



# COMMUNITY RESOURCE GUIDE

Updated April 2019

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## **Gateway Community Action Programs**

### **Community Services Block Grant Programs:**

**Education Assistance:** Support for those working toward education. Expenses such as gas, text books, and other educational supplies may be covered. A \$500 scholarship is awarded to an eligible recipient in each of the five counties that are pursuing education behind high school graduation.

**Emergency Services:** Offer support to individuals in an emergency situation where food, clothing, emergency shelter, medical treatment or transportation to obtain medical treatment may be needed. Services are provided within 72 hours.

**Employment Assistance:** Supportive services to individuals that are working and/or pursuing employment.

**Housing Assistance:** Help with utility deposits and partial rent/mortgage payments to avoid eviction and/or becoming homeless.

**Self Sufficiency:** Available to individuals working toward their GED or other educational needs that lead to obtaining employment.

**Senior Care:** Assistance for individuals 55+ with prescriptions, utility bills, fuel for medical visits, food and medical equipment.

**DEAP, HEA, EAP, Heart and Thaw Programs:** These programs are offered to low income families who demonstrate a financial need with utility costs. Credits may be applied to their account in certain winter and summer months.

**Commodities:** Individuals must be 60+ years to be eligible for the supplemental food program. Once all slots are filled, individuals are placed on a waitlist. Services are provided in Baht, Menifee and Montgomery counties.

**Farmers Market:** Vouchers for Montgomery County residents which can be used at any farmers market located in Montgomery County.

**Winter Care:** KU, Columbia Gas, Delta Gas, Licking Valley and Fleming Mason customers donate to build this fund. To be eligible, individuals must be a customer of one of these utility companies.

**Goodwill Voucher Program:** Assistance for individuals and families experiencing events that place them in need of items that can be obtained at Goodwill Store locations.

**Low Income Home Energy Assistance Program (LIHEAP)**

Provides heating assistance to low income clients. LiHeap Subsidy runs through November and mid-December. LiHeap Crisis runs from January through March or until funds are depleted. Contact the Outreach Office for assistance

**Kentucky Health Benefit Assistance Program**

Assists clients in finding appropriate health insurance coverage  
Contact Kim Plank  
606-359-5020  
All counties

**Home Tenant Based Rental Assistance**

Provides rental assistance to help pay the cost of monthly rent and utility costs when funds are available.

**Gateway Transit**

Provides transportation throughout Morgan County

**Unemployment Bridge Program**

Assists homeowners in making their monthly mortgage payments

**Kentucky Career Center JobSight**

Assists in training, job search, resume writing and Job Club. Call 606-768-3352 or 606-743-3133 for more information or assistance.

**Weatherization**

Reduces household energy consumption, reduce the health and safety risk and improve comfort of participating homes.

**Pathways to Responsible Fatherhood**

The Fatherhood program strives to improve parenting skills, provide job coaching skills, financial management and relationship skills.

**Head Start**

Provides school readiness skills for 3 to 5-year-old children from low-income families. Head Start services include early learning, health and family well-being.

**Bath County**

**Bath County Head Start**

103 Kendall Springs Avenue  
Owingsville, KY. 40360  
Lisa Henderson-Family Advocate  
606-674-2766

## **Menifee County**

### **Botts Head Start**

6882 US Hwy 460 East  
Denniston, KY. 40316  
Christina Back-Family Advocate  
606-768-417

### **Frenchburg Head Start**

Indian Creek Road  
Frenchburg, KY. 40322  
Christina Back-Family Advocate  
606-768-3818

## **Montgomery County Head Start**

### **Camargo Head Start**

Camargo Road  
Camargo, KY. 40353  
Amanda Strange-Family Advocate  
859-497-8776

### **Northview Head Start**

1040 Maysville Rd.  
Mt. Sterling, KY. 40353  
Amanda Strange-Family Advocate  
859-497-8703

### **MSE Head Start**

6601 Indian Mound Dr.  
Mt. Sterling, KY. 40353  
Amanda Strange-Family Advocate  
859-497-8730

### **Mapleton Head Start**

809 Indian Mound Drive  
Mt. Sterling, KY. 40353  
Carolyn Melton-Family Advocate  
859-497-8752

## **Morgan County Head Start**

### **East Valley Head Start**

7585 Hwy 172  
West Liberty, KY. 41472  
Kathy Whitt-Family Advocate  
606-522-8178

### **Morgan Central Head Start**

3201 Hwy 460 West  
West Liberty, KY. 41472  
Robin Dalton-Family Advocate  
606-743-4972 Full Day  
606-743-2124

### **Wrigley Head Start**

7430 Hwy 7  
West Liberty, KY. 41472  
Kathy Whitt-Family Advocate  
606-743-4122 Extended Day  
606-743-9738 AM/PM

## **Rowan County**

### **Rowan County Head Start**

455 Sun Street  
Morehead, KY. 40351  
Emily Eversole-Family Advocate  
Megan Rutherford-Family Advocate  
606-780-0118

## **Early Head Start**

Early Head Start provides family centered services for low-income families with very young children to promote the development of the children and to enable parents to fulfill their roles as parents and move toward self-sufficiency.

### **Bath County**

Bath County Early Head Start  
103 Kendall Springs Avenue  
Owingsville, KY. 40360  
Lenora Crace-Family Advocate  
606-674-2766

### **Menifee County**

Menifee County Early Head Start  
Indian Creek Road  
Frenchburg, KY. 40322  
Family Advocate  
606-768-3817

### **Montgomery County**

Montgomery County Early Head Start  
118 Maloney Way, Suite 4520-3477  
Mt. Sterling, KY. 40353  
859-520-3477  
Carolyn Melton-Family Advocate

### **Morgan County**

Morgan County Early Head Start  
450 Prestonsburg Street  
West Liberty, KY. 41472  
Family Advocate  
606-743-4141

### **Rowan County**

Rowan County Early Head Start  
279 Old Flemingsburg Road  
Morehead, KY. 40351  
Family Advocate  
606-



**Gateway Community Action  
Outreach Offices**

**Bath County Outreach Office**

23 Cedar Creek Drive  
Owingsville, KY. 40360  
-Outreach Worker  
606-674-2505

**Menifee County Outreach Office**

28 Bible Camp Lane  
Frenchburg, KY. 40322  
Brianna Simpson-Outreach Worker  
606-768-2369

**Montgomery County Outreach Office**

103 Bruce Professional Plaza, Suite A  
Mt. Sterling, KY. 40353  
Conchita Stockton-Outreach Worker  
859-498-5345

**Morgan County Outreach Office**

151 University Drive  
West Liberty, KY. 41472  
Diane Dyer-Outreach Worker  
606-743-3133

**Rowan County Outreach Office**

136 Lee Ave, Suite #E  
Morehead, KY. 40351  
Debra Gamble-Outreach Worker  
606-784-7735

**Department of Community Based Services  
Family Support**

**Services Available**

- Food Stamps
- Kentucky Temporary Assistance Program (KTAP)
- Medical Assistance
- Kentucky Works Program
- Family Alternatives Diversion
- State Supplementation Program
- Long Term Care Program

**Bath County**

Community Based Services  
47 Cedar Creek Drive  
P.O. Box 7  
Owingsville, KY. 40360  
855-306-8959

**Morgan County**

Community Based Services  
405 Prestonsburg Street  
P.O. Box 519  
West Liberty, KY. 41472  
855-306-3158

**Menifee County**

Community Based Services  
784A Hwy 36  
P.O. 50  
Frenchburg, KY. 40322  
855-306-8959  
606-768-2154

**Rowan County**

Community Based Services  
511 Hecks Place  
Morehead, KY. 40351  
855-306-8959

**Montgomery County**

Community Based Services  
108 E. Locust Street  
P.O. Box 219  
Mt. Sterling, KY. 40351  
855-306-8959

**Department of Community Based Services  
Protection and Permanency**

**Services Available**

- Child and Adult Protective Services in the Community
- Juvenile Services in the Community
- General Adult Services
- Complete Child and Adult Protective Services
- Investigations
- Foster Care and Adoptive Services

**Bath County**

Community Based Services  
47 Cedar Creek Drive  
P/O. Box 7  
Owingsville, KY. 40360  
888-351-8901  
606-674-6308  
Child Support  
606-674-9624

**Menifee County**

Community Based Services  
784A Hwy 36  
Frenchburg, KY. 40322  
855-306 -8959

**Montgomery County**

108 E. Locust Street  
Mt. Sterling, KY. 40353  
859-498-6312

**Morgan County**

Community Based Services  
405 Prestonsburg Street  
West Liberty, KY. 41472  
855-306-8959

**Rowan County**

511 Hecks Place  
Morehead, KY. 40351  
855-306-8959  
606-783-8555

## Employment Services

### Kentucky Career Center

#### Services include:

- Assist in finding job openings
- Screen and test for jobs that match clients skill level
- Fund eligible on-the-job training and customized training needs
- Arrange space for job interviews, and in some areas, schedule interviews via video conferencing
- Provide access to detailed labor market information for the local area, Kentucky and the nation
- Provide services to help both employer and employees when facing layoffs or other major issues
- Offer unemployment insurance information and contacts and;
- make connections with vocational rehabilitation services (for people with disabilities) and services for the blind
- Services for veterans
- Resources for people who are blind or have other disabilities

*No local offices in Bath, Menifee or Morgan, contact the Rowan or Montgomery County offices.*

#### **Montgomery County Office**

201 Calk Avenue, 2<sup>nd</sup> floor  
Mt. Sterling, KY. 40353  
859-498-4418  
Mon & Tues 8:00 a.m.-5:00 p.m.  
Wed & Thur. 8:00 a.m.-4:30 p.m.  
Friday 8:00 a.m.-12:00 p.m.

#### **Rowan County Office**

1225 US 60 W, Suite 106  
Morehead, KY. 40351  
606-783-8525  
Monday-Friday 8:00 a.m.-4:30 p.m.

## Other Employment Services

### **Menifee County**

Kentucky Career Center JobSight  
288 Bible Camp Lane  
Frenchburg, KY. 40322  
606-768-3352

### **Montgomery County**

Adecco Employment Services  
211 Young Lane, Suite 2  
Mt. Sterling, KY. 40353  
859-498-7611

### **Tipton's Temporaries**

37 S. Maysville Street  
Mt. Sterling, KY. 40353  
859-498-7611

### **Kelly Services**

1107B. Indian Mound Drive  
Mt. Sterling, KY. 40353  
859-499-4137  
859-499-4163

### **Morgan County**

Kentucky Career Center JobSight  
151 University Drive  
West Liberty, KY. 41472  
606-743-3133

### **Rowan County**

Kentucky Staffing Solutions  
575 West Main Street  
Morehead, KY. 40351  
606-783-1140

## Cooperative Extension Services

### Services Available

- **Agricultural Information**
- **Financial Planning**
- **Nutrition Information**
- **Home Gardening**
- **Consumer Education**
- **4-H Clubs**
- **Landscaping Information**

### **Bath County**

Cooperative Extension Service  
2914 E. Hwy 60  
Owingsville, KY. 40360  
606-674-6121

### **Menifee County**

Cooperative Extension Service  
140 Main Street  
Frenchburg, KY. 40322  
606-768-3866

### **Montgomery County**

Cooperative Extension Service  
106 E. Locust Street  
Mt. Sterling, KY. 40353  
859-498-8741

### **Morgan County**

Cooperative Extension Service  
1009 Hwy 172  
West Liberty, KY. 41472  
606-743-3292

### **Rowan County**

Cooperative Extension Service  
600 W. Main Street  
Morehead, KY. 40351  
606-784-5457

## Kentucky Department of Veteran's Affairs

### **For Bath and Menifee Counties:**

Call 502-330-7381 for appointment

### **Montgomery County**

Courthouse Annex  
44 E. Main Street  
Mt. Sterling, KY. 40353  
502-230-7381  
Mon, Tues, Thur, Fri.  
8:0 a.m.-4:30 p.m.

### **Morgan County**

Morgan County Public Library  
151 University Drive  
West Liberty, KY. 41472  
606-743-4151  
10:00 a.m.-12:00 p.m.  
Third Tues. of each month

### **Rowan County**

Veteran's Administration Clinic  
333 Beacon Hill Road, Suite 100  
Morehead, KY. 40351  
606-784-3004  
Mon-Fri. 8:00 a.m.-4:00 p.m.  
Except for Federal Holidays  
**24 Hour VA Crisis Hotline**  
1-800-273-TALK (8255)

### **Military Housing Assistance**

1231 Louisville Road  
Frankfort, KY. 40601  
800-633-8896

### **Federal Veteran's Center**

1500 Leestown Road  
Lexington, KY. 40507  
859-253+0717

## **Kentucky Child Support Interactive Websites:**

The websites can be used to apply for child support services, estimate a child support obligation, make your child support payments, report address changes, upload court orders and other legal documents, verify payment history and past due child support amounts and request updates on ongoing child support actions.

