784-4800

**D & S Community Services**  
303 Old Flemingsburg Road  
Morehead, KY. 40351  
606-783-0515

**Shepherd's Shelter-Ross Rehab**  
236 Bridgett Drive  
Mt. Sterling, KY. 40353  
859-498-7111

**Mountain Haven Emergency Shelter**  
1034 E. Main Street, Level 2  
Morehead, KY. 40351  
606-784-3337

**New Hope Community**  
901 US 68 Suite 900  
Maysville, KY 41056  
606-584-7055

**Sterling Health Care**  
Psychiatrist, Leslie Aslam  
633 Mysville Rd.  
Mt. Sterling, KY 40353  
859-404-7686

**Pathways, Inc.**  
70 Main Street  
Frenchburg, KY. 40322  
606-768-2131

**Pathways, Inc.**  
767 N. Main Street  
West Liberty, KY. 41472  
606-743-3139

**Mountain Comp. Care Center**  
797 Slate Avenue  
Owingsville, KY. 40360  
606-336-5093

**St. Claire Counseling**  
555 Clinic Drive  
Morehead, KY. 40351  
606-783-6805

**New Song Counseling Center**  
205 N. Maysville St.  
Mt. Sterling, KY 40353  
859-497-0594

**Comprehend Inc.**  
611 Forest Ave.  
Maysville, KY 41056  
606-564-4016

## SOCIAL SERVICES

### Gateway Area Development District

Eagle Point MMRC  
110 Lake Park Drive  
Morehead, KY. 40351  
606-780-0090, Fax 606-780-0111

#### **Services Provided:**

##### Aging and Disabled

Adult Daycare/Alzheimer's Respite  
Aging and Disability Resource Center (ADRC) Elder Abuse Prevention  
Homecare Services  
National Family Caregiver Support  
Personal Care Attendant Program  
Senior Citizens  
State Health Insurance Program (SHIP)

##### Housing and Food

Feeding Programs  
Housing/Homelessness  
Nutrition

### Gateway Children's Advocacy Center

310 E. Main Street  
Morehead, KY. 40351  
606-780-7848

### Gateway Children's Services

37 N. Maysville Street  
Mt. Sterling, KY. 40353  
859-498-9892

Serves all populations of youth at risk.

### Christian Social Services

P.O. Box 147  
1446 E. Main Street  
Morehead, KY. 40351  
606-784-5329  
Serves Rowan County

### Edgewater Recovery Center

259 Old Flemingsburg Rd.  
Morehead, KY. 40351  
606-462-3001

[edgewaterrecovery.com](http://edgewaterrecovery.com)

### Gateway Recovery Clinic

250 Foxglove Drive, Suite 3  
Mt. Sterling, KY 40353  
859-432-8002

### Mountain Comprehensive

10 CS-1066  
859-762-3040

### ARC Counseling Center

260 Evans Ave.  
Mt. Sterling, KY 40353  
(859) 274-0558

[arccenters.com](http://arccenters.com)

Short and long term intensive residential recovery for men with substance abuse. Also offers afterward after leaving the program. 16 short-term beds, 30 long-term beds.

### Hope Pregnancy Center

167 E. Main Street  
Morehead, KY. 40351  
606-784-2488  
1-888-824-HOPE (24-hour number)  
606-356-4080-Sally (emergency number)  
All services are free and confidential.

### Morehead Inspiration Center

1111 US 60 West  
Morehead, KY. 40351  
606-783-0404  
Long-term residential recovery program for adult men seeking recovery from substance abuse. Program duration of 9-12 months for 100 adult men.

### Shepherd's Shelter

236 Bridgett Drive  
Mt. Sterling, KY. 40353  
859-498-7111

### Kentucky Homeplace

#### Bath & Menifee Counties

Bath Co. Health Dept.  
68 Oberline Drive  
Owingsville, KY. 40360  
Bath Co. 606-674-2731  
Menifee Co. 606-768-9298

### Kentucky Homeplace

#### Rowan County

##### People's Clinic

751 West 1<sup>st</sup> Street  
Morehead, KY. 40351  
606-784-3881, 606-780-0140  
Provides reduced or no cost medical services.

### Project Worth Outreach

72 Industrial Park Road  
Frenchburg, KY. 40322  
606-768-6384  
Food Pantry, clothing bank, and parenting skills classes.