### **Bath County**

Office Location  
100 North Court Street  
P.O. Box 539  
Owingsville, KY. 40360  
Office Hours  
Mon-Fri. 8:00 a.m. - 5:00 .p.m.  
606-674-9624  
Fax: 606-674-2666  
The Honorable Kimberly Hunt-Price

### **Montgomery County**

Office Location  
44 W. Main Street  
Suite F  
Mt. Sterling, KY. 40353  
Office Hours  
Mon-Fri. 8:30 a.m.-4:00 p.m.  
859-498-8718  
Fax: 859-498-8792  
The Honorable Kevin Cockrell

### **Rowan County**

Office Location  
600 W. Main Street  
Morehead, KY. 40351  
Office Hours  
Mon-Fri. 8:00 a.m-4:30 p.m.  
606-784-2225  
Fax: 606-784-2477  
The Honorable Cecil Watkins

### **Menifee County**

Office Location  
49 Main Street  
P.O. Box 253  
Frenchburg, KY. 40322-0253  
Office Hours  
Mon-Fri. 8:00 a.m.-4:30 p.m.  
606-768-3946  
Fax: 606-768-3947  
The Honorable Greg Hall

### **Morgan County**

Office Location  
527 Main Street  
West Liberty, KY. 41472  
Office Hours  
Mon-Fri. 8:00 a.m.-4:30 p.m.  
606-743-1000  
Fax: 743-1001  
The Honorable Myles Holbrook



## **Libraries**

### **Bath County**

#### **Bath County Memorial Library**

24 West Main Street  
Owingsville, KY. 40360  
606-674-2531  
Mon-Saturday  
9:30 a.m.-5:30 p.m.  
June, July, August-Sat hours  
9:30 a.m.-5:30 p.m.

#### **Bath County Memorial Library Sharpsburg Branch**

7781 West Tunnel Hill Road  
Sharpsburg, KY. 40374  
606-274-2100  
Mon, Wed, Friday  
12:30 p.m.-5:30 p.m.  
Saturday 9:30 a.m.-5:30 p.m.  
Closed Monday & Tuesday

### **Menifee County**

#### **Menifee County Public Library**

1585 Main Street  
Frenchburg, KY. 40322  
606-768-2212  
Mon, Wed, Friday  
9:00 a.m.-5:00 p.m.  
Tues, Thursday  
9:00 a.m.-7:00 p.m.  
Saturday  
9:00 a.m.-3:00 p.m.

### **Montgomery County**

#### **Montgomery County Public Library**

328 N. Maysville  
Mt. Sterling, KY. 40353  
859-498-2404  
Mon-Wed  
9:00 a.m.-9:00 p.m.  
Fri. & Sat.  
9:00 a.m.-6:00 p.m.

#### **Montgomery County Public Library**

Camargo Branch  
4406 Camargo Road  
Mt. Sterling, KY. 40353  
859-499-4244  
Mon-Friday  
9:00 a.m.-6:00 p.m.

## **Libraries (continued)**

### **Morgan County**

#### **Morgan County Public Library**

151 University Drive  
West Liberty, KY. 41472  
606-743-4151  
Mon, Tues, Thurs., Friday  
9:00 a.m.-7:00 p.m.  
Wednesday  
9:00 a.m.-5:00 p.m.  
Saturday  
9:00 a.m.-3:00 p.m.

### **Rowan County**

#### **Rowan County Public Library**

175 Beacon Hill  
Morehead, KY. 40351  
606-784-7137  
Mon-Thursday  
9:00 a.m.-8:00 p.m.  
Fri-Saturday  
9:00 a.m.-5:00 pm.  
Sunday  
1:00 p.m.-5:00 p.m.

## **Legal Services**

### **Legal Aid of the Bluegrass**

Strives to resolve the most important problems of low income and other vulnerable people by providing high quality legal assistance through direct representation, education, advice, advocacy and coordination with other community resources.

The Morehead office serves all Gateway counties: Bath, Menifee, Montgomery, Morgan and Rowan

Morehead Office  
546 E. Main Street  
Morehead, KY. 40351  
606-784-8921  
1-800-274-5863  
Mon-Fri. 8:30 a.m.-4:30 p.m.

## Adult Basic Education Programs

### Bath County

#### MSU-Bath County Skills U

19 Water Street  
Owingsville, KY. 40360  
Alicia Wilson  
Mon, Tues, Thur.  
8:30 a.m.-5:30 p.m.  
Wed. 8:30 a.m.-6:00 p.m.  
[bathabe@moreheadstate.edu](mailto:bathabe@moreheadstate.edu)

### Menifee County

#### Menifee County Adult Education

826 Hwy 36  
Frenchburg, KY. 40322  
Pamela Branam  
Monday-Friday  
8:00 a.m.-3:00 p.m.  
606-768-9741

#### Menifee County Adult Education

P.O. Box 10  
Frenchburg, KY. 40322  
606-768-8011

### Montgomery County

#### MSU-Montgomery County Skills U

3400 Indian Mound Drive  
Mt. Sterling, KY. 40353  
Jennifer McKenney  
Mon, Tue, Wed, Thursday  
8:00 a.m.-6:30 p.m.  
Friday 8:00 a.m.-2:30 p.m.  
859-499-0760  
[montgomeryabe@moreheadstate.edu](mailto:montgomeryabe@moreheadstate.edu)

### Morgan County

#### MSU-Morgan County Skills U

155 University Drive  
West Liberty, KY. 41472  
Verinda Lafran Rose  
Mon, Tue, Wed, Thursday  
8:00 a.m.-4:30 p.m.  
606-743-1500  
[Msuwladulted@moreheadstate.edu](mailto:Msuwladulted@moreheadstate.edu)

**Adult Basic Education Programs (continued)**

**Rowan County**

**MSU-Rowan County Skills U**

103 Educational Building  
627 E. Main Street  
Morehead, KY. 40351  
Opal Fannin  
Mon, Tue  
8:00 a.m.-7:00 p.m.  
Wed, Thursday  
8:00 a.m.-5:00 p.m.  
606-783-2781  
alc@moreheadstate.edu

**Morehead State University**

Adult Learning Center  
211-D Education Services Bldg.  
606-783-9531  
j.mckinney@moreheadstate.edu  
www.moreheadstate.edualc

## **Educational Assistance Programs**

### **Talent Search Program**

Identifies and assists individuals from disadvantaged backgrounds who have the potential to succeed in higher education. Grades 6-12

Services include:

- Academic, financial, career or personal counseling including advice on entry or re-entry to secondary or postsecondary programs
- Career exploration and aptitude assessment
- Tutorial Services
- Information on postsecondary education
- Exposure to college campuses
- Information on student financial assistance
- Assistance in completing college admission and financial aid applications
- Assistance in preparing for college entrance exams
- Mentoring programs
- Special activities for sixth, seventh and eighth graders
- Workshops for families of participants

Educational Talent Search  
Morehead State University  
204 Education Services Building  
Morehead, KY. 40351  
606-783-2977  
[www.moreheadstate.edu/talentsearch/](http://www.moreheadstate.edu/talentsearch/)

Serves all Gateway counties

## **Educational Assistance Programs (continued)**

### **Commonwealth Educational Opportunity Center**

Serves adults nineteen years and older in thirty-six counties in Eastern Kentucky that have a desire to enroll in post-secondary education or training. Groups may include high school seniors if not served by a Talent Search program, Veterans and their families, homeless or at risk of becoming homeless, foster youth, incarcerated individuals or those in treatment, enrolled in alternative education, vocational education, those wanting to transfer schools and those working to obtain a GED.

Services include:

- Financial Aid assistance info, scholar applications and into, completing FAFSA
- Admissions
- Student Loan Counseling
- Career Assessment
- GED/ACT Payment Assistance
- Veteran's Assistance
- Financial Aid Support Groups
- Financial Literacy Education (online)

Commonwealth Educational Opportunity Center  
214 Education Services Building  
Morehead, KY. 40351  
Rhonda Sloan, College Access Counselor  
(Bath, Menifee, Morgan and Rowan Counties)  
1-800-333-3621  
606-783-2063  
Mon-Fri. 8; 00 a.m.-4:30 p.m.

Sherri Chapman, TRIO Academic Coordinator  
(Montgomery County)  
1-800-333-3621

### **Kentucky Higher Education Assistance Authority**

Provides information to middle, high school and the general public about educational and financial aid opportunities. Provides financial aid to Kentucky citizens.

**Northeastern Kentucky Outreach  
Counselor**  
Serving Bath, Menifee, Montgomery  
And Rowan Counties  
Amy Marvin  
606-776-3030

**Eastern Kentucky Outreach  
Counselor**  
Serving Morgan County  
Brandon Brown  
606-205-8810

## **Area Universities/Community and Technical Colleges**

The following Kentucky Community and Technical Colleges provide:

- Technical degrees that prepare students for a well-paying career in 2 years of less,
- Apprenticeship-style programs that provide learning opportunities in the classroom and on the job
- Transfer degrees to any of Kentucky's four-year universities

### **Ashland Community and Technical College**

1400 College Drive  
Ashland, KY. 41101  
606-336-2000 Or 1-800-928-4256  
Admissions 606-336-2064

### **Bluegrass Community and Technical College**

470 Cooper Drive  
Lexington, KY. 40506-0235  
855-246-2477

### **Big Sandy Community and Technical College**

Campuses located in Prestonsburg, Pikeville, Paintsville and Hager Hill  
1 Bert T. Combs Drive  
Prestonsburg, KY. 44653  
606-886-3863  
(865)GO-BSCTC

### **Hazard Community and Technical College**

One Community College Drive  
Hazard, KY. 41701  
606-436-5721 or 800-246-7521

### **Maysville Community and Technical College**

1765 US Hwy. 68  
Maysville, KY. 41056  
606-759-7141



## **Area Universities/Community and Technical Colleges (continued)**

### **Morehead State University**

150 University Blvd.

Morehead, KY. 40351

1-800-585-6781

Comprehensive public university with 135 undergraduate and 70 graduate degree programs in four colleges, Caudill College of Arts, Humanities and Social Services, College of Business and Technology, College of Education and College of Science and offers baccalaureate, masters, specialist and doctoral degrees and well as undergraduate and graduate certificates.

### **University of Pikeville**

147 Sycamore Street

Pikeville, KY. 41501

606-218-5250

Four year, private, not for profit liberal arts and sciences school

Also home to one of three medical schools in Kentucky, the Kentucky College of Osteopathic Medicine and as of the fall semester of 2016, the home of the Kentucky College of Optometry.

## Schools/Resource Centers

### Bath County

#### **Bath County Board of Education**

406 West Main Street  
Owingsville, KY. 40360  
606-674-6314

#### **Bath County High School**

645 Chenault Avenue  
Owingsville, KY. 40360  
606-674-6325  
606-674-6909

#### **Bath County Middle School**

385 West Main Street  
Owingsville, KY. 40360  
606-674-8165

#### **Crossroads Elementary School**

4755 Hwy 60  
Owingsville, KY. 40360  
606-674-2101

#### **Owingsville Elementary School**

50 Chenault Drive  
Owingsville, KY. 40360  
606-674-2722

#### **Bath County Youth Service Center**

335 West Main Street  
Owingsville, KY. 40360  
606-674-2100

### Menifee County

#### **Menifee County Board of Education**

P.O. Box 110  
Frenchburg, KY. 40322  
606-768-8002

#### **Botts Elementary School**

6882 US Hwy 460  
Denniston, KY. 40316  
606-768-8052

#### **Menifee County Elementary School**

119 Indian Creek Road  
Frenchburg, KY. 40322  
06-768-8351

#### **Menifee County Middle School**

59 Indian Creek Road  
Mt. Sterling, KY. 40322  
606-768-8351

119 Indian Creek Road  
Frenchburg, KY. 40322  
606768-8102  
Family Resource Center  
606-768-8160  
Youth Service Center  
606-768-8161

#### **Menifee Job Corp**

6969 Tarr Ridge  
Frenchburg, KY. 40322  
606-768-2111

**Schools/Resource Centers (continued)**

**Montgomery County**

**Montgomery County Board of Education**

640 Woodford Drive  
Mt. Sterling, KY. 40353  
859-497-8760

**Camargo Elementary School**

4307 Camargo Road  
Mt. Sterling, KY. 40353  
859-498-8776 or 859-798-8775

**Mt. Sterling Elementary School**

6601 Indian Mound Drive  
Mt. Sterling, KY. 40353  
859-497-8730

**Mapleton Elementary School**

809 Indian Mound Drive  
Mt. Sterling, KY. 40353  
859-497-8752

**Montgomery County High School**

724 Woodford Drive  
Mt. Sterling, KY. 40353  
859-497-8765

**McNabb Middle School**

3570 Indian Mound Drive  
Mt. Sterling, KY. 40353  
859-497-8770

**Montgomery County High School**

724 Woodford Drive  
Mt. Sterling, KY. 40353  
859-497-8765

**Early Learning Center**

212 N. Maysville Street  
Mt. Sterling, KY. 40353  
859-497-2124

**Northview Elementary**

1040 Maysville Road  
Mt. Sterling, KY. 40353  
859-497-8703

**The Sterling School**

724 Woodford Drive  
Mt. Sterling, KY. 41472  
859-497-8761

**Montgomery County Accelerated Academy**

700 Woodford Drive  
Mt. Sterling, KY. 40353  
859-497-8765

**MSE/Mapleton FRC**

6601 Indian Mound Drive  
Mt. Sterling, KY. 40353  
859-497-8726

**Camargo FRC**

4307 Camargo Road  
Mt. Sterling, KY. 40353  
859-497-8743

**Montgomery County Youth Service Center (6<sup>th</sup>-12<sup>th</sup>)**

724 Woodford Drive  
Mt. Sterling, KY. 40353  
859-497-8779

## Schools/Resource Centers (continued)

### Morgan County

Morgan County Board of Education  
155 University Drive  
West Liberty, KY. 41472  
606-743-8002

Morgan County High School  
150 Road to Success  
West Liberty, KY. 41472  
606-743-8052

**East Valley Elementary School**  
7585 Hwy 172  
West Liberty, KY. 41472  
606-522-8152

**Ezel Elementary School**  
31 Walnut Street  
Ezel, KY. 41425  
606-725-8202

**Morgan Middle School**  
380 Road to Success  
West Liberty, KY. 41472  
606-743-8102

**Morgan Central Elementary School**  
3201 Hwy 460 West  
West Liberty, KY. 41472  
606-743-8552

**Wrigley Elementary School**  
7490 Hwy 7  
West Liberty, KY. 41472  
606-743-8302

**Morgan Middle Youth Service Center**  
380 road to Success  
West Liberty, KY. 41472  
606-743-8113

**Ezel FRC**  
31 Walnut Street  
Ezel, KY. 41425  
606-725-8208

**Morgan Central FRC**  
3201 Hwy 460  
West Liberty, KY. 41472  
606-743-8432

**Morgan County High Youth Service Center**  
150 Road to Success  
West Liberty, KY. 41472  
606-743-8073

## Schools/Resource Centers (continued)

### Rowan County

#### **Rowan County Board of Education**

415 W. Sun Street  
Morehead, KY. 40351  
606-784-8928

#### **Rowan County High School**

499 Viking Drive  
Morehead, KY. 40351  
606-784-8956  
Family Resource Center  
784-0029

#### **Clearfield Elementary School**

460 McBrayer Road  
Clearfield, KY. 40313  
606-784-5792  
Family Resource  
784-2653

#### **McBrayer Elementary School**

550 Viking Drive  
Morehead, KY. 40351  
606-784-1204  
Family Resource Center  
784-5383

#### **Rodburn Elementary School**

91 Christy Creek  
Morehead, KY. 40351  
606-784-3000  
Family Resource Center  
606-784-9211

#### **Tildon Hogge Elementary School**

955 Cranston Road  
Morehead, KY. 40351  
606-784-4604  
Family Resource Center  
606-784-8927

#### **Rowan County Middle School**

555 Viking Drive  
Morehead, KY. 40351  
606-784-8911  
Family Resource Center  
606-7854-6305

#### **Rowan County Preschool**

455 Sun Street  
Morehead, KY. 40.51  
606-784-7721

#### **Bluegrass Discovery Academy**

413 W. Sun Street  
Morehead, KY. 40351  
606-784-8928

## Child Care Services

### Bath County

#### **Bath County Board of Education**

School Age Child Care  
50 Chenault Drive  
Owingsville, KY. 40360  
606-674-2722

#### **Bath County Board of Education**

School Age Child Care  
4755 E Hwy 60  
Owingsville, KY. 40360  
606-674-2101

#### **Owingsville Baptist Church Daycare**

92 Coyle Street  
Owingsville, KY. 40360  
606-674-2055

### Montgomery County

#### **First Church of God**

1051 Camargo Road  
Mt. Sterling, KY. 40353  
859-498-7914

#### **Little Einsteins**

1900 Owingsville Road  
Mt. Sterling, KY. 40353  
859-404-8971

#### **Playground Station Inc.**

3062 Old Owingsville Road  
Mt Sterling, KY. 40353  
859-498-9927

#### **Camargo After School Child Care**

4307 Indian Mound Drive  
Mt. Sterling, Ky. 40353  
859-497-6424  
Fax 859-497-6423

#### **Christian Traditional School, Inc.**

925 Woodford Drive  
Mt. Sterling, KY. 40353  
859-498-1565

#### **Tiny Blessings Daycare & Preschool**

846 Grassy Lick Road  
Mt. Sterling, KY. 40353  
859-499-0016

#### **Mapleton After School Child Care**

809 Indian Mound Drive  
Mt. Sterling, KY. 40353  
859-497-6424  
Fax 859-497-6423

#### **MSE After School Child Care**

6601 Indian Mound Drive  
Mt. Sterling, KY. 40353  
859-497-6424  
Fax 497-6423

#### **Northview After School Child Care**

1040 Maysville Road  
Mt. Sterling, KY. 40353  
859-497-6424  
Fax 859-497-6423

### Montgomery County Certified Homes

#### **RugRats**

#### **Joyce Lee Brewer**

153 Westside Drive  
Mt. Sterling, KY. 40353  
859-585-2742

#### **Learning Step by Step Daycare**

#### **Sheila Delores Maloney**

824 Vanda Branch Drive  
Mt. Sterling, KY. 40353  
859-497-0828

#### **Teresa's Daycare**

#### **Teresa Ann Martin**

617 2<sup>nd</sup> Street  
Mt Sterling, KY. 40353  
859-274-2632

#### **Lollipop in Home Daycare**

#### **JoAnn Stephens Powell**

48 Johnson Ave.  
Mt Sterling, KY. 40353  
859-432-6171

### Morgan County

#### **Baby's Day Inn**

909 Prestonsburg Street  
West Liberty, KY. 41472  
606-743-2751

#### **Pooh's Corner**

Certified Home  
41 Hwy 191  
West Liberty, KY. 41472  
606-743-2172

### Rowan County

#### **Bizzy Bears Child Care**

234 West First Street  
Morehead, KY. 40351  
606-780-0121  
Mon-Sat. 5:00 a.m.-12:30 a.m.  
Ages 6 wks-12 years

#### **Kids Academy**

4151 KY. 801N  
Morehead, KY. 40351  
606-780-9277  
Mon-Fri. 6:00 .m. -6:00 p.m.

#### **Kidz Kare Childhood Develop. Center**

147 East First Street  
Morehead, KY. 40351  
606-784-7152  
Mon-Fri. 6:30 a.m.-

#### **Lakeside Christian Academy Preschool Program**

2535 US Hwy 60 West  
Morehead, KY. 40351  
606-784-2751  
Ages 2-5 years only  
7:30 a.m.-5:30 p.m.

#### **Morehead Childcare & Activity Center**

350 Pinecrest Drive  
Morehead, KY. 40351

#### **Morehead United Methodist Church Preschool Program**

227 West Main Street  
Morehead, KY. 40351  
606-784-0320  
606-784-5624

**Munchkin Academy**

180 Christy Creek  
Morehead, KY. 40351  
606-783-0411  
Mon-Fri. 5 a.m.-6:00 p.m.  
6 wks-2

**Rowan County Child Care**

455 West Sun Street  
Morehead, KY. 40351  
606-784-7721  
(Available to children enrolled in Rowan  
Co. Preschool or Head Start only)

**Rowan County Christian Academy**

576 Sunset Drive  
Morehead, KY. 40351  
606-780-9566

**Marsha's Day Care**

28 N. Clinton Lane  
Morehead, KY 40351  
606-783-1321

**Child Care Resource and Referral Agencies**

**Find Kentucky Kid Care**

Statewide Toll Free Number 877-316-3552

**Head Start centers** are listed on pages 2 and 3 of this booklet. Head Start provides educational and family services for young children enrolled in the program and is not a traditional day care program. For more information, please contact the Family Advocate listed for each center.



## **Clothing Assistance**

### **Bath County**

#### **Christian Social Services**

44 Coyle Street  
Owingsville, KY. 40360  
606-674-6906  
Mon-Fri, 9:30 a.m. to- 4:30 p.m.  
(Serves Bath & Menifee)

### **Menifee County**

#### **Bethel Baptist Church**

926 Hwy 36  
Frenchburg, KY. 40322  
9:00 a.m. – 2:00 p.m.  
606-768-3768

#### **Christian Social Services**

44 Coyle Street  
Owingsville, KY. 40360  
9:00 a.m.-4:00 p.m.  
(Serves Bath & Menifee)

### **Montgomery County**

#### **Goodwill Industries**

900 Indian Mound Drive  
Mt. Sterling, KY. 40353  
Mon-Sat. 9:00 a.m.-9:00 p.m.  
Sunday 10:00 a.m.-6:00 p.m.  
859-497-0003

#### **Montgomery Co. Homeless Coalition**

Montgomery County Health & Civic Center  
Mt. Sterling, KY. 40353  
859-432-2322

#### **Apostles Closed**

#### **Heritage Christian Church**

402 Commerce Circle  
Mt. Sterling, KY. 40353  
859-497-2003

Provides a free monthly outreach at the church from 8:-- to 12:00. (see Facebook page for upcoming dates. Offer items such as clothing, toys, shoes, coats and small household items. Provide clothing and household items I the case of house fires and emergency placement situations.

### **Morgan County**

**United Methodist Opportunity Store**

691 Gardner Drive  
West Liberty, KY. 41472  
Mon-Fri. 9:00 a.m.-5:00 p.m.  
Saturday 9:00 a.m.-4:00 p.m.  
606-743-1278

**Victoria's Closet**

597 Prestonsburg Street  
West Liberty, KY. 41472  
Mon-Sat. 9:00 a.m.-5:00 p.m.  
Sunday 10:00 a.m.-4:00 p.m.  
606-743-4041

**Rowan County**

**Christian Social Services**

1466 W. Main Street  
Morehead, KY. 40353  
Mon-Fri. 10:00 a.m.-4:30 p.m.  
606-784-0062  
606-784-5329  
(Serves Rowan only)

**Goodwill Industries**

206 Kroger Center  
Morehead, KY. 40351  
Mon-Sat. 9:00 a.m.-9:00 p.m.  
Sunday 10:00 a.m.-6:00 p.m.  
606-783-0022

**Food Assistance**

## **Bath County**

### **Christian Social Services**

44 Coyle Street  
Owingsville, KY. 40360  
606-674-6906

### **Christian Social Services**

44 Coyle Street  
Owingsville, KY. 40360  
606-674-6906

### **Bath County Farmer's Market**

Intersection of 1-64 and US 60 at Exit 123  
June-October  
Tues, Fri. & Sta. 8:00 until sold out  
606-674-6121

## **Menifee County**

### **Dayspring Food Pantry**

1517 Main Street  
Frenchburg, KY. 40322  
606-7686779

### **Project Worth & Outreach**

72 Industrial Park Road  
Means, KY. 40346  
606-768-6384

### **Menifee County Farmer's Market**

Back Street-Frenchburg  
July-October  
Friday 4:00-6:00 p.m.

## **Montgomery County**

### **Camargo Church of God**

#### **Ella's Outreach**

4322 Camargo Road  
Mt. Sterling, KY. 40353  
859-498-0702

Provides food to needy families and individuals. Requirements are to be a Montgomery County resident, bring income level and number in household. Services available on first and third Thursday of the month from 12:00 a.m. to 6:00 p.m.

### **Camargo United Methodist Church**

Old Fort Food Pantry  
4507 Camargo Road  
Mt. Sterling, KY. 40353  
859-497-1184

Social Security number and photo identification required. Supply vegetables and non-perishable and staple items.