### Office of Vocational Rehabilitation

#### Menifee, Montgomery & Morgan Counties

563 B Main Street  
West Liberty, KY. 41472  
606-743-7978  
606-743-7551  
800-440-2530

### Hazel Hills Residential Crisis Center

#### **Women's Treatment Facility**

521 E. High Street  
Owingsville, KY 40361  
859-697-0472

### Kentucky Homeplace

#### Morgan County

151 University Drive  
West Liberty, KY. 41472  
606-743-4005, Ext. 312  
Tues-Thurs.  
9:00 a.m.-3:00 p.m.

**Bath and Rowan Counties office**

Morehead Office  
354 Christy Creek Rd.  
Morehead, KY. 40351  
606-783-8615

**Goodwill WIPA-Work Incentives Planning and Assistance**

Goodwill toll free WIPA line (866) 336-3316  
Ticket to Work helpline (866) 968-7842  
TTY (hearing impaired) (866) 833-2967  
Website: [www.goodwillKY.org/programs/wipa](http://www.goodwillKY.org/programs/wipa)  
Email: [workincentives@goodwillKy.org](mailto:workincentives@goodwillKy.org)

The WIPA program provides individualized benefits counseling support to people who receive Supplemental Security Income (SSI) and Social Security Disability Insurance (SSDI).  
Serves all Gateway counties.

**SPECIAL SERVICES/ORGANIZATIONS**

**Commission for Children with Special Health Care Needs**

214 West First Street  
Morehead, KY. 40351  
606-784-8610  
800-928-3049

**First Steps, Kentucky Early Intervention System**

Buffalo Trace POE  
611 Forest Ave.  
Maysville, KY 41056  
(606) 759-5510  
1-800-335-4249

**First Steps, Kentucky's Early Intervention System**

Gateway District Point of Entry  
P.O. Box 290  
Gateway District Health Department  
68 Oberline Drive  
Owingsville, KY. 40360  
606-674-3204

First Steps is a statewide early intervention system that provides services to children with developmental delays, or a particular medical condition that is known to cause a developmental delay, from birth to age three and their families.

**PSYCHOLOGICAL EVALUATIONS**

**Jones Psychological Services, LLC**

1450 N. Broadway, KY  
Lexington, KY 40505  
859-636-6882

**UK Behavioral Health**

University of Kentucky  
1000 S. Limestone  
Lexington, KY 40536  
859-257-1000

**Louisville Center for Autism**  
1169 Eastern Pkwy G7111  
Louisville, KY 40217  
502-242-9091

**Cincinnati Children's Medical Center**  
5333 Barnett Ave.  
Cincinnati, OH 45229  
513-636-4200

**Cultivate Behavioral Health & Education**  
ABA Therapy  
805 Alexa Dr., Suite E  
Mt. Sterling, KY 40353  
859-360-3006 (also available in Maysville)

## THERAPY

**Clark Regional Medical Center**  
Speech, OT, PT  
175 Hospital Dr.  
Winchester, KY 40391  
859-737-8454

**Fleming County Hospital**  
Speech, PT, OT  
55 Fountain Dr.  
Flemingsburg, KY 41041  
606-849-5080

**Aegis Therapy**  
OT, PT, Behavior  
497 Tucker Dr.  
Maysville, KY 41056  
606-759-4005

**Meadowview Regional Medical Center** Speech,  
Speech, PT, OT  
901 Kenton Station Rd.  
Maysville, KY 41056  
606-759-9403