### **Church of the Harvest**

### **Sterling Community Food Coalition**

2450 Osborne Road  
Mt. Sterling, KY. 40353  
859-498-7983  
Offers a variety of services including the Angel Food Program, Alcoholics Anonymous, Families of Addicted Loved Ones, and Bible classes through Alpha Bible College.

515 Maysville Road  
Mt. Sterling, KY. 40353  
[www.sterlingcommunityfoodcoalition.org](http://www.sterlingcommunityfoodcoalition.org)  
Food Pantry Hours:  
Mon. 6:00-7:00 p.m., Tues. 4:30-5:30 p.m., Thurs. 9:00-10:00 a.m. & 4:30-5:30 p.m.  
The Mt. Sterling-Montgomery County community now has access to a new food pantry through the efforts of the Sterling Community food Coalition. This 501©(3) non-profit group has the mission of providing food to people who are insecure in their food supply and to support ongoing efforts by the community to ends hunger.

**Gateway Christian Church**  
801 Winchester Road  
Mt. Sterling, KY. 40353  
859-498-3876  
Offers support services including food and financial support

**Mt. Sterling Church of the Nazarene**  
119 Winn Street  
Mt. Sterling, KY. 40353  
859-498-1114  
Will provide one day emergency help

### **Morgan County**

**Christ's Pantry**  
304 Prestonsburg Street  
West Liberty, KY. 41472  
606-743-4356  
Mon. 4:00 p.m.-6:00 p.m.  
Must have proof of residency, income and household size.

**Tree of Life Ministries, Inc.**  
87 Redwine Road  
West Liberty, KY. 41472  
Angela Lewis  
606-495-0327  
Fourth Wednesday of each month

### **Rowan County**

**Bluebank Church Ministry**  
1019 West Main Street  
Morehead, KY. 40351  
606-780-1090

**Christian Social Services**  
1446 East Main Street  
Morehead, KY. 40351  
606-784-5329

**Community Soup Kitchen**

3103 Flemingsburg Road  
Morehead, KY. 40351  
Monday-Friday  
10:30 a.m.-1:30 p.m.

606-784-9533

**Morehead Gateway Helping Hands**

204 Morehead Plaza  
P.O. Box 316  
Morehead, KY. 40351  
606-780-9704

**Johnson First Church of God Food  
Pantry**

590 Cranston Road  
Morehead, KY. 40351  
606-462-3444

Can get assistance every two months.  
Must have proof of Rowan Co. residency.  
Can call Monday-Thursday and leave  
name and number and will be called  
back.

**God's Pantry Food Bank**

100 Ingram Drive  
Morehead, KY. 40351  
606-784-5555  
Mon, Tues, Thurs., Fri.-9:00 a.m.-3:00  
p.m.  
Wed. 12:30 p.m.-3:00 p.m.

**Rowan County Farmer's Market**

Corner of US 60 and Bridge Street  
near the entrance of Morehead City Park  
Morehead, KY. 40351  
Open Wednesday and Saturday  
11:00 a.m.-5:00 p.m.  
Usually opens around June each year

## **Emergency Assistance and Shelters**

### **American Red Cross**

Eastern Kentucky Chapter  
4201 Blackburn Avenue  
Ashland, KY. 41101  
606-325-1626

#### Services Include:

- Disaster relief-provide shelter, food, health and mental health services to help families and entire communities get back on their feet.
- Supporting military families-help families prepare for, cope with and respond to the challenges of military service
- Lifesaving blood-largest single supplier of blood and blood products in the U.S.
- Health and safety services-leading provider of health and safety courses, such as CPR, First Aid, and Lifeguard training.
- International services-part of the world's largest humanitarian network with 13 million volunteers in 187 countries.

### **D.O.V.E.S. of Gateway**

P.O. Box 1012  
Morehead, KY. 40351  
(800)221-4361-Crisis Line  
606-784-6880-Business Office

Serves victims of domestic violence. (9 beds with a capacity of 28 beds for adults and children, length of stay varies.) Provides assistance for victims of domestic violence in all Gateway counties.

### **Gateway Homeless Coalition, Inc.**

P.O. Box 326  
695 Flemingsburg Road  
Morehead, KY. 40351  
606-784-2668 or 877-627-5754

Offers emergency housing services, which includes shelter and food for homeless men, women and children. (17 bed capacity). Serves all Gateway counties. Services include shelter, case management and advocacy for individuals and families experiencing homelessness in the Gateway counties.

## Emergency Shelters and Assistance (continued)

### **Gateway Children's Services**

37 N. Maysville

Mt. Sterling, KY. 40353

859-498-9892

Transitional housing program for male and female youth, length of stay based on need. (28 beds) Services include counseling, service referrals, education programs, emergency housing for youth at risk of abuse/safety issues, serves all populations of youth at risk.

### **Montgomery County Ministerial Association**

P.O. Box 127

Mt. Sterling, KY. 40351

Contact local churches or the police station for referrals. One night of lodging in a local motel for transients only; food assistance for transient persons only.

### **Morehead Ministerial Association**

P.O. Box 328

Morehead, KY. 40351

784-5626 or 784-7511

Food and lodging for one night only, transportation assistance

### **Morgan County Ministerial Association**

General Delivery

West Liberty, KY. 41472

606-743-7202

Food assistance, lodging and transportation assistance, (1 to 6 days of lodging assistance)

### **Mountain Haven**

1034 E. Main Street, Level 2

Morehead, KY. 40351

606-784-3337

24 Hour Emergency On Call-606-207-0916

Provides shelter and services to youth ages 12 to 17 who are runaway and/or homeless. DCBS youth also accepted. [Facebook.com/rowansafeplace](https://www.facebook.com/rowansafeplace)

## Housing

### Bath County

#### **Beaver Creek Apartments**

270 Raney Road  
Sharpsburg, KY. 40374  
606-247-2254

#### **Housing Authority of Owingsville Bernard Heights**

180 Kendall Springs Avenue  
Owingsville, KY. 40360  
606-674-2704

#### **Mountain View Estates**

358 Slate Avenue  
Owingsville, KY. 40360  
606-674-9778

#### **Valley View Apartments**

143 Kendall Springs Avenue  
Owingsville, KY. 40360  
606-674-2553

### Menifee County

#### **Beaver Creek Apartments**

45 Beaver Creek Court  
Frenchburg, KY. 40322  
606-768-6363

#### **Frenchburg Apartments**

US Hwy 460  
Frenchburg, KY. 40322  
606-768-3398

#### **Menifee Housing Associates**

36 Motley Court  
Frenchburg, KY. 40322  
606-768-3672

#### **Walnut Grove Apartments**

40 Walnut Grove  
Frenchburg, KY. 40322  
606-768-6500

### Montgomery County

#### **Doe Run Apartments**

1919 Doe Run  
Mt. Sterling, KY. 40353  
859-498-1344

#### **Garden Springs Apartments**

948 Shoemore Drive  
Mt. Sterling, KY. 40353  
859-498-4570

#### **Indian Mound Manor Apartments**

112 Burley Avenue  
Mt. Sterling, KY. 40353  
859-498-4570

#### **Main Cross Apartments**

8 e. Main Street  
Mt. Sterling, KY. 40353  
859-498-7689

#### **Montgomery Square Apartments**

1376 Indian Mound Drive  
Mt. Sterling, KY. 40353  
859-581-8500

#### **Mt. Sterling Housing Authority**

335 Bernard Avenue  
Mt. Sterling, KY. 40353  
859-498-5592



## Housing (continued)

### Montgomery County (continued)

#### **Mt. Sterling Housing**

304 W. Main Street  
Mt. Sterling, KY. 40353  
859-498-4542

#### **Sterling Oaks**

118 Ronameki Drive  
Mt. Sterling, KY. 40353  
859-329-8588

#### **Springridge Apartments**

100 Summit Place  
Mt. Sterling, KY. 40353  
859-498-4731

#### **Wood Hill Apartments**

801 Hawkins Drive  
Mt. Sterling, KY. 40353  
859-497-0883

### Morgan County

#### **Frederick Place Apartments**

100 Liberty Heights Court  
West Liberty, KY. 41472  
606-743-4416

#### **Oak Ridge Apartments**

915 Liberty Road  
West Liberty, KY. 41472  
606-743-7388  
606-743-7314

#### **Main Street Apartments**

100 Bellamy Court  
West Liberty, KY. 41472  
606-743-3723

#### **Wells Hill Apartments**

939 Liberty Road  
West Liberty, KY. 41472  
606-743-4870

### Rowan County

#### **Habitat for Humanity**

123 E. Main Street  
Morehead, KY. 40351  
606-776-0022

#### **Clearfield Manor**

41 Fryl Street  
Clearfield, KY. 40313  
606-784-1966

#### **Ed Mabry Apartment Rentals**

350 Christy Creek  
Morehead, KY. 40351  
606-784-7575

#### **Boodry Place**

100 Boodry Place  
Morehead, KY. 40351  
606-780-0249

#### **Eagle View Apartments**

947 McBrayer Road  
Clearfield, KY. 40313  
606-784-1082

#### **Frontier Housing**

5445 Flemingsburg Road  
Morehead, KY. 40351  
606-784-2130 Ext. 240

## Housing (continued)

### Rowan (continued)

**Housing Authority of Morehead**

Heritage Place 606-784-4314  
Divide Hill 606-784-1187  
Triplet View 606-784-8578

**McBrayer Manor Apartments**

950 McBrayer Road  
Clearfield, KY. 40313  
606-683-3100

**Mountain View Apartments**

100 Rodburn Hollow Road  
Morehead, KY. 40351  
606-783-1787

**Rbp, Inc.**

520 Oakwood Street  
Morehead, KY. 40351  
606-329-8588

**Pinnacle Apartment Homes**

150 Pinnacle Way  
Morehead, KY. 40351  
606-780-7606

**Kentucky Housing Corporation**

1231 Louisville Road  
Frankfort, KY. 40601  
502-564-7630  
800-633-8896

**Fouch Rentals**

202 Barker Place  
Morehead, KY. 40351  
06-783-1993

**Pine Ridge Apartments**

300 Pine Ridge  
Morehead, KY. 40351  
606-783-1202

**Morehead KY Rentals**

P.O. Box 1242  
Morehead, KY. 40531  
606-784-4322

**Cornerstone Rentals**

2100 US Hwy 60 E  
Morehead, KY. 40351  
606-783-1941

## Home Repair Loans/Grants

### United States Department of Agriculture Rural Development

US Department of Agriculture Rural Development operates over 50 financial assistance programs for a variety of rural applications. Listed below is a sample of existing programs and services for individuals. All programs and services may be accessed at the USDA Rural Development website with general and contact information for local Rural Development locations.

- Farm Labor Housing Direct Loans and Grants
- Household Water Well System Grants
- Individual Water and Wastewater Grants
- Multi-Family Housing Direct Loans
- Rural Energy for America Program Renewable Energy Systems and Energy Efficiency Improvement Loans and Grants
- SEARCH-Special Evaluation Assistance for Rural Communities and Households
- Single Family Housing Direct Home Loans
- Single Family Housing Guaranteed Loan Program
- Single Family Housing Repair Loans and Grants
- Socially-Disadvantaged Groups Grants
- Value Added Producer Grants

#### Single Family Housing Repair Loans and Grants

- Provides loans to very-low income homeowners to repair, improve or modernize homes or grants to elderly very-low income homeowners to remove health and safety hazards

#### HouseWorks Program

Helps Kentucky homeowners in rural communities pay for common household projects, such as plumbing problems, roof repairs, and nearly any critical improvement that makes a home more livable. Houseworks is the result of a partnership between USDA Rural Housing and the Kentucky Housing Corporation and applications for the program are available from the local USDA Rural Development office.

USDA Rural Development  
Hilda Legg, State Director  
771 Corporate Drive, Suite 200  
Lexington, KY. 40503  
859-224-7300

John Wells-Guaranteed Loan  
Specialist  
(270) 821-4430

## Home Repair Loans/Grants (continued)

### USDA Rural Development contact info (continued)

#### **Morehead Service Center**

220 West 1<sup>st</sup> Street  
Morehead, KY. 40351  
606-784-6447, Ext. 4

#### **Morgan County Farm Service Agency**

955 Prestonsburg Street  
West Liberty, KY. 41472  
Christopher Cantrell-Farm Loan Mgr.  
606-743-3410

#### **Mt. Sterling Service Center**

509 Willin Way  
Mt. Sterling, KY. 40353  
859-498-5487

#### **Apprison**

2265 Harrodsburg Road  
Lexington, KY. 40504  
800-355-2227

Financial advocates provide HUD-approved counseling when changes in finances impact homeownership. Apprison offer specific solutions for mortgage delinquency and foreclosure prevention and also provide reverse mortgage counseling. Appointments can be conducted by phone, on-line or face-to-face. Other locations in Louisville, Elizabethtown and Florence.

#### **Kentucky ABLE**

3175 Custer Drive  
Suite 303  
Lexington, KY. 40517  
859-684-9611

Assists low-income seniors, disabled persons and military veterans with critical home repairs, focusing on safety access and health.

## Medical Services

### Home Health Services

#### Montgomery County

##### Amedisys

101 Bruce Professional Park  
Mt. Sterling, KY. 40353  
859-498-5199

#### Morgan County

##### Morgan Co. ARH Home Health Agency

518 Main Street, Suite 1  
West Liberty, KY. 41471  
606-743-4371

#### Rowan County

##### St. Claire Regional Home Health

135 Hargis Avenue  
Morehead, KY. 40351  
606-784-8403

##### St. Claire Regional Hospice

201 Lyons Avenue  
Morehead, KY. 40351  
606-783-6812

##### St. Claire Regional Palliative Medicine

234 Medical Circle  
Morehead, KY. 40353  
606-783-6804

Medical services focusing on relieving suffering and improving quality of life for anyone dealing with a serious, long-term illness. (Does not serve Morgan County)

### Ambulance Services

Bath County Ambulance Service	911	606-674-8158
Menifee County Ambulance Service	911	606-768-3200
Montgomery County Ambulance Service	911	859-498-4357
Morgan County Ambulance Service	911	606-743-4700
Rowan County Ambulance Service	911	606-784-4333

**Health Services  
Clinics/Physicians**

**Bath County**

Community Family Clinic  
Taufik Kassis, M.D.  
17 Miller Drive  
Owingsville, KY. 40360  
606-674-3033

Buffalo Trace Health Care  
Sharpsburg Medical Clinic  
601 Main Street  
Sharpsburg, KY. 40374  
606-247-5006

New Hope Clinic  
41 S. Court Street  
Owingsville, KY. 40360  
Thursday only 9:00 a.m.- 5:00 p.m.  
606-674-8822

St. Claire Regional Family Medicine  
Brad Baker-OD  
Teri Roberts, APRN  
Lori Ervin, APRN  
632 Slate Avenue  
Owingsville, KY. 40360  
606-674-6386

Bath Community Medical Center  
44 Water Street  
Owingsville, KY. 40360  
606-674-9776

**Menifee County**

**Community Family Clinic**  
Taufik Kassis-M.D.  
784 Hwy 36  
Frenchburg, KY. 40322  
606-768-9190

St. Claire Family Medicine  
Melissa Cox-M.D.  
Logan "William" Murphy-DO  
Jennifer Akers-APRN  
732 Hwy 36  
Frenchburg, KY. 40322  
606-768-2191

**Montgomery County**

Community Family Clinic  
Taufik Kassis-MD  
125 Foxglove Drive  
Mt. Sterling, KY. 40353  
859-498-3033

Montgomery County Family Care Clinic  
Brenda Drennen, Lori Wells,  
Chris Vickery-NP  
129 Stone Trace  
Mt. Sterling, KY. 40353  
859-498-6006

**Clinics/Physicians (continued)**

**Montgomery County (continued)**

**Ky. One Primary Care Associates**

**Tom McCormick, MD**  
**Brian Glover, DO**  
40 Bank Street  
Mt. Sterling, KY. 40352  
859-498-2815

**Ky. One Primary Care**

**Paul McLaughlin, MD**  
250 Foxglove Drive  
Mt. Sterling, KY. 40353  
606-498-3098

**Ky. One Primary Care**

**Jeffrey McGinnis, MD**  
103 Commonwealth Drive  
Mt. Sterling, KY. 40353  
859-498-7716

**Means Primary Clinic**

Rezkella Butros, MD  
Skyview Drive  
Mt. Sterling, KY. 40353  
606-497-7726

**Mt. Sterling Pediatrics**

**Brandy Fouch, MD**  
260 Evans Avenue  
Mt. Sterling, KY. 40353  
859-498-5243

**Sterling Women's Care**

635 Maysville Road, Suite A  
Mt. Sterling, KY. 40353  
859-498-2323

**Stanford Archer, MD**

Ear, Nose and Throat  
50 Sterling Avenue  
Mt. Sterling, KY. 40353  
859-497-7726

**Sandra Bouzaglou, MD**

Plastic Surgery  
50 Sterling Avenue  
Mt. Sterling, KY. 40353  
859-497-7726

**Thomas Thornberry, MD**

Family Medicine  
260 Evans Avenue  
Mt. Sterling, KY. 40353  
859-498-7345

**Lexington Clinic**

William Roberts, MD  
Cammual Suttor, MD  
805 Alexa Drive  
Mt. Sterling, KY. 40353  
859-498-5105

**Brent Terrill, MD**

Urology  
101 Bruce Professional Park, Suite b  
Mt. Sterling, KY. 40353  
859-498-1460

**Mt. Sterling Clinic**

Drs. King, Roberts, Rogers & Calleja  
100 Sterling Way  
Mt. Sterling, KY. 40353  
859-497-7726

## Clinics/Physicians (continued)

### **Dr. William Tracy Shultz**

Addiction Recovery & General Medicine  
Ages 10 and up  
105 Bruce Professional Plaza  
Mt. Sterling, Ky. 40353  
859-498-0082

### **Means Primary Clinic**

Rezkella Butros, MD  
148 Skyview Drive  
Mt. Sterling, KY. 40353  
606-497-7726

### **Sterling Health Solutions**

Dr. Hall  
209 N. Maysville street, Suite 200  
Mt. Sterling, KY. 40353  
859-404-7686

### **Post Clinic**

General Medicine  
125 Sterling Avenue  
Mt. Sterling, KY. 40353  
859-498-0231

## Morgan County

### **Faith Family Practice**

Brent Davis, PA-C  
Steven Conrotto, MD  
801 N. Main Street  
West Liberty, KY. 41472  
606-743-1422

### **Morgan Medical Clinic**

James Kevin Holbrook, MD  
Lucinda Crager, APRN  
Wendy Lykins, APRN  
476 Liberty Road  
West Liberty, KY. 41472  
606-743-3198

### **Morgan Family Health**

Rita Allen, APRN  
Kelli Keller, MD  
Jeremy Keller, DO  
1084 Hwy 7, Suite Z  
West Liberty, KY. 41472  
606-743-3065

### **Youthful Essence Medical Center**

Elizabeth Potter, NP  
1219 W. Main Street  
West Liberty, KY. 41472  
606-743-1600

### **Juniper Health Morgan County**

Sandra McClure, APRN  
North Main Street  
West Liberty, KY. 41472  
606-743-4808

### **James Frederick, MD**

430 Liberty Road  
West Liberty, KY. 41472  
606-743-3114



**Clinics/Physicians (continued)**

**Rowan County**

**St. Claire Family Care Clinic**  
Family Medicine, Obstetrics  
316 W. 2<sup>nd</sup> Street  
Morehead, KY. 40351  
606-784-3771

**Sharon Allen-Kinney, LCSW**

Counseling

**Craig H. Burrows, MD**

Family Medicine

**Marie Dennison, MD**

Family Medicine

**Amanda L. Ramey, DO**

Family Medicine

**Frances Merritt, CNM**

Midwifery

**Mary Caric, APRN**

Family Medicine

**Lesley Jackson, MD**

Family Medicine

**Amy J. Conley, MD**

Family Medicine

**William Melahn, MD**

**St. Claire Regional Family Medicine**

**Express**

1028 East Main Street

Morehead, KY. 40351

606-783-6866

**Thomas Fosset, MD**

Orthopedics

**Michael Anstead, MD**

Pulmonology

**Richard W. Proudfoot, MD**

Wound Care and Hyperbaric

**St. Claire Regional Family Medicine**  
**Express**

Family Medicine, Sports Physicals,  
Walk-in Clinic

1028 East Main Street

Morehead, KY. 40351

606-783-6400

**Natalie "Lisa" Black, APRN**

Family Medicine

**Seigfred Jalalon, MD**

Family Medicine

**Glen Standafer, APRN**

Family Medicine

**Georgette Greene, APRN**

Family Medicine

**Lucy Mays, APRN, DNP**

Family Medicine

**Michele Walters, APRN, DNP**

Family Medicine

**Lalona L. Hall, APRN**

Family Medicine

**Bethany McClure, PA-C**

Family Medicine

**Kristen Yarman, APRN**

Family Medicine

St. Claire Family Medicine North

255 Old Viking Drive

Morehead, KY. 40351

606-784-2774

**Kim Bromagen, PA-C**

Family Medicine

**Wendy Fletcher, DNP, APRN**

Family Medicine

**Clinics/Physicians (continued)**

**Rowan County**

**St. Claire Medical Pavilion**  
**245 Flemingsburg Road**  
**Morehead, KY. 40351**  
**606-780-5500**

**James Lynch, MD**  
General Surgery, Bariatric Surgery  
**Ahmad Isbitan, MD**  
Cardiology  
**Selena Raines, DO**  
Family Medicine  
**Sarah Campbell, APRN**  
Gastroenterology  
**J. Michael Burton**  
General Surgery  
**Mary Phillips, MD**  
General Surgery  
**John A. Sanders, MD**  
Hospice  
Palliative Medicine  
**Mansha U Kahloon, MD**  
Cardiology  
**Melissa Walters, APRN**  
Family Medicine  
**Thadis C. Cox, MD**  
Gastroenterology  
**James Lynch, MD**  
General Surgery  
Bariatric Surgery  
**Katrina Winkler, MD**  
General Surgery  
**Jacob Perry, MD**  
General Surgery  
**Laith J. Sweis, MD**  
Internal Medicine

**Morehead Pediatrics**  
**716 W. Main Street**  
**Morehead, KY. 40351**  
**606-780-5364**  
**Nancy Henly, MD.**  
Pediatrics  
**Tabitha Sims, APRN**

(continued)  
**Mohamed Eishayeb, MD**  
Nephrology  
**Steven Dietch, MD**  
Neurology  
**Allen S. Lim, ND**  
Oncology/Hematology  
**Charles” Chad” Crouse, MD**  
Orthopedics  
**Joshua “Cory” Bailey, MD**  
Pain Management  
**John A. Sanders, MD**  
Hospice  
Palliative Medicine  
**Lacinda M. Richel PA-C**  
Orthopedics  
**Stephen F. McFarland, APRN**  
Pain Management  
**Marsha Wall, PA-C**  
Orthopedics  
**Colby Holmes, DPM**  
Podiatry  
**Steven Koenig, MD**  
Pulmonology  
**Eugene S. Greenberg, ND**  
Urology  
**O. Thomas Newcomb III, MD**  
Urology  
**Oliver Thomas Newcomb IV, MD**  
Urology

## Health Departments

### Gateway District Health Department (Health Centers in Bath, Elliott, Menifee, Morgan and Rowan)

Services include: Infant and Children Services

- Physicals and Developmental Assessments
- Woman, Infants and Children Nutritional Service (WIC)
- Immunizations
- Fluoride
- Lead Screening
- Infectious Diseases

Adult Services

- Family Planning
- First Steps-(See page 57 for more information)
- Cancer Screenings
- Screening Mammogram Referral
- Breast Cancer Program
- Diabetes Services
- Prenatal services
- TB program
- Tobacco Education Program
- Hands Program-Provides information, referral and support for parents expecting their first child. Volunteer program for first time parents.
- Sexually Transmitted Infections
- HIV/AIDS
- Immunizations
- Health Education
- Nutrition Services

#### **Bath County Health Department**

68 Oberline Drive  
Owingsville, KY. 40360  
606-674-2731

#### **Menifee County Health Department**

1919 Main Street  
Frenchburg, KY. 40322  
606-768-2151

#### **Morgan County Health Department**

493 Riverside Drive  
West Liberty, KY. 41472  
606-743-3744

#### **Rowan County Health Department**

730 W. Main Street  
Morehead, KY. 40351  
606-784-8954

## **Health Departments (continued)**

### **Montgomery County Health Department**

(Montgomery County Health Department an independent facility and is not a part of the Gateway District Health Department system. However, services provided are comprehensive and include many services provided by the Gateway system.)

117 Civic Center

Mt. Sterling, KY. 40353

859-498-3808

### **Lexington-Fayette County Health Department**

650 Newtown Pike

Lexington, KY. 40508

859-288-2437 or 877-606-2437

Coordinates Care Services for persons with HIV/AIDS, assistance with medical care, case management, support services and housing assistance. Also have may HIV prevention programs for the community including rapid testing. Serves all Bluegrass, Buffalo Trace, FIVCO and Gateway counties.