**Spectrum Care, LLC**  
ABA, Speech, PT, OT  
1112 Gallia St.  
Portsmouth, OH 45662  
740-981-3176

## OCCUPATIONAL THERAPY

**Morgan County ARH**  
476 Liberty Road  
West Liberty, KY. 41472  
606-743-3186

**St. Claire Outpatient Center  
(Pediatrics)**  
1028 E. Main Street  
Morehead, KY. 40351  
606-783-6919, 606-783-6866

**St. Claire Regional Home Care**  
135 North Hargis Avenue  
Morehead, KY. 40351  
606-784-8403

## PHYSICAL THERAPY

**ApexNetwork**  
814 Ky. Hwy 36  
Frenchburg, KY. 40322  
606-393-0953

**Morgan County ARH**  
476 Liberty Road  
West Liberty, KY. 41472  
606-743-3186

**West Liberty Physical Therapy**  
389 Prestonsburg Street  
West Liberty, KY. 41472  
606-743-3608

**APEXNETWORK**  
513 Maysville Road  
Mt. Sterling, KY. 40353  
859-878-2890

**Amedisys Home Health Care**  
101 Bruce Professional Plaza  
Mt. Sterling, KY. 40353  
859-498-5199

**St. Joseph East**  
225 Falcon Drive  
Mt. Sterling, KY. 40353  
859-497-6027

**St. Claire Regional Home Care**  
135 N. Hargis Avenue  
Morehead, KY. 40351  
606-784-8403

**Integrity Ortho & Sports Medicine**  
624 Maysville Road  
Mt. Sterling, KY. 40353  
859-497-4144

**Morehead Physical Therapy**  
226 Stone Street  
Morehead, KY. 40351  
606-780-0232  
School ages and up

**St. Claire Medical Pavilion (Adults)**  
245 Flemingsburg Rd.  
Morehead, KY. 40351  
606-783-5516

## **SPEECH THERAPY**

**Bath Family Health Services**  
44 Water Street  
Owingsville, KY. 40360  
606-674-9776

**St. Joseph East  
Pediatrics Outpatient Services (OT/Speech)**  
225 Falcon Drive  
Mt. Sterling, KY. 40353  
859-497-5331  
859-498-1220 (Hospital Receptionist)

**St. Claire Medical Pavilion (Adults)**  
245 Flemingsburg Road  
Morehead, KY. 40351  
606-780-5516

**St. Claire Family Medical Center**  
932 Hwy 36  
Frenchburg, KY. 40322  
606-768-2191

**St. Claire Outpatient Center-Pediatric**  
1028 E. Main Street  
Morehead, KY. 40351  
606-783-6919 - Information

**Aegis Therapies**  
9 Waveland Avenue  
Winchester, KY. 40391  
859-385-4254

## **ALZHEIMER'S SUPPORT**

**Alzheimer's Support Group**  
Rowan County Caring & Sharing  
Center for Health, Education & Research (CHER)  
316 w. 2<sup>nd</sup> Street  
Morehead, KY. 40351  
606-783-6476

## **THE TERF PROJECT, INC.**

**The TERF Project, Inc.**  
12 S. Bank Street  
Mt. Sterling, KY. 40353  
859-404-1657

## **WEBSITES FOR PARENTS**

### **PBS Parents**

Information on child development and early learning. Also serves as a parent's window to the contents of the PBS

KIDS, offers access to educational games and activities inspired by PBS KIDS programs.

[www.pbs.org/parents](http://www.pbs.org/parents)

### **Great Websites for Kids**

Sponsored by the Association for Library Services to Children, a division of the American Library Association.

[www.gws.ala.org](http://www.gws.ala.org).

[www.kids.usa.gov](http://www.kids.usa.gov).

Official kids portal for the U.S. government. Links kids, parents and teachers to information and services on the web from government agencies, schools and education organizations all geared to the learning level and interest of kids.

### **U.S. Department of Education**

Links to reports on all aspects of the organization's work, including student aid, legislature, statistics and school locator.

[www.ed.gov](http://www.ed.gov)

### **Reading Rockets**

Offers strategies, lessons activities and ideas designed to help young children learn to read.

[www.readingrockets.org](http://www.readingrockets.org)

### **Centers for Disease Control**

Information concerning health and well-being, diseases, healthy living, child development and many other topics for parents [www.cdc.gov](http://www.cdc.gov)

### **Kids Health**

Information about health, behavior and development from birth through the teen years

[www.kidshealth.org](http://www.kidshealth.org)

### **Kids National Geographic**

Play games, watch videos, learn about animals and places and get fun facts.

[www.kids.nationalgeographic.com](http://www.kids.nationalgeographic.com)

### **Stop Bullying**

Federal government website managed by the U.S. Department of Health and Human Services to prevent and stop bullying.

[www.stopbullying.gov](http://www.stopbullying.gov)

### **Highlights Kids**

<https://www.highlightskids.com/>

## **HOTLINES AND HELPLINES**

### **The National Suicide Prevention Lifeline**

1-800-273-TALK (8255) \*(988) Suicide Crisis Lifeline

The National Suicide Prevention Lifeline provides free and confidential emotional support to individuals experiencing a suicidal crisis or emotional distress via telephone or chat 24 hours a day, 7 days a week.