## Hospitals

### **Appalachian Regional Hospital**

476 Liberty Road  
West Liberty, KY. 41472  
606-783-3186

### **St. Joseph East**

225 Falcon Drive  
Mt. Sterling, KY. 40353  
859-498-5000

### **St. Claire Regional Medical Center**

222 Medical Circle  
Morehead, KY. 40351  
606-783-6500

### **Cardinal Hill Foundation Easter Seals KY**

(formerly Cardinal Hill Rehabilitation Hospital)  
2050 Versailles Road  
Lexington, KY. 40504  
859-254-5701

#### **Services Include:**

##### **Inpatient Programs:**

- Amputee
- Arthritis
- Coma stimulation
- Extended rehabilitation
- Head injury
- Neuromuscular
- Orthopedic
- Spinal cord injury
- Stroke

##### **Outpatient Programs:**

- Adult therapy services
- Comprehensive pain management
- Occupational medicine center
- Outpatient clinic
- Pediatric therapy services

#### **Rehabilitation Specialists include:**

- Psychiatrists
- Primary nurses
- Physical therapists
- Speech/language pathologists
- Psychologists
- Social Worker
- Therapeutic recreation specialist
- Dieticians

## Hospitals (continued)

### **Shriner's Hospital**

1900 Richmond Road  
Lexington, KY. 40502  
859-266-2101

Services for the following orthopedic conditions:

1. Hand and shoulder disorders
2. Hip, knee and foot disorders
3. Spine and scoliosis
4. Sports injuries and fractures
5. Other orthopedic conditions

### **Shriner's Burn Institute**

3220 Burnet Avenue  
Cincinnati, Ohio 45027  
800-875-8580  
513-872-6000

### **Kentucky Cancer Program**

Serves all 120 counties through thirteen regional offices, provides cancer education, research and service programs.

### **Kentucky Cancer Program**

291 E. Main Street  
Morehead, KY. 40351  
606-784-6458  
606784-3443

### **Montgomery Cancer Care**

644 Maysville Rd, Suite 10  
Mt. Sterling, KY. 40353  
859-499-1000

### **Markey Cancer Center**

800 Rose Street  
Lexington, KY. 40356  
859-317-5413

**Dentists  
Bath County**

**Alaine Greene Baber, DMD**  
27 Miller Drive  
Owingsville, KY. 40360  
606-674-2010

**Larry Hamlin, DMD**  
135 Sudith avenue  
Owingsville, KY. 40360  
606-974-6305

**Menifee County**

**David Graham, DMD**  
**Emily Blevins, DMD**  
732 Hwy 36  
Frenchburg, KY. 40322  
606-768-6345

**Montgomery County**

**Cosmetic & Family Dentistry**  
**Alisha Tackett, DMD**  
225 Young Lane  
Mt. Sterling, KY. 40351  
859-498-2356

**Sterling Smiles**  
**Kristy H Carty, DMD**  
122 Stone Trace Drive, Suite A  
Mt. Sterling, KY. 40353  
859-497-4444

**Sterling Family Dental**  
**Jon Kelly Johnson, DMD**  
100 E. High Street  
Mt. Sterling, KY. 40353  
859-498-7130

**Scott Caudill, DMD**  
508 Maysville Road  
Mt. Sterling, KY. 40353  
859-498-1380

**Dr. Baber Dental Care**  
**Katherine Baber, DMB**  
225 Windsor Drive  
Mt. Sterling, KY. 40353  
859-498-3400

**Richard F. Henry, DMD**  
541 Willin Way  
Mt. Sterling, KY. 40353  
859-498-4347

**Montgomery Dental Center**  
**Jack Razor, DMD**  
**Albert Vollmer, DMD**  
25 E. High Street  
Mt. Sterling, KY. 40353  
859-498-1215

**Gary, McLaurin & Peterson**  
25 E. High Street  
Mt. Sterling, KY. 40353  
859-498-6204

**Gateway Dental Care**  
**Ellen Morgan, DDS**  
105 Brandon Way  
Mt. Sterling, KY. 40353  
859-497-2141

**Mt. Sterling Pediatric Dentistry**  
**Emilee Y. Sexton, DMD**  
25 E. High Street Suite 2  
Mt. Sterling, KY. 40353  
859-374-4434

## Dentists (continued)

### Morgan County

#### **Juniper Health**

Leigh Ann Gunnell  
674 West Main Street  
West Liberty, KY. 41471  
606-743-3030

#### **Jeffrey Bailey, DMD**

629 Main Street  
West Liberty, KY. 41472  
606-743-3200

### Rowan County

#### **Beacon Hill Family Dentistry**

**Charles Tingle, DMD**

**Emily Settle, DMD**

255 Beacon Hill  
Morehead, KY. 40351  
606-784-6631

#### **Cave Run Dental**

**Mitchell Patton, DMD**

400 Clinic Drive  
Morehead, KY. 40351  
606-784-4363

#### **Arnett Dental Clinic**

**Sheila Arnett, DMD**

**Larry Arnett, DMD**

204 Morehead Plaza  
Morehead, KY. 40351  
606-784-7033

#### **Commonwealth Family Dentistry**

**Kevin Kerley, DMD**

**Brandi Yates, DMD**

**Chassity Batzing, DMD**

750 W. Main Street  
Morehead, KY. 40351  
606-7843-0182

#### **Morehead Dental Group**

**Angela Frederick, DMD**

309 E. Main Street  
Morehead, KY. 40351  
606-784-6436

#### **Morehead Pediatric Dentistry**

**Bent Kidd, DMD**

1275 Hallwood Drive  
Morehead, KY. 40351  
606783-8000

#### **Karen Shay, DMD**

165 E. Main Street  
Morehead, KY. 40351  
606-784-4762

#### **Bonnie Daniels Wheatley**

716 w. Main Street  
Morehead, KY. 40351  
606-784-6616



**Dentists (continued)  
Rowan County**

**St. Claire Family Dentistry**  
**David L. Graham, DMD**  
316 W. Second Street  
Morehead, KY. 40351  
606-783-7701

**Other Dentists Out of Area**

**Dr. Megan Jackson**  
1301 Winchester Rd., Suite 225  
Lexington, KY. 40505  
859-258-2552

**Dentistry for Children**  
216 Fountain Court, Suite 150  
Lexington, KY. 40505  
859-543-2242

**Pediatric Dentistry of Winchester**  
Dr. Kline/Dr. Meeks  
2560 Bypass Road  
Winchester, KY. 40391  
859-737-1000

**Tim Crisp, DMD**  
Pediatric Dentistry  
11 Canary Lane  
Winchester, KY. 40391  
859-744-7031

## Optometrists

### Montgomery County

**Crockett Family Vision Center**  
**Ryan Crockett, OD**  
**Ellen Wolke, OD**  
499 Indian Mound Drive  
Mt. Sterling, KY. 40353  
859-498-4800

**Helderman Vision**  
**Wayne Helderman, OD**  
**Todd Jacobs, OD**  
1 N Maysville Road  
Mt. Sterling, KY. 40353  
859-498-6001

**Wal-Mart Discount Center**  
**Amy Thacker, OD**  
499 Indian Mound Drive  
Mt. Sterling, KY. 40353  
859-498-8110

### Morgan County

**Eye Institute**  
**Kent Nickell, OD**  
408 Main Street  
West Liberty, KY. 41472  
606-743-4111

**Vision Care Center**  
**Steven Colwell, OD**  
Peyton's Plaza  
West Liberty, KY. 41472  
606-743-4441

### Rowan County

**Thomas McHugh, OD**  
317 E. Main Street  
Morehead, KY. 40351  
606-783-1575

**Kentucky Eye Institute**  
**Bryant C. Evans, OD**  
333 Beacon Hill  
Morehead, KY. 40351  
606-784-3393

**Anthony Mayo, OD**  
129 W. Main Street  
Morehead, KY. 40351  
606-784-5355

**Wal-Mart Vision Center**  
200 Walmart Way  
Morehead, KY. 40351  
606-784-3937  
Dr. Muha

## Pharmacies

### Bath County

#### **Bath Hometown Pharmacy**

19 Miller Drive  
Owingsville, KY. 40360  
606-674-2423

#### **Family Discount Drugs**

60 Slate Avenue  
Owingsville, KY. 40360  
606-674-6979

#### **Owingsville Drug**

153 Miller Drive  
Owingsville, KY. 40360  
606-674-6334

### Menifee County

#### **Menifee Pharmacy**

732 Hwy 36  
Frenchburg, KY. 40322  
606-768-6610

#### **Menifee Clinic Pharmacy**

70 Main Street  
Frenchburg, KY. 40322  
606-786-2161

### Montgomery County

#### **Carrington Drug**

506 Maysville Road  
Mt. Sterling, KY. 40353  
859-498-3464

#### **CVS Pharmacy**

1201 Indian Mound Drive  
Mt. Sterling, KY. 40353  
859-498-4320

#### **Kroger Pharmacy**

810 Indian Mound Drive  
Mt. Sterling, KY. 40353  
859-4987-9696

#### **Northview Pharmacy**

638 Northview Drive  
Mt. Sterling, KY. 40353  
859-498-7700

#### **Ross Drugs**

125 Foxglove Drive  
Mt. Sterling, KY. 40353  
859-498-1004

#### **Walmart Pharmacy**

499 Indian Mound Drive  
Mt. Sterling, KY. 40353  
859-498-1392

### Morgan County

#### **Peyton's Pharmacy**

414 Main Street  
West Liberty, KY. 41472  
606-743-3163

#### **Clinic Pharmacy**

412 Liberty Road  
West Liberty, KY. 41472  
606-743-4957

#### **ARH Hospital Pharmacy**

476 Liberty Road  
West Liberty, KY. 41472  
606-743-7730

#### **Rite-Aid (Walgreen's)**

275 Prestonsburg Street  
West Liberty, Ky. 41472  
606-743-3425

## Pharmacies (continued)

### **ARH Clinic #2 Pharmacy**

1084 Hwy 7  
West Liberty, KY. 41472  
606-743-7842

## Rowan County

### **Cave Run Clinic**

425 Clinic Drive  
Morehead, KY. 40351  
606-784-4491

### **Holbrook Drug**

208 E. Main Street  
Morehead, KY. 40351  
606-784-4784

### **Kroger Pharmacy**

300 Kroger Center Drive  
Morehead, KY. 40351  
606-783-1476

### **Rite Aid Pharmacy**

388 W. Main Street  
Morehead, KY. 40351  
606783-1581

### **St. Claire Regional Medical Center Retail Pharmacy**

245 Flemingsburg Road  
Morehead, KY. 40351  
606-280--5550

### **St. Claire Retail Pharmacy at Medical Pavilion**

245 Flemingsburg Road  
Morehead, KY. 40351  
606-780-5550

### **Total Care Pharmacy**

206 W. Min Street  
Morehead, KY. 40351  
606\*-784-4491

### **Walmart Pharmacy**

200 Walmart Way  
Morehead, KY. 40351  
606-784-3266

## **Medical Taxis/Transportation**

### **Bath Medical Taxi**

606-780-9664

Serves Bath, Montgomery, Powell and Estill Counties. Will only bill Medicaid. Self-pay clients will need to call for a price quote.

### **Medi-Cab**

640 Main Street

West Liberty, KY. 41472

606-743-1900

### **Human Service Transportation Delivery (HSTD)**

LKLP Community Action Agency

800-245-2826\* or 888-807-2996

\*Does scheduling for Medi-Cab &

Gateway Community Action

(for transportation services in Bath, Menifee,

Morgan and Rowan Counties)

Montgomery County will need to contact

Federated Transportation Services of the

Bluegrass (FTSB) at 1-888-848-0989 or

(859) 233-0066.

## **Mental Health Services**

### **Pathways, Inc.**

Provides community-based center for mental health care, the prevention and treatment of alcohol and other addictions and services for individuals with intellectual or developmental disabilities.

### **Pathways, Inc.**

664 Slate Avenue  
Owingsville, KY. 40360  
606-674-6690

### **Pathways, Inc.**

70 Main Street  
Frenchburg, KY. 40322  
606-768-2131

### **Pathways, Inc.**

300 Foxglove Drive  
Mt. Sterling, KY. 40353  
859-498-2135

### **Pathways, Inc.**

767 N. Main Street  
West Liberty, KY. 41472  
606-743-3139

### **Pathways Inc.**

325 W. Main Street  
Morehead, KY. 40351  
606-784-4161

### **The Ridge Hospital**

3050 Rio Dosa Drive  
Lexington, KY. 40507  
800-753-4673  
859-269-2325

Provides mental health assessments, counseling, psychiatric care, substance abuse treatment, and inpatient and outpatient geriatric services. No referral is required. Methods of payment include Medicare, Medicaid, private insurance and payment plans are available.

## Mental Health Services (continued)

### Mountain Comprehensive Care Center

#### Gateway Community Based Services

1022 East Wilkerson  
Morehead, KY. 40351  
606-784-4800  
Clinic Coordinator-Kim Henderson

Provides outpatient mental health service for children, adolescents and adults.

#### Central KY DUI & Counseling

420 E. Main Street, Suite D  
Mt. Sterling, KY. 40353  
859-520-3464

#### D & S Community Services

259R Old Flemingsburg Road  
Morehead, KY. 40351  
606-783-0515

#### A Center 4 Change

150 New Towne Square  
Suite 7  
Morehead, KY. 40351  
606-780-1111

#### Gateway Substance Abuse Treatment Services

37 N. Maysville Street  
Mt. Sterling, KY. 40353  
859-498-9892

#### Shepherd's Shelter-Ross Rehab

236 Bridgett Drive  
Mt. Sterling, KY. 40353  
859-509-3655

#### St. Claire Counseling

445 Clinic Drive  
Morehead, KY. 40351  
606-783-6805

### Mountain Haven Emergency Shelter

1034 E. Main Street, Level 2  
Morehead, KY. 40351  
606-784-3337

Homeless shelter that provides temporary housing and care to runaway and homeless youth 12-17 years old.

## **Social Services**

### **Gateway Area Development District**

Eagle Point MMRC  
110 Lake Park Drive  
Morehead, KY. 40351  
606-780-0090  
Fax 606-780-0111  
[info@gwadd.org](mailto:info@gwadd.org)  
Mon.-Fri. 8:00 a.m.-4:30 p.m.

### **Services Provided:**

#### **Aging and Disabled**

Adult Daycare/Alzheimer's Respite  
Aging and Disability Resource Center (ADRC)  
Council on Aging (AAACC)  
Elder Abuse Prevention  
Homecare Services  
Long Term Care Ombudsman  
National Family Caregiver Support  
Participant Directed Services (PDS)  
Home Community Based Waiver2 (HCB2)  
Personal Care Attendant Program  
Senior Citizens  
State Health Insurance Program (SHIP)

#### **Housing and Food**

Feeding Programs  
Housing/Homelessness  
Nutrition

#### **Job Seekers**

Employment Opportunities  
Workforce Development

#### **Entrepreneurs**

Small Business Loans  
Technical Assistance  
Resources



**Gateway Children's Advocacy Center**

310 E. Main Street  
Morehead, KY. 40351  
606-780-7848

**Gateway Children's Services**

37 N. Maysville Street  
Mt. Sterling, KY. 40353  
859-498-9892

Transitional housing program for male and female youth, length of stay based on needs (28) beds, counseling, service referrals, education program, emergency housing for youths at risk of abuse/safety issues, serves all populations of youths at risk.

**Christian Social Services**

P.O. Box 147  
1446 E. Main Street  
Morehead, KY. 40351  
606-784-5329  
Serves Rowan County

**Christian Social Services**

44 Coyle Street  
Owingsville, KY. 40360  
606-674-6906  
Serves Bath & Menifee Counties

Services Provided:

Financial assistance-rent, mortgage payments, utility shut off, food boxes, fire victim assistance, emergency medical and medical transportation, back to school, Thanksgiving and Christmas programs. Case management and financial budgeting.

**Chrysalis House, Inc.**

120 Chrysalis Court  
Lexington, KY. 40508  
859-255-0500

Long term residential counseling for female substance abusers

**Edgewater Recovery Center**

189 Edgewater Road  
Morehead, KY. 40351  
606-780-0561  
Edgewaterrecovery.com

Short and long term intensive residential recovery for men with substance abuse. Also offers afterward after leaving program. 16 short-term beds, 30 long-term beds.

## Social Services (continued)

### **Hope Pregnancy Center**

167 E. Main Street  
Morehead, KY. 2488  
606-784-2488  
1-888-824-HOPE

All services free and confidential. Services include:

Pregnancy tests  
Limited obstetric ultrasounds  
Parenting classes  
Options counseling  
Medical referrals  
Mental health counseling referrals  
Abortion education  
Men to Men Mentoring  
24-hour helpline

### **KADD (Kick Alcohol Drug Dependency)**

KADD is a resource service for finding Detox/Rehab facilities for chemical dependency; it also provides drug and alcohol prevention education. The organization is an information resource for AA/NA/Domestic Violence support groups.

Main Contact: Euing Clark  
859-398-3639

Secondary Contact: Perry Cartee  
859-497-1836

### **Morehead Inspiration Center**

1111 US 60 West  
Morehead, KY. 40351

Long-term residential recovery program for adult men seeking recovery from substance abuse. Program duration of 9-12 months for 100 adult men.

## Social Services (continued)

### **Shepherd's Shelter**

236 Bridgett Drive  
Mt. Sterling, KY. 40535  
859-498-7111

The Shelter is a 54-bed non-profit day rehab, offering both in and outpatient services including transitional living.

### **Family Connection, Inc.**

#### **Hope Hill**

700 Hope Hill Road  
Hope, KY. 40334  
859-497-0628

Provides a safe haven for children in need. Provides a calm and nurturing environment for hurting children to grow and heal-through residential treatment programs, therapeutic foster care and an independent living program.

### **Kentucky Homeplace**

#### **Bath & Menifee Counties**

Amanda Goolman  
Bath Co. Health Dept.  
68 Oberline Drive  
Owingsville, KY. 40360  
Bath Co-606-674-9297  
Menifee Co.-606-768-9298

#### **Morgan County**

Shirley Prater  
151 University Drive  
West Liberty, KY. 41472  
606-743-4005, Ext. 312  
Tues-Thurs.  
9:00 a.m.-3:00 p.m.

#### **Rowan County**

Kala Gilliam  
People's Clinic  
751 West 1<sup>st</sup> Street  
Morehead, KY. 40351  
606-784-3881

Provides reduced or no cost prescription medication, if eligible, through the patient assistance program. Provides eye exams and glasses through various programs, hearing aids at reduced cost, reduced fee for dental services including low-cost dentures. Provides sliding fee referrals to assess lower-cost doctor visits with certain providers.

## **Social Services (continued)**

### **Project Worth Outreach**

72 Industrial Park Road  
Frenchburg, KY. 40322  
066-768-s6384

Food Pantry, clothing bank, and parenting skills classes.

### **Office of Vocational Rehabilitation**

Menifee, Montgomery & Morgan Counties  
Tony Perry  
563 B Main Street  
West Liberty, KY. 41472  
606-743-7978  
606-743-7551  
800-440-2530

Bath and Rowan Counties office  
Morehead Office  
11225 US 60 W, Suite 106  
Morehead, KY. 40351  
606-783-8615

Services include:

- Guidance and counseling
- Assessment
- Rehabilitation technology
- Physical restoration
- Mental restoration
- Transition Services (students with disabilities)
- Job placement/job search
- Vocational training and related services
- Eligibility program that serves individuals with disabilities to either continue to work or return to work
- All services must be directly related to eligible consumer achieving their work goal

## **Social Services (continued)**

### **Goodwill Industries of Kentucky**

Somerset & Eastern KY.  
5828 South Hwy 27  
Somerset, KY. 42501  
1-877-367-0666

Lexington Area & Central KY.  
130 W. New Circle Road, Suite 10  
Lexington, KY. 40505  
859-277-3661

Administrative Offices  
1325 S. Fourth Street  
Louisville, KY. 40208  
502-272-1700

Help people with disabilities or other disadvantages achieve and maintain employment to gain a better quality of life

### **Goodwill Cars to Work Program**

SuAnn Williams  
Transportation Specialist  
611 W. Poplar, Suite c-48  
Elizabethtown, KY. 41701  
270-502-2077  
1-866-654-CARS

Cars to Work helps people obtain affordable, dependable transportation to maintain employment and improve their quality of life. The program purchases and accepts donations of automobiles, makes appropriate or necessary repairs, and sells them to people who are referred from social service and government agencies. The agency case worker and Cars to Work personnel collaborate to assist the potential buyer with obtaining a refundable-interest loan on a vehicle that is covered by a warranty for major repairs throughout the loan's duration.

## Social Services (continued)

### **Goodwill WIPA-Work Incentives Planning and Assistance**

Goodwill toll free WIPA line (866) 336-3316

Ticket to Work helpline (866) 968-7842

TTY (hearing impaired) (866) 833-2967

Website: [www.goodwillKY.org/programs/wipa](http://www.goodwillKY.org/programs/wipa)

Email: [workincentives@goodwillKy.org](mailto:workincentives@goodwillKy.org)

The WIPA program provides individualized benefits counseling support to people who receive Supplemental Security Income (SSI) and Social Security Disability Insurance (SSDI). Services Provided:

- Individualized short-and long-term benefits planning and management services so beneficiaries know what they need to report to the Social Security Administration when they work, including how to report wage and other information to the Social Security Administration, and how to access and use the Social Security Administration and other federal, state and local work incentives programs.
- Referral to employment support services and trouble-shooting benefits issues related to working and the return-to-work process.
- Presentations to beneficiaries, their supports, and providers about the Supplemental Security Income and Social Security Disability Insurance programs and work incentives
- Outreach to beneficiaries and their supports about WIPA services and how to access the program.

Serves all Gateway counties.

## Special Services/Organizations

### Commission for Children with Special Health Care Needs

214 West First Street  
Morehead, KY. 40351  
606-784-8610  
800-928-3049

The CSHCN is a state agency working to help every child with a special health care need in Kentucky assess care. Treatment programs include:

- Asthma
- Cerebral Palsy
- Craniofacial Anomalies
- Cystic Fibrosis
- Hearing Loss-**Morehead location**
- Medically Fragile
- Neurosurgery
- Otolaryngology-**Morehead location**
- Cardiology-**Morehead location**
- Cleft Lip & Palate
- Communication Disorders
- Eye-Morehead
- Hemophilia
- Neurology-**Morehead location**
- Orthopedic-**Morehead (CP) location**
- Spina Bifida

### First Steps, Kentucky's Early Intervention System

Gateway District Point of Entry  
P.O. Box 290  
Gateway District Health Department  
68 Oberline Drive  
Owingsville, KY. 40360  
606-674-3204

First Steps is a statewide early intervention system that provides services to children with developmental delays, or a particular medical condition that is known to cause a developmental delay, from birth to age three and their families

#### Services Available:

- Service Coordination
- Evaluation
- Assessment
- Developmental Intervention
- Respite
- Speech/Language Therapy
- Nutrition
- Vision/Hearing
- Individualized Family Service Plan (IFSP)
- Occupational Therapy
- Physical Therapy
- Transportation
- Assistive Technology
- Health Services
- Family Services

## Special Services/Organizations

### Occupational Therapy

**Morgan County ARH**  
476 Liberty Road  
West Liberty, KY. 41472  
606-743-3186

**Lifespan Therapy Services, P.S.C.**  
318 W. High Street  
Mt. Sterling, KY. 40351  
859-498-9647

**Occupational Therapy Services**  
1833 Montclair Drive  
Mt. Sterling, KY. 40353  
859-498-1220

**St. Claire Regional Home Care**  
135 North Hargis Avenue  
Morehead, KY. 40351  
606-784-8403

**St. Claire Outpatient Center  
(Pediatrics)**  
1028 E. Main Street  
Morehead, KY. 40351  
606-783-6919

### Physical Therapy

**APEXNETWORK**  
814 Ky. Hwy 36  
Frenchburg, KY. 40322  
606-393-0953

**Morgan County ARH**  
476 Liberty Road  
West Liberty, KY. 41472  
606-743-3186

**West Liberty Physical Therapy**  
389 Prestonsburg Street  
West Liberty, KY. 41472  
606-743-3608

**APEXNETWORK**  
513 Maysville Road  
Mt. Sterling, KY. 40353  
859-878-2890

**Gateway Home Health**  
29 s. Maysville Road  
Mt. Sterling, KY. 403513  
859-497-5199

**Integrity Ortho & Sports Medicine**  
634 N. Maysville Road  
Mt. Sterling, KY. 40353  
859-497-4144

**St. Joseph East**  
225 Falcon Drive  
Mt. Sterling, KY. 40353  
859-497-6027

**Morehead Physical Therapy & Sports  
Medicine**  
226 Stone Street  
Morehead, KY. 40351  
606-780-0232  
School ages and up



## Special Services/Organizations (continued)

### Physical Therapy

#### **St. Claire Regional Home Care**

135 N. Hargis Avenue  
Morehead, KY. 40353  
606-784-8403

#### **St. Claire Medical Pavilion (Adults)**

245 Flemingsburg Rd.  
Morehead, KY. 40351  
606-783-5516

### Speech Therapy

#### **Bath Family Health Services**

44 Water Street  
Owingsville, KY. 40360  
606-674-9776

#### **St. Claire Family Medical Center**

932 Hwy 36  
Frenchburg, KY. 40322  
606-6-768-2191

#### **St. Joseph East**

#### **Speech Therapy & Hearing Aid Dispensary**

225 Falcon Drive  
Mt. Sterling, KY. 40353  
859-499-5000

#### **St. Claire Outpatient Center-Pediatric**

1028 E. Main Street  
Morehead, KY. 40351  
606-783-6919-information  
606-783-7676-schedule evaluation

#### **St. Claire Medical Pavilion (Adults)**

245 Flemingsburg Road  
Morehead, KY. 40351  
606-780-5516

#### **Aegis Therapies**

9 Waveland Avenue  
Winchester, KY. 40391  
859-385-4254

### **KATLC (Kentucky Assistive Technology Loan Corporation)**

275 E. Main Street  
Mail Drop 2 e-K  
Frankfort, KY. 40621  
877-675-0195

Offers low interest loans for qualified applicants with disabilities who need assistive technology. KATLC can provide loans for modified vehicles, hearing aids, adapted computers, mobility devices, augmentative communication devices or any other type of equipment or home modifications that will improve the quality of life or increase the independence of Kentuckians with disabilities.