<http://www.suicidepreventionlifeline.org/>

### **La Red Nacional de Prevencion del Suicidio**

1-888-628-9454

National Suicide Prevention Lifeline for Spanish Speaking Individuals

<http://www.suicidepreventionlifeline.org/gethelp/Spanish.aspx/>



### **Veterans Crisis Line**

1-800-273-8255, Press 1

Veterans, active Duty, Reserve, Guard and their family and friends can call, [chat online](#), Or send a text message to 838255 to receive confidential support 24 hours a day, 7 days a week.

<http://www.veterans.crisis.line.net/>

### **National Treatment Referral Helpline**

1-800-622-HELP 94357)

A free, confidential, 24/7, 365-day-a-year treatment referral and information service (in English and Spanish) for individuals and families facing mental health and/or substance use disorders.

<https://findtreatments.samhsa.gov/>

### **Disaster Distress Helpline**

1-800-985-5990

TTY for Deaf/Hearing Impaired: 1-800-846-8517

If you or someone you know has been affected by a natural or human-caused disaster and needs immediate assistance, please call the toll-free number or text "TalkWithUs" to 66746 for information, support and counseling.

<http://www/disaster.distress.samhsa.gov/>

### **National Problem Gambling Helpline**

1-800-522-4700

Text 1-800-522-4700

A national helpline, text and chat service that provides support and information on local resources for those seeking help for a gambling problem.

<http://www.ncgambling.org/help-treatment/national-helpline-1-800-522-4700/>

### **Boys Town National Hotline**

1-800-448-3000

Text "Voice" to 20121, every day from 7 pm-1am Eastern Time.

The Boys Town National Hotline is a toll free number available to kids, teens and young adults at any time. Please contact us if you're depressed, contemplating suicide, being physically or sexually abused, on the run, addicted, threatened by gang violence, fighting with a friend or parent, or if you are faced with an overwhelming challenge. Online chat and email support is available at their website.

<http://www.yourlifeyourvoice.org/Pages/home.aspx/>

### **National Sexual Assault Hotline**

1-800-656-HOPE (4673)

A national hotline and chat service providing free confidential help for sexual assault victims and their friends and families.

<http://ohl.rainn.org/online?>

### **National Parent Helpline**

1-822-A4 PARENT (1-855-427-2736)

A TRAINED Parent Advocate is available to assist parents and caregivers of children and youth of all ages. Hours: Monday-Friday from 1pm to 8pm, Eastern Time.

### **IMAlive**

An online crisis center that is a part of the Hopeline Network that provides crisis intervention services via online chat.

<https://www.inalive.org/>

### **National Runaway Safeline**

1-800-RUNAWAY (1-800-427-2736)

A national hotline and chat service for teens who have runaway or who are considering leaving home.

<http://www.1800runaway.org/>

### **Love is Respect**

1-866-331-9474

Text "loveis" to 25522\*.

A resource to engage, education and empower young people to prevent and end abusive relationships. Free and confidential phone, live chat and texting services are available 24/7/365.

<http://www.lovisrespect.org/>

### **National Domestic Violence Hotline**

1-800-799-7233 | 1-800-787-3224

A national hotline and chat service that provides lifesaving tools and immediate support to enable victims to find safety and live lives free of abuse. <http://www.thehotline.org/>

### **Military One Source**

1-800-342-9647

24 hour Resource for Military Members, Spouses and Families

<http://www.militaryonesource.mil/>

### **Kentucky Department of Corrections Reentry Resources**

(877) 466-2834

A 24-hour telephone community information and referral helpline and online resource guide for Kentucky.

<http://corrections.ky.gov/reentry/Pages/Pre-ReleaseCommunityResources.aspx>

### **Kentucky Suicide Prevention Group**

A grassroots organization dedicated to supporting prevention, intervention, and postvention services throughout Kentucky.

<http://kentuckysuicideprevention.org/>

### **University of Kentucky-Lexington Survivors of Suicide Loss Support Group**

An open group for those who have lost a family member or friend due to death by suicide.

<https://www.facebook.com/ukdosgroup>

### **Kentucky Association of Sexual Assault Programs**

- Provides counseling for victims and family.
- Medical and legal advocacy.
- Mental health support and referrals to appropriate community resources. Assistance with Crime Victims Compensation Fund. <https://www.kasap.org/>

### **211.org**

Help Starts Here! - 211 connects you to expert, caring help. Every call is completely confidential.

What are you looking for today?

- Finding food.
- Mental Health.
- New to the U.S.?
- Your Local 211

[Call 211 for Essential Community Services | United Way 211](#)