## Special Services/Organizations (continued)

### **Pathways, Inc.**

P.O. Box 790  
Ashland, KY. 41105  
606-329-8588

1212 Bath Avenue  
Ashland, KY. 41105  
606-329-8588 Ext. 4053  
800-562-8909 Ext. 4053

Community-based center for mental health care, the prevention and treatment of alcohol and other addictions, and services for individuals with intellectual or developmental delays. Mental health and substance abuse services of all types and MRDD services of all types. Services the FIVCO and Gateway ADDS. Permanent housing services.

### **Pathways, Inc. APH, Inc.-Ashland**

Group home for persons with intellectual or developmental delays (3 beds)

### **Pathways, Inc. Evergreen Place-Ashland**

15 one- bedroom units for persons with mental illness

### **Pathways, Inc. Pollard Place Group Home-Ashland**

15 bed, large group home for persons with mental illness

### **Pathways, Inc. Sterling Oaks-Mt. Sterling**

Group home for persons with mental illness (3 beds)

### **Pathways, Inc. Horizon Village-Morehead**

15 bed group home for persons with MRDD. 15 one-bedroom apartments for persons with MRDD.

## **Special Services/Organizations (continued)**

### **Department for Behavioral Health**

Developmental & Intellectual Disabilities  
275 E. Main Street  
Frankfort, KY. 40621  
502-564-4456

Provides leadership, in partnership with others, to prevent disability, build resilience in individuals and their communities, and facilitate recovery for people whose lives have been affected by mental illness, intellectual disabilities or other developmental disabilities or substance abuse.

### **Home of the Innocents**

Pediatric Convalescent Center  
1100 East Market Street  
Louisville, KY. 40206  
502-596-1000

Offers a safe haven for at-risk children, pediatric medical care; shelter and education for pregnant and parenting teens, crisis and intervention services, clinical treatment services and therapeutic loving foster and adoption services. The Home also operates a pediatric convalescent center for children who are dependent on technology to sustain life, as well as children who are terminally ill.

### **Kentucky Talking Book Library**

P.O. Box 537  
Frankfort, KY. 40602  
1-800-372-2968  
1-502-564-5791  
[www.kdal.ky.gov](http://www.kdal.ky.gov)

Provides books to anyone who cannot see well enough to read standard print, who cannot hold a book and turn the pages or some individuals with reading disabilities. Contact the Talking Book Library for an application, or download one from the website.

### **Special Services/Organizations (continued)**

#### **Big Brothers/Big Sisters**

24 E. Main Street  
Mt. Sterling, KY. 40351  
859-498-2825

#### **Kentucky School for the Blind**

Beth Gordon-Preview Coordinator  
1867 Frankfort Avenue  
Louisville, KY. 40206  
205-897-1583

#### **Kentucky School for the Deaf**

Early Childhood Services  
303 2<sup>nd</sup> Street  
Danville, KY. 859-239-7017

#### **Kentucky Youth Advocates**

11011 Bluegrass Pkwy., Suite 100  
Jeffersontown, KY. 40299  
888-825-5592

#### **Spina Bifida Association of KY.**

Kosairs Charity Center  
Louisville, KY. 4217  
502-637-7363  
Lexington, KY. 40507  
859-286-5798

#### **Alzheimer's Support Group**

Rowan County Caring & Sharing  
Center for Health, Education & Research (CHER)  
316 w. 2<sup>nd</sup> Street  
Morehead, KY. 40351  
606-783-6476

Meets first Monday of the month at 6:00 p.m. in the CHER Bldg. Do not have to call before attending. Can bring care recipient if necessary

## Special Services/Organizations (continued)

### **The TERF Project, Inc.**

12 S. Bank Street  
Mt. Sterling, KY. 40353  
859-404-1657

WHO ARE WE? Terri always have from her heart. She wanted everyone around her to have the same opportunities as she was able to experience...from buying a kid a pair of shoes to paying for a school trip, she felt these things would make lasting impressions.... So in an effort to keep that spirit alive we have established the TERF, INC, .. Terri E. Rice Foundation to help youth in Montgomery County achieve their goals and dreams by supporting programs that focus on the following; but not limited to educational, recreational, academic and personal development activities. Operated entirely by volunteers, who are excellent role models because many are from backgrounds similar to those they serve. They provide a powerful example that belief in yourself, hard work, discipline and goal setting can achieve success. Our mission is to educate at-risk youth, offering them the expanded advantages and the same opportunities as anyone else. It's our goal to assist youth to develop a positive self-image set realistic goals and benefit from first hand experiences in positive social relationships. We are a unique resource to help manage the many challenges that keep youth from being successful such as low self-esteem, poor personal health, family situations and poor school performance. Once we are able to reach their needs we can teach them life lessons, With that being said it is our goal and dream to give kids life changing experiences they can look back on and say :wow someone does care. Those come in both big and small packages. The TERF Project is to provide support to students and families who are most at-risk, to give students an emotional boost, to assist in their nutritional struggle sand to give families baskets of hope of basic hygiene items for their household. Our primary and only goal is to assist disadvantaged youth. If you believe as we do no youth shall be robbed of opportunities and relationships that could forever shape their future then this is definitely something you will want to become

## Websites for Parents

**PBS Parents**-information on child development and early learning. Also serves as a parents window to the contents of the PBS KIDS, offers access to educational games and activities inspired by PBS KIDS programs.

[www.pbs.org/parents](http://www.pbs.org/parents)

**Great Websites for Kids**-sponsored by the Association for Library Services to Children, a division of the American Library Association.

[www.gws.ala.org](http://www.gws.ala.org).

[www.kids.usa.gov](http://www.kids.usa.gov).

Official kids portal for the U.S. government. Links kids, parents and teachers to information and services on the web from government agencies, schools and education organizations all geared to the learning level and interest of kids.

**U.S. Department of Education**-links to reports on all aspects of the organization's work, including student aid, legislature, statistics and school locator.

[www.ed.gov](http://www.ed.gov)

**Reading Rockets**-offers strategies, lessons activities and ideas designed to help young children learn to read.

[www.readingrockets.org](http://www.readingrockets.org)

**Centers for Disease Control**-information concerning health and well-being, diseases, healthy living, child development and many other topics for parents

[www.cdc.gov](http://www.cdc.gov)

**Kids Health**-information about health, behavior and development from birth through the teen years

[www.kidshealth.org](http://www.kidshealth.org)

**Kids National Geographic**-play games, watch videos, learn about animals and places and get fun facts.

[www.kids.nationalgeographic.com](http://www.kids.nationalgeographic.com)

**Stop Bullying**-federal government website managed by the U.S. Department of Health and Human Services to prevent and stop bullying.

[www.stopbullying.gov](http://www.stopbullying.gov)

## **Hotlines and Helplines**

### **The National Suicide Prevention Lifeline**

1-800-273-TALK (8255)

The National Suicide Prevention Lifeline provides free and confidential emotional support to individuals experiencing a suicidal crisis or emotional distress via telephone or chat 24 hours a day, 7 days a week.

<http://www.suicidepreventionlifeline.org/>

### **La Red Nacional de Prevencion del Suicidio**

1-888-628-9454

National Suicide Prevention Lifeline for Spanish Speaking Individuals

<http://www.suicidepreventionlifeline.org/gethelp/Spanish.aspx/>

### **Veterans Crisis Line**

1-800-273-8255, Press 1

Veterans, active Duty, Reserve, Guard and their family and friends can call, [chat online](#), Or send a text message to 838255 to receive confidential support 24 hours a day, 7 days a week.

<http://www.veteranscrisisline.net/>

### **National Treatment Referral Helpline**

1-800-622-HELP 94357)

A free, confidential, 24/7, 365-day-a-year treatment referral and information service (in English and Spanish) for individuals and families facing mental health and/or substance use disorders.

<https://findtreatments.samhsa.gov/>

### **Disaster Distress Helpline**

1-800-985-5990

TTY for Deaf/Hearing Impaired: 1-800-846-8517

If you or someone you know has been affected by a natural or human-caused disaster and needs immediate assistance, please call the toll-free number or text "TalkWithUs" to 66746 for information, support and counseling.

<http://www/disasterdistress.samsha.gov/>

### **National Problem Gambling Helpline**

1-800-522-4700

Text 1-800-522-4700

A national helpline, text and chat service that provides support and information on local resources for those seeking help for a gambling problem.

<http://www.ncgambling.org/help-treatment/natal-helpline-1-800-522-4700/>

### **Boys Town National Hotline**

1-800-448-3000

Text “Voice” to 20121, every day from 7 pm-1am Eastern Time.

The Boys Town National Hotline is a toll free number available to kids, teens and young adults at any time. Please contact us if you’re depressed, contemplating suicide, being physically or sexually abused, on the run, addicted, threatened by gang violence, fighting with a friend or parent, or if you are faced with an overwhelming challenge.

Online chat and email support is available at their website.

<http://www.yourlifeyourvoice.org/Pages/home.aspx/>

### **National Sexual Assault Hotline**

1-800-656-HOPE (4673)

A national hotline and chat service providing free confidential help for sexual assault victims and their friends and families.

<http://ohl.rainn.org/online?>

### **National Parent Helpline**

1-822-A4 PARENT (1-855-427-2736)

A TRAINED Parent Advocate is available to assist parents and caregivers of children and youth of all ages. Hours: Monday-Friday from 1pm to 8pm, Eastern Time.

### **IMAlive**

An online crisis center that is a part of the Hopeline Network that provides crisis intervention services via online chat.

<https://www.inalive.org/>

### **National Runaway Safeline**

1-800-RUNAWAY (1-800-427-2736)

A national hotline and chat service for teens who have runaway or who are considering leaving home.

<http://www.1800runaway.org/>

### **Love is Respect**

1-866-331-9474

Text “loveis” to 25522\*.

A resource to engage, education and empower young people to prevent and end abusive relationships. Free and confidential phone, live chat and texting services are available 24/7/365.

<http://www.lovisrespect.org/>

### **National Domestic Violence Hotline**

1-800-799-7233 | 1-800-787-3224

A national hotline and chat service that provides lifesaving tools and immediate support to enable victims to find safety and live lives free of abuse.

<http://www.thehotline.org/>



**Military One Source**

1-800-342-9647

24 hour Resource for Military Members, Spouses and Families

<http://www.militaryonesource.mil/>

**Kentucky Department of Corrections Reentry Resources**

(877) 466-2834

A 24-hour telephone community information and referral helpline and online resource guide for Kentucky.

<http://corrections.ky.gov/reentry/Pages/Pre-ReleaseCommunityResources.aspx>

**Kentucky Suicide Prevention Group**

A grassroots organization dedicated to supporting prevention, intervention, and postvention services throughout Kentucky.

<http://kentuckysuicideprevention.org/>

**University of Kentucky-Lexington Survivors of Suicide Loss Support Group**

An open group for those who have lost a family member or friend due to death by suicide.

<https://www.facebook.com/ukdosgroup>